

**LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH
Office of the Deputy Director of Strategic Communications**

Latino UsCC SUBCOMMITTEE MINUTES

April 16th, 2019
2:00PM – 3:30PM

Present: Christofer Lopez, Maritza Lebron, Anardis Navarro, Pablo Barrios, Delmy Centino, Rosita Lopez, Maria Elena Juarez, Bertha Uribe, Perla Valdez, Carlos Valdez, Robert Anthony Valdez, Norma Caceres, Zoila Ilbay, Felicia Flores, Lisa Marin, Katty Callender, Elsy Molina, Graciela Perez, Carlos Ludena, Karen Alfaro, Betty Mendoza, Celia Cortez, Paco Retana, Juan Alfaro, Mirtala Parada Ward, Rosario Ribieza, Connie Acosta Castaneda

By Phone:
Renato Lira, Hector Ramirez, Isaias Guzman, Ana Nogales

Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome/ Introductions	Attendee introductions / Meeting was conducted in Spanish
Review of minutes	March 19 th 2019 meeting minutes approved – with no corrections
<p>Discussion: YourDMH and UsCC By-Laws</p> <p>Paco Retana and Katty Callender</p>	<p>Mirtala Parada Ward explained the following:</p> <ul style="list-style-type: none"> • The Department is undergoing a strategic planning process that will assist in improving DMH's provided system of care. A Spanish version of YourDMH document was shared with the subcommittee. • UsCC by-laws the voting process to elect a new co-chair. Katty Callender will be stepping down from her role as a co-chair. A new co-chair will be elected. • How DMH is trying to coordinate all the meetings at the same time and same day, but meetings need to be at different places in the community. • The group wants a reminder call/email regarding the Latino meetings. • The agenda to have the times and dates of all of the meetings. <p>Mirtala Parada Ward / Katty Callender asked if anyone in the group is interested in being a co-chair? Mirtala is going to check sign-in sheets to let the committee know who is eligible to vote.</p> <p>Feedback from the subcommittee members:</p>

	<p>Maritza Lebron: Wants to know who has attended the meetings? Katty Callender: Who is interested in attending the meetings?</p> <p>Carlos : Wants a flyer with all the meeting information date/time and location</p> <p>Pablo: How do we know who has the voting privileges?</p> <p>Maritza Lebron: Wants everyone to know that this is a serious Subcommittee.</p> <p>Maria Elena Juarez: Hopes that the new co-chair is not conflicting or argumentative.</p> <p>Paco : Praised the group and wants the subcommittee to increase their opportunity to advocate and become more involved.</p> <p>Mirtala: We will do our best to plan the meetings ahead of time, and schedule them in advance.</p> <p>Maria Elena : Wants the meetings to be centrally located at the same place without its location changing. She expressed that the new co-chair should have some type of leadership qualities.</p> <p>Anardis: We need to have the meetings at different locations.</p> <p>Maritza: We can participate via telephone.</p> <p>Katty: Transportation and accessibility is important. The meeting locations need to be close to the bus/train stations.</p> <p>Anthony: The meetings are established here; new locations should be added.</p> <p>Maritza: We need to be flexible about the meeting locations.</p>
	<p>Ana: She joins always by phone and there are no problems.</p> <p>Carlos: Supports the idea to rotating the meetings to increase membership.</p> <p>Paco Re: Collaboration between UsCC and SAAC is the ultimate goal, to develop a line of communication. Paco encouraged members to read the YourDMH documents together so that they understand the initiative.</p> <p>Maritza: We need to better understand the YourDMH document.</p>

Paco: Agenda items can be identified by the community members.

Maria Elena: She would like for the agenda to be in Spanish.

Maritza: Would like updates on what is going on. Suggested that the Facebook page be in Spanish.

Pablo: Add someone to respond to social media post. He is recommending an App.

Elsy: Let's not ignore the segment of the community that doesn't have social media. Have outreach teams to engage the community.

Anardis: Everyone who is interested in going to a meeting will go, but we have to be conscious of the ones who don't have transportation. So if we only have it at one location then we are only serving the ones in that area, so what happens to the rest of us? Everyone who is truly interested in the meetings will go.

Katty: API and AAA know how to organize. We need to get more organized. We have a voice and need to make a commitment, and be an active member of the subcommittee.

Delmy: The Latino subcommittee is irresponsible. The efforts are not together. We need to collaborate with one another.

Maria: When I go to the Peer Resource Centers, they ask rudely, "What are you here for? You need to go to your clinic" The DMH employees are conflicting. There is no access for the restrooms at the Peer Resource Centers.

Pablo: In the Latino community, some don't even know how to text. When I was a teenager, I've had to translate documents for my family. I recommend a combination of face to face outreach plus social media.

Carlos: DMH should give workshops on how to use social media so that community members can be more involved.

Maria Elena: I suggest to make flyers in Spanish, and distribute in parks, community centers and schools.

Maritza: As a consumer at the clinics, the doctors and staff do not know what is going on. They don't allow (clinics) to pass out flyers. The clinics are not allowed to have flyers in the lobby. Each UsCC group needs to have a poster to advertise. Flyers are the best way.

Alex (Interpreter) read the code of ethics to the subcommittee in Spanish.

Announcements

A. Recruitment of New Members from the Community

Mirtala Parada Ward	<p>Mirtala encourages the subcommittee to log on to the DMH website and become a member – so you can add your comments and read about what’s going on with the subcommittee.</p> <p>Elsy: Create an outreach subcommittee, aside from Promotoras to educate people, to connect and engage.</p> <p>Pablo: Go to the schools, senior centers and parent meetings.</p> <p>Carlos: Educate the peers, so that they can outreach and educate community about mental health.</p> <p>Maria Elena: Have flyers in Spanish. Pass them out at parks and clinics, to children and parents. Some people do not use Facebook.</p> <p>Maritza Lebron: Sometimes clients are the ones educating the staff and the doctors at the clinics.</p> <p>B. Election of New Co-chair – was discussed in the beginning of the meeting.</p> <p>C. Code of Ethics: Will be translated in Spanish for the subcommittee. Members were asked to sign and turn in to Mirtala or Rosario.</p> <p>D. We Rise: Will be on May 18th-27th 2019 at downtown Los Angeles Arts District. The Subcommittee was invited and encouraged to attend.</p> <p>E. Joint SAAC and UsCC Co-Chairs Meeting – April 26, 2019: Mirtala announced that there will be a joint meeting of the SAAC’s and UsCC Co-chairs.</p> <p>F. Update on the Capacity Building Projects:</p> <ol style="list-style-type: none"> 1. The Latino Mental Health Stigma Reductions Community Theater Project: Solicitation is closed – we requested it to be reopened 2. Latino Youth Mental Health Comic Book: Still under solicitation – hopefully we will know who the project will be awarded to. We will invite the winner to present their idea and to the subcommittee. 3. We will talk about the projects for FY 2019-2020 in the coming meetings.
	Meeting Adjourn
Next Meeting	4/16/19, 2:00pm-3:30pm, TBD