

**COUNTY OF LOS ANGELES DEPARTMENT OF MENTAL HEALTH  
Underserved Cultural Communities (UsCC) Unit**

**EASTERN EUROPEAN/ MIDDLE EASTERN SUBCOMMITTEE UNDERSERVED CULTURAL COMMUNITIES SUBCOMMITTEE**

**June 17, 2019**

**2pm – 4 pm**

**Present:** Sarkis Simonian, Heather Laird, Mastaneh Moghaden, Seta Haig, Mariam Nahapatyan, Shakeh Ghazaryan, Arpe Asaturyan, (call) Siranush G. and Silvana K.

**DMH Staff:** Keacha Stewart, Anna Yaralyan and Mirtala Parada Ward.

<b>AGENDA ITEM</b>	<b>COMMENTS/DISCUSSION/RECOMMENDATIONS/CONCLUSIONS</b>
<p><b>Welcome &amp; Introductions</b></p> <p><b>Review of Minutes</b></p>	<ul style="list-style-type: none"> <li>• Welcome &amp; Introductions</li> <li>• Reviewed and approved meeting minutes from the EE/ME subcommittee meeting on 5/15/2019, with no corrections.</li> <li>• July 1, 2019 all meeting minutes will be posted to YourDMH website.</li> </ul>
<p><b>Review &amp; Feedback on the UsCC Charter Policies &amp; Procedures</b></p>	<ul style="list-style-type: none"> <li>• Mirtala discussed the UsCC Charter and the recommended changes from the Co-Chairs.</li> <li>• The subcommittee reviewed the corrections and provided their feedback.</li> <li>• Co-Chairs requested feedback from each UsCC subcommittee.</li> <li>• Some revisions were made to align this document with YourDMH.</li> <li>• The target date for the completion of the Charter is July 1, 2019.</li> </ul>

<p><b>Update on Mental Health TV &amp; Film</b></p> <p><b>Heather Laird</b></p>	<ul style="list-style-type: none"> <li>● Heather Laird shared information with the subcommittee from a short film which she was part of about spirituality and mental health.</li> <li>● The film included professionals, entertainment figures, mental health professionals from Jewish and Muslim communities.</li> <li>● The film discussed stigma about mental health within Jewish and Muslim communities.</li> <li>● Dr. Laird stated that one must be careful when discussing about mental health within Middle Eastern communities To refrain from double stigmatizing.</li> <li>● Dr. Laird reported that there was no representation from the LGBTQ community in the film. She added that there are many groups missing from the representation such as Latino, Asian, etc.</li> <li>● Mirtala asked Heather to share this study to send to the other subcommittees.</li> </ul>
<p><b>Future Meeting Times &amp; Dates</b></p>	<p><b>Future Meeting: Times &amp; Dates</b></p> <p><b>Location of Meetings:</b> Didi Hirsch Mental Health Services – 1540 Colorado St. Glendale Ca, 91205</p>
<p><b>Future Meetings</b></p>	<p>September 18, 2019    2pm to 4pm  October 16, 2019      2pm to 4pm  November 20, 2019    2pm to 4pm  December 18, 2019    2pm to 4pm</p>