

**LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH
QUALITY IMPROVEMENT DIVISION**

**Deaf, Hard of Hearing, Blind, and Physical Disabilities UsCC Subcommittee
MINUTES**

October 4th, 2018
10 a.m. – 12 p.m.
Five Acres – Pasadena

Present: Alex Elliott, Amy Kay, Sunnie Whipple, Bernice Mascher, Victor Araujo, Mirtala Parada Ward, Kelly Wilkerson
By phone: Wendy Cabil, Pam Inaba, Sylvia Youngblood

Agenda Items	Comments/Discussion/Recommendations/Conclusions
Welcome/ Introductions	Attendee introductions.
Review of minutes	Approved August 2018 meeting minutes with no changes.
Announcements	<ul style="list-style-type: none"> • Alex Elliott shared that at the OAC meeting, the Innovations therapeutic transportation program and the program related to more services for conservatees were both approved. Also, 10 more Counties to join the Tech Suite=15 in total. Currently working on big roll out plan for the Tech Suite. • Pam Inaba shared regarding two upcoming events. • Mirtala announced that Innovations 2 Strategy 7 looks at intergenerational trauma and was awarded to Alma Family Services as well as The Children’s Clinic. • Roles and Responsibilities of Subcommittee Members / By-Laws – proposed agenda item, however with the proposal of YourDMH, this agenda item will be postponed until a future meeting. • A member shared a basic expectation – if you choose to be a member of the subcommittee then make sure to dedicate and designate time off for the subcommittee. <p><u>Future Meetings Potential Schedule</u></p> <ul style="list-style-type: none"> • Kelly shared the proposed schedule of the next three meetings (second Wednesday of the month: 11/14, 12/12, 1/9).
YourDMH Feedback Request	<ul style="list-style-type: none"> • Mirtala shared the YourDMH Proposal with subcommittee and requested that subcommittee members email feedback regarding this proposal by 10/19/18. • Kelly to email out YourDMH Feedback Request Form. <p><u>Recommendations</u></p> <ul style="list-style-type: none"> • Include other stakeholders who are not necessarily involved in this on a regular basis but will show up at certain times. • The structure should include outreach to various underserved groups.
Capacity Building	<u>New Capacity Building Project Ideas</u>

Projects – Discussion

- Translate materials (including an update to the outcome measures)
- Media – PSAs, TV ads – look at GAAD (Global Accessibility Awareness Day), create awareness of what is out there
- Accessibility project that includes assistive technology (minutes in braille, tablets, VRI, etc.)
- Recommendation to explore what services can be leveraged by other places (i.e. Department of Rehab)
- Apps – include the UsCC flyer
- Recommendation that the allocation of funds be a Countywide distribution (i.e. representation in all Service Areas)
- Recommendation to “cross the aisle” to the other UsCC groups to ensure that, for example, Native American deaf people or blind LGBTQ people, etc. be included (bring up at other subcommittee meetings)
- Social media outreach – utilize a social media specialist company – one account for all the groups – post meetings and minutes
- One large project focused on accessibility – a media component, a technology component, a paperwork component, accessibility component (i.e. provide transportation), a training component – Kelly to draft a summary and send to subcommittee to elicit more feedback
- Leverage existing, include in SOW, tech suite, Facebook, DOR, etc.

Capacity Building Project Ideas Shared in Previous Meetings

- Community Mental Health Needs Assessment – Reference quotes received, project should be sent to ISD next week. Kelly to inform subcommittee once it goes out to bid. Recommendation to ensure that the Community MH Needs Assessment leads to developing better interventions.
- Attend community outreach events and host booths, in particular at Universities – reach out to the Disability Centers.
- Communication between different departments and Counties, trainings between different departments and outside organizations about what DMH is doing and how can we partner together to better serve this community.
- Better develop DMH website – there is a lack of communication within DMH itself, lack of awareness about services that are available, there needs to be a place where this information can be accessed on the DMH website. Include a social media component.
- Working with CSUN and other Deaf Studies programs to create a curriculum to funnel in deaf educated and deaf students to participate in a MSW program.
- Training new therapists on how best to work with Deaf, Hard of Hearing, Blind, and Physically Disabled clients (professional development program for new clinicians).
- Develop brochures and materials (i.e. Culture Card), that are accessible (including in braille).
- Develop a Deaf Center. Five Acres has been utilizing PEI funding despite serving various populations. Feedback that people should be able to go anywhere, which is the larger issue.
- Develop fact sheets regarding disability rights/responsibilities and the law
- Forums/Symposiums – listening sessions
- Brochures including those translated into Braille
- Resource guide via an app
- Trainings
- Recruitment programs at community colleges
- Focus groups at schools with students and teachers
- Educate parents on how to access mental health services for their children

	<ul style="list-style-type: none"> • For deaf and hard of hearing folks, provide professional workshops around trauma in deaf children, how to refer to appropriate services, effectively provide interventions, etc. • Changing forms to be more accessible • Staffing and referrals, developing a referral system, utilizing applications and databases to make the referral system more effective (i.e. prioritize higher risk) • Create an intervention book – tailored interventions that work with various communities • Creating an evidence-based practice, creating something that will be utilized
Next Meeting	<p>Meeting adjourned at 11:56am</p> <p>Wednesday, 11/14 10am-12pm</p>