

**COUNTY OF LOS ANGELES DEPARTMENT OF MENTAL HEALTH
AMERICAN INDIAN/ALASKA NATIVE UREP SUBCOMMITTEE**

MINUTES – Monday, April 28, 2014
Location: United American Indian Involvement
1125 W 6th Street, Los Angeles, California

ATTENDEES: Carrie Johnson, Charlotte Lujan, Dan Dickerson, Gloria Sheppard, Marc Borkheim, Mark Parra Miguel Perla, Nina Tayyib

WELCOME, BLESSING, INTRODUCTIONS

DISCUSSIONS

ACTION STEPS

DMH Co-Chair Elections (Committee)

An announcement had been sent out to the AI/AN UREP about the vacancy of the DMH AI/AN UREP Co-Chair position and that elections will be held at this meeting. Individuals were also given the option to email regarding their interest and submit information for the committee for consideration.

The committee received a response from Angela Trenado, who works with DMH Children’s System of Care. Angela provided a letter about her background and her interest in being the Co-Chair. Angela used to work for AICC and also had attended the LACDMH Cultural Competency Committee (CCC) meetings in the past. Mark Parra was nominated but declined due to previous commitments.

The committee voted and elected Angela Trenado as the new AI/AN UREP Co-Chair.

California Office of Health Equity Strategic Plan (Carrie Johnson)

Carrie shared that she is on a workgroup with the California Office of Health Equity on the State level. The goal of the workgroup is to identify strategies to address mental health and physical health inequities for communities. There has been discussion on how certain communities/neighborhoods can be right next to each other but have a significant difference in resources, which results in disparities in health outcomes. Carrie shared a draft of the Strategic Plan that is being developed. Carrie will email out a Survey related to the Strategic Plan to the AI/AN UREP for input.

LACDMH Cultural Competency Committee (CCC) (Mark Borkheim)

Marc provided background information on the CCC, which is part of the State’s Cultural Competency Plan. Each County is mandated to set up a CCC that is an autonomous or semi-autonomous body. Marc shared some of the work that the CCC has done previously. This included workgroups around specific topics (i.e. CRDP reports, the integration of Spirituality and Family into DMH trainings, Articles for the DMH PIO newsletter, etc.).

Marc shared that this year the focus of the CCC has shifted. The goal presently is to incorporate and integrate the CCC within the mechanisms and programs in LACDMH. This includes closer coordination with the UREP leadership and

- Nina will email the AI/AN UREP to request if any AI/AN UREP members are interested in being an AI/AN UREP representative at the CCC meetings.

subcommittees and more involvement with the Service Area Advisory Committees (SAAC) meetings. As well, a Data Workgroup has been developed to take a closer look at the data collecting processes at DMH and also to try to incorporate stakeholder concerns regarding data. Additionally, DMH is exploring how data can be drilled down for certain populations within UREP groups. There is also a workgroup focusing on the 3 YR MHSA Plan.

There was discussion about having representation from the AI/AN UREP on the CCC, to allow for more integration and cross-exposure. There have been various individuals who have attended meetings in the past, but the goal is to identify someone to consistently attend. Marc will be attending the AI/AN UREP meetings regularly as well.

The committee agreed to designate a UREP member to attend the CCC meetings. An email will be sent out to select an AI/AN UREP member. The CCC meetings are open and are held once a month (2nd Wednesday of the month from 1:30-3:30 at DMH)

UREP Capacity Building Projects FY 13-14 update (Nina Tayyib)

The proposal for the “American Indian/Alaska Native Community Spirit Wellness Program” was submitted by the AI/AN UREP last August. Since the proposal has been submitted, the UREP unit has been working with DMH Admin and ISD (a separate County entity) to finalize the project and also the bidding process. At this time, the project has not been put out to bid yet. Updates are being provided to AI/AN UREP Co-Chairs and committee as possible. Once the project is awarded and is formally implemented, the project will take place for one year.

The committee was informed that each fiscal year, once DMH has confirmation of funds, the AI/AN UREP will work to develop an AI/AN UREP capacity building project proposal. Once the funding has been approved for FY 14-15, the AI/AN UREP will need to meet to develop the next proposal.

System Leadership Team Update (Mark Parra)

Mark shared that the main focus of the SLT the last few months has been to review and provide recommendations for the MHSA THREE YEAR PROGRAM & EXPENDITURE PLAN FISCAL YEAR (FY) 2014-15 THRU 2016-17. Mark reviewed the Executive Summary of the recommendations in the report, which is in open for public comment. Some of the programs that will be expanded or newly funded were discussed.

Mark Parra encouraged AI/AN UREP members to provide him feedback about recommendations that are of concern to the AI/AN community, so that he can take it back to the SLT for consideration. The committee had a discussion about housing needs for AI/AN consumers. Mark shared that he will make a request for a housing navigator to attend an upcoming AI/AN UREP meeting and provide some information, if possible.

Mark shared that the SLT is starting the process of soliciting ideas for the next round of Innovation Projects. The committee was informed that the UREP Leadership and CCC will be setting up meetings to start brainstorming and

proposing ideas, specific to the UREP populations. UREP Co-Chairs are involved in that process. More information will be shared with the UREP subcommittees as it is confirmed.

CalMHSA Each Mind Matters Campaign (Miguel Perla)

Miguel shared information about the State-wide Each Mind Matters Campaign and distributed some materials. The color for mental health awareness is the lime green ribbon. Miguel is working with SoCal Counties to do outreach regarding campaign. Miguel’s role is to educate and open discussions with various communities to gather feedback as funding is secured for outreach materials. There was a discussion about materials that have been effective for outreach in the AI/AN community (fans, etc.). The committee also discussed some successful outreach events such as Dodger Game nights, AI/AN Mental Health Conference, American Indian Day in Griffith Park, LA City Mayoral events, etc.

Miguel provided information and samples of multi-media approaches that are being implemented as well as order forms. There is also a Mental Health Conference that CalMHSA is sponsoring on 5/13/14 in Sacramento. It is a networking opportunity for those who have an interest in mental health advocacy and outreach.

Carrie shared that she is on the committee for the Communities of Care and they are developing a tool kit for the AI/AN communities on suicide prevention and also how outreach can be completed in a culturally appropriate way. They hope to have the toolkit complete by July.

Miguel shared information on the AI/AN Mini-Grants that are open at this time. The committee discussed the applications and the goal to have some awarded to agencies in LA County. Carrie mentioned that she was aware of 4-5 agencies that are applying in SoCal.

The AI/AN UREP subcommittee agreed to have Miguel attend UREP meetings as possible as the CalMHSA campaign roles out.

AI/AN Mental Health Conference 2014 (Committee)

Previously, the committee had agreed to explore bigger venues for this year’s conference since there was significant interest. Because the venue costs outside of the Cal Endow are higher, DMH PSB Admin had previously recommended that the committee work within the Board approved budget for this Fiscal year and seek sponsors for certain conference costs. This was because each conference needs BOS approval and approval time can vary and the committee runs the risk of getting a late approval and limited time to coordinate the conference.

The committee was updated on venues that had been explored as potential alternates for the California Endowment for this year’s conference. The potential venues selected by the committee included Loyola Marymount University, The Grand Long Beach and The Center at Cathedral Plaza. The Co-chairs and Liaison have made site visits. LMU did not have

- Scheduling of AI/AN MH Conference Planning Meetings

any break out rooms, as all their room are used for students. Therefore, site visits were made to The Grand Long Beach and The Cathedral. Carrie and Nina provided a summary of the venue site visits, layout and costs (room rental, food, audio/visual, overhead, etc.). Both venues did allow for at least 450 people and did allow for vendors.

It was agreed that the conversation about the venue selection would be tabled for the next meeting. A cost breakdown for each venue would be provided. The committee agreed to start meeting regularly for conference planning and the next meeting was scheduled for Thursday, May 15, 2014 1:30-3:30 at UAI.

Announcements/Adjournment

Gloria Sheppard announced that AICC will be once again holding an AI/AN Wellness Day on Tuesday, May 6, 11-3. Announcements will be sent out and the event is open to the community.

Next General AI/AN UREP Meeting to be scheduled