

**COUNTY OF LOS ANGELES DEPARTMENT OF MENTAL HEALTH
AMERICAN INDIAN/ALASKA NATIVE UREP SUBCOMMITTEE**

MINUTES – April 13, 2015

Location: United American Indian Involvement
Los Angeles, California

ATTENDEES: Dennis Murata, Angela Trenado, Carrie Johnson, Ingrid Marchus, Sunnie Whipple, Bernice Masher, Charlotte Lujan, Mirtala Parada Ward, Maribel Romero

Dennis Murata-short version

Mr. Murata informed the committee of the Health Promoter Project. The current Health Promoter proposal is to divide the funding to each service area in the County of Los Angeles. Murata wanted to get feedback from the committee regarding the Health Promoter. The committee shared there is a similar project the AI/AN committee developed and it's called Community Spirit Healers (CSH). Since February 2015 the CSH have been conducting PowerPoint (3) presentations throughout the County of Los Angeles. The Health Promoter project can assist in expanding the current CSH project. The committee shared it will be more beneficial if the funding for the Health Promoter be ethnic specific vs Service Area. Mr. Murata will inform the System Leadership Team (SLT), the AI/AN subcommittee would like the UREPs to monitor Health Promoter Project. of the committees feedback on Health Promoter project.

- The Latino group is going to expand their current "Promotoras" model. For the other ethnic group, the "Promotoras" model could be modified. It doesn't need to be specifically the "Promotoras" model, but promote mental and health anti-stigma and discrimination.
- The "Promotora" model acts like a health broker to assist community members to get linked for services.
- This project will have an on-going budget and can have an expansion of funds with the System Leadership Team approval.

Rolling out the Health Promoter

- It will be Non-Medical, which means the project can be contracted out (i.e. consultant and existing legal entities).
- Health Promoters will be provided with additional training such as Mental Health 101 and Emotional CPR (teaches individuals how to establish rapport).

Capacity Building Project 2013- 4 (Community Spirit Healers)

- The committee derived with the idea of Community Spirit Healers (CSH) from the "Promotoras" model. The consultant for the project provides stipends to the CSH.
- The project was rolled out February 2015 and will end in July 2015.
- 3 PowerPoint Presentations were developed and are being facilitated by 5 Community Spirit Healers throughout the County of Los Angeles.
- The PowerPoint Presentations focus on mental health. If the "Promotoras" is approved for UREP the current PowerPoint material can be used and add the physical health issues and community resources so it encompasses mental and physical health as one.
- The community is responding well to the Outreach and Engagement (O & E). Tribal TANF in the Antelope Valley, there has been an increase of consumer referrals, and as a result clinicians have been hired. After hours care are also available at to help meet the needs of consumers.

Interventions

- Kurt, the consultant can inform community agencies who are interested of continuing with the PowerPoint material to bill under COS; Outreach and Engagement.

Consolidation of a Single Health Agency

The proposal of L.A. County Health Agency was sent out committee members; 68 page report. The next step is to get the communities feedback on the report. The meetings are being called convenings. Four public convenings are scheduled for the month of April through May 2015. The convenings will focus on the [L.A. County Health Agency](http://priorities.lacounty.gov/health-meetings-and-agendas/) consolidation. If anyone is interested in participating please pre-register at <http://priorities.lacounty.gov/health-meetings-and-agendas/>. The convenings will be held on the following dates, time and locations (Handouts were provided):

1. April 27, 2015

9:30-11:30 a.m.

Community Development Commission

700 W. Main St., Alhambra, CA

2. April 28, 2015

9:30-11:30 a.m.

Hart Hall

24151 Newhall Ave., Newhall, CA

3. April 29, 2015

1:30-3:30 p.m.

Martin Luther King, Jr. Outpatient Center Interns and Residents Building

1670 E. 120th St., Los Angeles, CA

4. May 4, 2015

9:30-11:30 a.m.

Exposition Park Administrative Offices

700 Exposition Park Dr., Los Angeles, CA

Modifications to the Statement of Work (SOW) for the AI/AN Media Campaign FY 2014-5

The language of the SOW was modified to only Ads; purchasing all of the airtime. Television and radio channels prefer having the option of a 30 second and 15 second Ads. A section was added on airing through mainstream media and Public Service Announcement (PSA) via television and radio. The SOW for this project is complete but will be modified with the contractor feedback. LACDMH-PSB used the Master Agreement List and requested a reference quote for the Media Campaign project. Once the project goes out for bidding through the Master Agreement List and a vendor is selected we could move forward with the project.

- Less expensive to air the Ads during the summer.
- Last two weeks of the month, the auto dealers are airing their Ads which increases the price to buy air time.

- Television audio Ads need to be congruent for airing through the radio.

The Armenian UREP launched a project of Public Service Announcements (PSA), which covered topics such as domestic violence, ADHD, elder abuse, depression and suicide. The committee developed a script in English and translated to Armenian. The consultant for the project connected with Armenian celebrities (Mayor of Glendale) who provided their services for free. All the PSA's were aired in local Armenian channels. This year the committee decided to expand on the PSA project and are launching 20 talk show topics which be aired on Saturday and Sunday for ½ hour (different topics).

Latino UREP: Is allied with the AI/AN Media Campaign Project and is launching two Ads in Spanish television and radio.

How the department is planning to roll out. Sandra Chang will be the lead supervisor for the "health promotor". The \$\$ has been approved. Originally is going to go to the service area, recommended to go to the UREP. it will reduce disparities. SLT meeting scheduled tomorrow, only UREP pending is the Latino.

Sunnie Q: DMH contracts out for wrap around services. The program is geared towards children who are dependent of the children court (DCFS). KDA, every child that goes through DCFS should have a mental health assessment. As a result, wrap around services were developed due to the complexity of the cases. Term limited 6-9 months, multi-disciplinary team. The goal of wrap around is to provide treatment to the child and family and prevent the child from returning through DCFS/foster care. The family is defined by biological or foster parent after long term care.

UAII, doesn't have wrap around exclusively for the AI/AN. DCFS AI/AN, over 200 children; too high. Some Native children are not captured due to not identifying as AI/AN.

UAII, does have contracted through AI/AN DCFS. The center provides family preservation, 1x a month; before a case is opened through DCFS. Recently UAII was approved for Prevention and After Care; January 1, 2015. Part of the program is to prevent children from entering DCFS and the children that are exiting DCFS try to prevent them from re-entering the system.

La guera; Agrees with the UREP becoming the liaison for "health promoters". Each SA is very diverse and by having the UREP take the lead on applying the project will cover many areas throughout the County of Los Angeles.

Quality of pictures: update

Meeting once the project has been approved to move forward with the scripts. The scripts are developed by the committee. The script will consist of 3-4 lines since the Ads are 30 & 15 seconds.

Brain storm what will be the focus of the Ads; Suicide, domestic violence, depression. The theme will be mental health and where to seek for services. Wellness, family...

Sunnie: Historical vs generational trauma; Historical is time length and genocide. Generational trauma is within the nuclear family/group such as substance abuse. There is a political campaign going on at ATWRIDGE reservations.

SI; there has been an increase on Middle school girls is high on SI; 5 incidents in the same school. UAII working with a school bureau that has had 5 incident of SI.

Therapy, training teachers on mental health SI. Some kids are in boarding schools and don't want to return home on the weekends due to the parents/care takers are abusing alcohol, domestic violence. Children in the schools are being allowed to stay for the weekend at the boarding school to reduce SI; KEEP dorms open for the weekend. RE-TRAUMA/Generational re-trauma.

Spirituality Training: Sunnie would like to be linked with Leticia so there could be AI/AN representation. Religion and Spirituality, good merge.

Next Meeting: TBA