



## DEPARTMENT OF MENTAL HEALTH

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July 1, 2019

TO: Providers delivering Early Intervention Practices under MHSA PEI

FROM: Debbie Innes-Gomberg, Ph.D.   
Deputy Director  
Prevention and Outcomes Division

SUBJECT: **EARLY INTERVENTION PRACTICES**

Due to the widespread implementation of the Pediatric Symptom Checklist-35 (PSC-35) and the Child and Adolescent Needs and Strengths (CANS) for all clients under the age of 21, LACDMH is making changes to the data collection protocol for Early Intervention practices funded under MHSA Prevention and Early Intervention (PEI). These changes were proposed after consulting with subject matter experts based on input from our stakeholders to reduce the burden of collecting additional measures while still ensuring data satisfies PEI evaluation regulations set forth by the Mental Health Oversight and Accountability Commission (MHSOAC) and state mandates related to Early Periodic Screening Diagnostic and Treatment (EPSDT) services.

The change affects all Early Intervention Evidence Based Practices (EBP's), Promising Practices (PP's), and Community Defined Evidence Practices (CDE's). For all new PEI treatment cycles with start dates on or after July 1, 2019, only outcomes "specific" to the focus of treatment will be required. The "general" measures, Youth Outcome Questionnaire (YOQ) and Youth Outcome Questionnaire Self Report (YOQ-SR), will not be collected for any practices **except for** Functional Family Therapy (FFT). The Outcome Questionnaire 45.2 (OQ) will continue to be collected for Crisis Oriented Recovery Services (CORS) and Stepped Care (SC) only. Please see the attached revised outcome measures table for more information.

Early Intervention outcome data will still be entered into the PEI Outcome Measures Application (PEI OMA). Until necessary changes can be made to the application, for new treatment cycles starting on or after July 1, 2019, please choose "unable to collect" with a reason of "therapist did not administer tool", for the "general" measures unless you are doing one of the specific practices mentioned above.

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The Early Intervention PSC-35 data will not be entered into PEI OMA; data for PEI clients will be pulled from the EPSDT application for analysis, combined with treatment cycle information, and included for state reporting on evaluation.

If you have questions about this communication or anything related to PEI outcomes, please contact Kara Taguchi, Psy.D. at [ktaguchi@dmh.lacounty.gov](mailto:ktaguchi@dmh.lacounty.gov) or her team at [peioutcomes@dmh.lacounty.gov](mailto:peioutcomes@dmh.lacounty.gov).

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Attachment



**LOS ANGELES COUNTY - DEPARTMENT OF MENTAL HEALTH**  
**Prevention & Outcomes Division**  
**Prevention & Early Intervention (PEI) Evidence-Based Practices (EBP) Outcome Measures**



FOCUS OF TREATMENT	EVIDENCE-BASED PRACTICE (EBP) COMMUNITY-DEFINED EVIDENCE (CDE) PROMISING PRACTICE (PP)	AGE RANGE	OUTCOME MEASURE*	AGE RANGE	AVAILABLE THRESHOLD LANGUAGES
<b>TRAUMA</b>	Child Parent Psychotherapy (CPP)	0-6	Trauma Symptom Checklist for Young Children (TSCYC)	3-6	Armenian, Chinese, English, Korean, Spanish
	Cognitive Behavioral Intervention for Trauma in Schools (CBITS)	10-15	UCLA PTSD-RI-5-Child/Adolescent UCLA PTSD-RI-5-Parent	7-18	English, Spanish
	Alternatives for Families-Cognitive Behavioral Therapy [formerly: Abuse Focused-Cognitive Behavioral Therapy] (AF-CBT)	6-15			
	Trauma Focused-Cognitive Behavioral Therapy (TF-CBT)	3-18			
	Managing and Adapting Practices (MAP)-Traumatic Stress	2-18	UCLA PTSD-RI-5-Child/Adolescent	<b>PTSD-RI-5:</b> 7-18	<b>PTSD-RI-5:</b> English, Spanish
	Seeking Safety (SS)	13+	UCLA PTSD-RI-5-Parent		
	Individual Cognitive Behavioral Therapy-Trauma (CBT-Trauma)	16+	PTSD Checklist-5 (PCL-5) <sup>1</sup>	<b>PCL-5:</b> 19+	<b>PCL-5:</b> Available in all threshold languages
	Prolonged Exposure for PTSD (PE)	18-70	PTSD Checklist-5 (PCL-5) <sup>1</sup>	18+	Available in all threshold languages
	Mental Health Integration Program (MHIP)-Trauma	18+	PTSD Checklist-Civilian (PCL-C)	18+	Chinese, English, Spanish
<b>ANXIETY</b>	Managing and Adapting Practices (MAP)-Anxiety & Avoidance	2-19	Revised Child Anxiety and Depression Scales-Parent (RCADS-P) Revised Child Anxiety and Depression Scales (RCADS)	6-18	<b>RCADS-P:</b> English, Korean, Spanish <b>RCADS:</b> Chinese, English, Korean, Spanish
	Individual Cognitive Behavioral Therapy-Anxiety (CBT-Anxiety)	16+	Generalized Anxiety Disorder-7 (GAD-7)	18+	Arabic, Chinese, English, Korean, Russian, Spanish, Tagalog
	Mental Health Integration Program (MHIP)-Anxiety	18+			
<b>DEPRESSION</b>	Interpersonal Psychotherapy for Depression (IPT)	12+	Patient Health Questionnaire-9 (PHQ-9) <sup>1</sup>	12+	Available in all threshold languages
	Depression Treatment Quality Improvement (DTQI)	12-20			
	Managing and Adapting Practice (MAP)-Depression and Withdrawal	8-23			
	Group Cognitive Behavioral Therapy for Major Depression (Group CBT for Major Depression)	18+			
	Individual Cognitive Behavioral Therapy-Depression (CBT-Depression)	16+			
	Problem Solving Therapy (PST)	60+			
	Program to Encourage Active, Rewarding Lives for Seniors (PEARLS)	60+			
	Mental Health Integration Program (MHIP)-Depression	18+			
<b>CRISIS</b>	Crisis Oriented Recovery Services (CORS)	3+	Pediatric Symptom Checklist-35 (PSC-35) <sup>1</sup>	<b>PSC-35:</b> 3-18	Available in all threshold languages
			Outcome Questionnaire-45.2 (OQ) <sup>2</sup>		
<b>STEPPED CARE</b>	Stepped Care Approach	All ages	Pediatric Symptom Checklist-35 (PSC-35) <sup>1</sup>	<b>PSC-35:</b> 3-18	Available in all threshold languages
			Outcome Questionnaire-45.2 (OQ) <sup>2</sup>		



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FOCUS OF TREATMENT	EVIDENCE-BASED PRACTICE (EBP) COMMUNITY-DEFINED EVIDENCE (CDE) PROMISING PRACTICE (PP)	AGE RANGE	OUTCOME MEASURE*	AGE RANGE	AVAILABLE THRESHOLD LANGUAGES
<b>FIRST BREAK/TAY</b>	Center for the Assessment and Prevention of Prodromal States (CAPPS)	12-30	Scale of Prodromal Symptoms (SOPS)	16-35	English, Spanish
<b>DISRUPTIVE BEHAVIOR DISORDERS</b>	Aggression Replacement Training (ART)	12-17	Eyberg Child Behavior Inventory (ECBI)  Sutter Eyberg Student Behavior Inventory-Revised (SESBI-R) [If parent is unavailable]	2-16	<b>ECBI:</b> Arabic, Armenian, Cambodian, Chinese, English, Japanese, Korean, Russian, Spanish, Tagalog, Vietnamese  <b>SESBI-R:</b> Arabic, Armenian, Chinese, English, Japanese, Korean, Russian, Spanish
	Aggression Replacement Training-Skillstreaming (ART)	5-12			
	Promoting Alternative Thinking Strategies (PATHS)	3-12			
	Managing and Adapting Practice (MAP)-Disruptive Behavior	0-21			
<b>SEVERE BEHAVIORS/ CONDUCT DISORDERS</b>	Brief Strategic Family Therapy (BSFT)	10-18	Revised Behavior Problem Checklist-Parent Completed (RBPC)	5-18	Armenian, Cambodian, English, Spanish
	Multidimensional Family Therapy (MDFT)	11-18	Revised Behavior Problem Checklist-Teacher Completed (RBPC) [If parent is unavailable]		
	Strengthening Families Program (SFP)	3-16			
	Functional Family Therapy (FFT)	10-18	Youth Outcome Questionnaire-2.01 (YOQ) <sup>2</sup> Youth Outcome Questionnaire-Self-Report-2.0 (YOQ-SR) <sup>2</sup>	YOQ: 10-17 YOQ-SR: 10-18	Available in all threshold languages
	Multisystemic Therapy (MST)	11-17	Pediatric Symptom Checklist-35 (PSC-35) <sup>1</sup>	11-17	Available in all threshold languages
<b>PARENTING AND FAMILY DIFFICULTIES</b>	Triple P Positive Parenting Program (Triple P)	0-16	Eyberg Child Behavior Inventory (ECBI)  Sutter Eyberg Student Behavior Inventory-Revised (SESBI-R) [If parent is unavailable]	2-16	<b>ECBI:</b> Arabic, Armenian, Cambodian, Chinese, English, Japanese, Korean, Russian, Spanish, Tagalog, Vietnamese  <b>SESBI-R:</b> Arabic, Armenian, Chinese, English, Japanese, Korean, Russian, Spanish
	Incredible Years (IY)	0-12			
	Parent-Child Interaction Therapy (PCIT)	2-7			
	Family Connections (FC)	0-18			
	UCLA TIES Transition Model (UCLA TIES) CDE	0-9			
	Caring For Our Families (CFOF) CDE	5-11			
	Loving Intervention Family Enrichment (LIFE)	10-17			
	Reflective Parenting Program (RPP) CDE	0-12			
	Nurturing Parenting Program (NPP)	0-18			
Families OverComing Under Stress (FOCUS)	2+	McMaster Family Assessment Device (FAD)	12+	English	
<b>EMOTIONAL DYSREGULATION DIFFICULTIES</b>	Dialectical Behavioral Therapy (DBT) DIRECTLY OPERATED CLINICS	18+	Difficulties in Emotional Regulation Scale (DERS)	18+	English

\*For treatment cycles with treatment start dates before July 1, 2019, general and specific outcome measures must still be collected at "update" and "post" treatment.

<sup>1</sup>**PHQ-9, PCL-5, and PSC-35:** Available in all LA County threshold languages/scripts (English, Arabic, Armenian, Cambodian, Chinese (Modern), Chinese (Traditional), Farsi, Korean, Russian, Spanish, Tagalog, and Vietnamese).

<sup>2</sup>**YOQ, YOQ-SR, and OQ:** Available in all LA County threshold languages/scripts (English, Arabic, Armenian, Cambodian, Chinese (Modern), Chinese (Traditional), Farsi, Korean, Russian, Spanish, Tagalog, and Vietnamese) as well as Japanese.