

County of Los Angeles Department of Mental Health

Student Professional Development Program

2018-2019 Academic Year

Complete this form for each discipline to be placed at this agency:

Service
Area
8

- | | |
|---|--|
| <input checked="" type="checkbox"/> Psychology
<input checked="" type="checkbox"/> Practicum
<input checked="" type="checkbox"/> Externship
<input checked="" type="checkbox"/> Internship
<input type="checkbox"/> Social Work
<input type="checkbox"/> Specialization _____
<input type="checkbox"/> Macro/Admin _____ | <input type="checkbox"/> Nursing
<input type="checkbox"/> Marriage Family Therapist
<input type="checkbox"/> Occupational Therapy
<input type="checkbox"/> Other (specify): _____ |
|---|--|

DMH Agency:	Long Beach Mental Health- Adult Services
DMH Agency Address:	2600 Redondo Ave., 3 rd floor Long Beach, CA 90806
DMH Agency Liaison:	Lee M. Gomberg, Ph.D.
New or Returning:	<input type="checkbox"/> New <input checked="" type="checkbox"/> Returning
Liaison Email Address:	lgomberg@dmh.lacounty.gov ; alt: lgomberg@yahoo.com
Liaison Phone Number:	562-256-2935
Liaison Fax Number:	562-290-0074
Agency ADA accessible	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If "No" identify:

Student Requirements:

How many positions will you have?	2
Beginning and ending dates:	September 2018 to July 2019

Student Schedule: *Please indicate days and times students should be available to provide services, including mandatory staff meetings (SM), training seminars (TR), supervision (SUP), etc.*

Monday	8:30am-5pm m (8:30-12 – TR/HUCLA)
Tuesday	8:30am-5pm m (2-3:30 – DBT Team Mtg.)
Wednesday	
Thursday	8:30am-5pm m (1:10-2:10 – PEI Team Mtg.)
Friday	
Total hours expected to be worked per week:	24
Number of direct client hours per week anticipated:	12
Expected average consumer caseload:	5-6
What cultural groups typically received services at your site?	Caucasian, African American, Latino, Asian, English, Spanish

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Description of Site: *(Please describe the type of Agency setting and services offered)*

Long Beach Mental Health is one of the largest and most innovative outpatient community mental health centers operated by Los Angeles County Department of Mental Health. Its mission is to provide a spectrum of mental health services to an adult population residing in the greater Long Beach area who present with mild to severe and disabling mental illnesses. Our population is quite racially, ethnically and culturally diverse, and most are socioeconomically disadvantaged. The most common diagnoses are depressive disorders, Bipolar I & II disorders, PTSD, Schizophrenia-spectrum disorders, anxiety disorders, Adjustment disorders, and cluster B personality disorders. Nearly half experience a comorbid substance-use disorder and many have health related problems. About 90% of the patients have had prior traumatic exposure. Services provided include clinical assessment, individual and group therapy, as well as crisis intervention and consultation and liaison with local community partners providing drug treatment or other ancillary services. The clinic provides a number of evidence-based practices under its Prevention and Early Intervention (PEI) Services Program for individuals early in the course of their disorder. In addition, the clinic has a formal Dialectical Behavior Therapy Treatment Program for consumers with borderline personality disorder spectrum illness. Students will have opportunities to work with patients with varying degrees of chronicity and impairment within our PEI and DBT programs.

Target population and types of services provided *(please check all that apply)*

- | | |
|---|--|
| <input checked="" type="checkbox"/> Individuals | <input type="checkbox"/> Psychoeducational groups (e.g. Parenting) |
| <input checked="" type="checkbox"/> Groups | <input type="checkbox"/> Community Outreach |
| <input type="checkbox"/> Families | <input checked="" type="checkbox"/> Brief treatment |
| <input type="checkbox"/> Children & Adolescents | <input checked="" type="checkbox"/> Evidence Based Practices |
| <input checked="" type="checkbox"/> Adults | <input checked="" type="checkbox"/> Crisis Intervention |
| <input type="checkbox"/> Older Adults | <input checked="" type="checkbox"/> Screening and Assessment |
| <input type="checkbox"/> Court/Probation referred | <input checked="" type="checkbox"/> Psychological Testing |
| <input checked="" type="checkbox"/> Consultation/Liaison | <input type="checkbox"/> Other (specify): |

What are the most frequent diagnostic categories of your client population?

Major Depressive Disorder, Anxiety Disorders, Anger Management Disorders, PTSD; Co-morbid current, recent or past substance use disorder(s); persisting psychotic disorders often related to prior substance misuse.

What specific (perhaps unique) training opportunities do students have at your agency?

Weekly seminar at Harbor UCLA in Advances in Cognitive Therapy (Sept-June); Dialectical Behavior Therapy (3 day training); One day training in Acceptance & Commitment Therapy; One day training in Cognitive-Behavioral Analysis System of Psychotherapy (CBASP); working collaboratively with an Addiction Psychiatry Fellow in an integrative behavioral health model for co-occurring disorders (meeting offsite at a local chemical dependency treatment center within five minute drive); ability to attend continuing education workshops offered by DMH. Ability to become a member of the clinic's formal DBT treatment program. Supervision is provided is theoretically consistent with the models being delivered.

What evidence based practices or theoretical orientations will students be exposed to at this site?

CBT, DBT, third-wave approaches (e.g., ACT, Mindfulness-Based Cognitive Therapy, Motivational Enhancement/Trans-theoretical Stages of Change)

Do students have the opportunity to work in a multidisciplinary team environment that includes those with lived experience?

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Psychologists, Addiction Psychiatry Fellow, Staff Psychiatrists, Clinical Social Workers, Chemical Dependency Counselors, Medical Caseworkers, Service Extenders/peer specialists.

List locations where students will be providing services **other than agency?**

Students provide services at LBMH, but attend a weekly team meeting at BHS-Redgate Memorial Recovery Center (within 5 minute drive) to staff mutual patients.

Does your agency allow students to videotape and/or audiotape clients for the purpose of presenting cases in their academic classes? Yes No

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Supervision:

What types of supervision will be provided for the students and what is the licensure/discipline of the supervisor? Please specify below.

Type	Hours Per Week	On Site Supervisor Degree/Discipline
Individual:	1	Ph.D., Psychology
Group:	2.5	Ph.D., Psychology

What is the minimum ratio of supervision to client contact hours? _____

Does your agency require a particular range of previous experience or specific prerequisite coursework? *If so please explain.*

Prior clinical experience with adults is preferred; familiarity with, and strong interest in CBT approaches.

Agency Application Process

Mandatory requirements: *Only students from academic institutions who have a current affiliation agreement with the Los Angeles County Department of Mental Health may be extended a placement opportunity. All students are processed through Human Resources Bureau. All prospective interns must obtain live scan clearance. All interns are required to complete a mandatory HIPAA Compliance and Sexual Harassment Prevention Training (for line staff) as part as the terms of their internship.*

DMH Staff completing this form: Lee Gomberg, Ph.D. **Title:** Supervising Psych.

Signature: _____ **Date:** _____

Program Head: Emilia Ramos **Phone #:** 562-256-2953

District Chief: Debbie Innes-Gomberg **Phone #:** 213-738-2756

Electronic Signature: Lee M. Gomberg, PH.D. **Date:** 1/23/18

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