

# County of Los Angeles Department of Mental Health

## Student Professional Development Program

2018-2019 Academic Year

*Complete this form for each discipline to be placed at this agency:*

Service  
Area  
**8**

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> <b>Psychology</b><br><input type="checkbox"/> <b>Practicum</b><br><input checked="" type="checkbox"/> <b>Externship</b><br><input type="checkbox"/> <b>Internship</b><br><input type="checkbox"/> <b>Social Work</b><br><input type="checkbox"/> <b>Specialization</b> _____<br><input type="checkbox"/> <b>Macro/Admin</b> | <input type="checkbox"/> <b>Nursing</b><br><input type="checkbox"/> <b>Marriage Family Therapist</b><br><input type="checkbox"/> <b>Occupational Therapy</b><br><input type="checkbox"/> <b>Other (specify):</b> _____ |
|---|--|

<b>DMH Agency:</b>	Long Beach API Family Mental Health Center
<b>DMH Agency Address:</b>	4510 E. Pacific Coast Hwy., Suite 600. Long Beach, CA 90804
<b>DMH Agency Liaison:</b>	Myan Le, CP II
<b>New or Returning:</b>	<input checked="" type="checkbox"/> New <input type="checkbox"/> Returning
<b>Liaison Email Address:</b>	MyLe@dmh.lacounty.gov
<b>Liaison Phone Number:</b>	562 346-1104
<b>Liaison Fax Number:</b>	562 961-7606
<b>Agency ADA accessible</b>	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If "No" identify:

### Student Requirements:

<b>How many positions will you have?</b>	1
<b>Beginning and ending dates:</b>	Each academic school year

**Student Schedule:** *Please indicate days and times students should be available to provide services, including mandatory staff meetings (SM), training seminars (TR), supervision (SUP), etc.*

<b>Monday</b>	SUP
<b>Tuesday</b>	
<b>Wednesday</b>	SM
<b>Thursday</b>	
<b>Friday</b>	
<b>Total hours expected to be worked per week:</b>	16-20
<b>Number of direct client hours per week anticipated:</b>	10
<b>Expected average consumer caseload:</b>	8-10
<b>What cultural groups typically received services at your site?</b>	Cambodian, Vietnamese, Chinese, other

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**Description of Site:** *(Please describe the type of Agency setting and services offered)*

Long Beach API Family Mental Health Center is a public outpatient mental health clinic specialized in serving the Asian Pacific Islander population in LA County. Our multi-disciplinary team provides a full range of services to adults, children, and adolescents, including individual and group psychotherapy, medication support, targeted case management, Full Service Partnership, CalWORKS, evidence-based practices (EBP) including CBT, DBT, IPT, SS, CORS, TF-CBT, FC. We also support clients with their employment, housing, and community re-integration needs. A large percentage of our clients are Cambodian or other Southeast Asian refugees and immigrants who have experienced tremendous trauma and stress before, during, and after migration, and most suffer from depression and PTSD.

**Target population and types of services provided:** *(please check all that apply)*

- |   |   |
|---|---|
| <input checked="" type="checkbox"/> <b>Individuals</b>              | <input checked="" type="checkbox"/> Psychoeducational groups (e.g. Parenting) |
| <input checked="" type="checkbox"/> <b>Groups</b>                   | <input checked="" type="checkbox"/> Community Outreach                        |
| <input checked="" type="checkbox"/> <b>Families</b>                 | <input checked="" type="checkbox"/> Brief treatment                           |
| <input checked="" type="checkbox"/> Children & Adolescents          | <input checked="" type="checkbox"/> Evidence Based Practices                  |
| <input checked="" type="checkbox"/> <b>Adults</b>                   | <input checked="" type="checkbox"/> <b>Crisis Intervention</b>                |
| <input checked="" type="checkbox"/> <b>Older Adults</b>             | <input checked="" type="checkbox"/> Screening and Assessment                  |
| <input checked="" type="checkbox"/> <b>Court/Probation referred</b> | <input checked="" type="checkbox"/> Psychological Testing                     |
| <input checked="" type="checkbox"/> <b>Consultation/Liaison</b>     | <input checked="" type="checkbox"/> Other (specify):                          |

What are the most frequent diagnostic categories of your client population?

Depressive, PTSD, Anxiety, Schizoaffective, Bipolar, Adjustment Disorders

What specific (perhaps unique) training opportunities do students have at your agency?

EBP, culturally sensitive services, children and adults

What evidence based practices or theoretical orientations will students be exposed to at this site?

CBT, DBT, IPT, SS, CORS, TF-CBT, PE, FC, and some psychodynamic/Family Systems

Do students have the opportunity to work in a multidisciplinary team environment that includes those with lived experience?

Yes

List locations where students will be providing services **other than agency?**

Mainly at agency; there will be opportunity for field-based services if student assists with FSP cases

Does your agency allow students to videotape and/or audiotape clients for the purpose of presenting cases in their academic classes?  Yes  No

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## Supervision:

What types of supervision will be provided for the students and what is the licensure/discipline of the supervisor? Please specify below.

Type	Hours Per Week	On Site Supervisor Degree/Discipline
Individual:	1	Licensed PsyD
Group:	1x/month	LCSW

What is the minimum ratio of supervision to client contact hours? 1: 10 and more as needed

Does your agency require a particular range of previous experience or specific prerequisite coursework? *If so please explain.*

At least one to two years of prior clinical experience working with diverse populations, children, adolescent, or adults within a multi-disciplinary setting, prior assessment experience, familiarity with theoretical models or practice of specific treatment modalities such as CBT

## Agency Application Process

**Mandatory requirements:** Only students from academic institutions who have a current affiliation agreement with the Los Angeles County Department of Mental Health may be extended a placement opportunity. All students are processed through Human Resources Bureau. All prospective interns must obtain live scan clearance. All interns are required to complete a mandatory HIPAA Compliance and Sexual Harassment Prevention Training (for line staff) as part as the terms of their internship.

DMH Staff completing this form: Derek Hsieh Title: MHC Program Head

Signature: \_\_\_\_\_ Date: 2/9/18

Program Head: Derek Hsieh Phone #: 562-346-1128

District Chief: Stephen Jacobson Phone #: 562 256-1271

Electronic Signature: \_\_\_\_\_ Date: \_\_\_\_\_