



LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH  
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January 20, 2015

The Honorable Board of Supervisors  
County of Los Angeles  
383 Kenneth Hahn Hall of Administration  
500 West Temple Street  
Los Angeles, California 90012

**ADOPTED**  
BOARD OF SUPERVISORS  
COUNTY OF LOS ANGELES

18 January 20, 2015

PATRICK O'GAWA  
ACTING EXECUTIVE OFFICER

Dear Supervisors:

**APPROVE EXPENDITURES FOR THE  
2015 TRANSITION AGE YOUTH CONFERENCE  
(ALL SUPERVISORIAL DISTRICTS)  
(3 VOTES)**

**SUBJECT**

Request approval for the expenditure of funds to host the 2015 Transition Age Youth Conference on Mental Health, to be held on May 18, 2015, at The California Endowment Center for Healthy Communities.

**IT IS RECOMMENDED THAT THE BOARD:**

1. Authorize the Department of Mental Health (DMH) to expend funds to host the 2015 Transition Age Youth (TAY) Conference on Mental Health to be held on May 18, 2015, at an estimated cost of \$30,000, fully funded by Mental Health Services Act (MHSA) one-time funds.
2. Authorize the Director of Mental Health (Director), or his designee, to execute an agreement with The California Endowment Center for Healthy Communities (Endowment) for space and catering services at an estimated cost of \$1,500.

**PURPOSE/JUSTIFICATION OF RECOMMENDED ACTION**

Board approval of the recommended actions will allow DMH to host the TAY Conference on May 18, 2015, at the Endowment. This conference is mainly to improve treatment outcomes, explore best practices, and improve integration with community-based organizations serving TAY. In

support of the mental health system in Los Angeles County, the conference will host workshops that are aligned with the DMH MHSAs and the DMH goals of promoting hope, wellness, recovery, and self-sufficiency for TAY.

Since the 2004 passage of the MHSAs, DMH has embarked on a system-wide transformation of the ways in which services are delivered to consumers and their families. The MHSAs Community Services and Supports (CSS) Plan provides the opportunity for DMH to develop and implement services focused specifically on youth and young adults ages 16-25 years. These services include: Full Service Partnerships, Drop-In Centers, Housing Specialists, Field Capable Clinical Services, Probation Services, Permanent Supportive Housing, TAY Systems Navigations, Suicide Prevention, and Anti-Stigma. To further support system transformation, DMH implemented the MHSAs Prevention and Early Intervention (PEI) Plan. As such, the State has approved the implementation of MHSAs PEI Evidence-Based Programs across our mental health system for each age-group. Since inception of these programs, thousands of youth and young adults across Los Angeles County who are challenged with Serious Emotional Disturbance (SED) and Severe and Persistent Mental Illness (SPMI) have been served.

The 2015 TAY Conference will highlight the most current treatment intervention strategies implemented through the MHSAs. Additionally, the conference will present information on other successful strategies for leveraging non-mental health branded services and supports that are critical to TAY consumers' focus on hope, wellness, recovery, and self-sufficiency. Youth and young adult consumers and volunteers will participate in all aspects of planning and hosting the conference.

### **Implementation of Strategic Plan Goals**

The recommended actions support the County's Strategic Plan Goal 2, "Community Support and Responsiveness."

### **FISCAL IMPACT/FINANCING**

The estimated cost of the conference is \$30,000, of which approximately \$5,000 is anticipated to be offset by registration fees paid by participants. The total cost of the conference excludes food for County employees as each is responsible for his or her own meal. The remaining estimated cost is fully funded by State MHSAs revenue. The precise amount will be determined by the actual number of attendees, which is expected to range up to 300 people.

The budget for the conference includes: \$12,750 for supplies and other miscellaneous costs; \$15,750 for keynote speakers, workshop speakers, and panelists, inclusive of all travel and accommodations; and \$1,500 for food and beverage services for a total funding of \$30,000. Funding is included in DMH's Fiscal Year 2014-15 Final Adopted Budget.

There is no net County cost impact associated with these actions.

### **FACTS AND PROVISIONS/LEGAL REQUIREMENTS**

The 2015 TAY Conference will build upon the work of the previous two TAY conferences that were conducted in May 2011 and May 2013, to identify the evolving needs of TAY and to ensure that consumers, providers, and constituents are kept informed and updated regarding current and best practices for serving the TAY population.

The 2015 TAY Conference will be an all-day event with approximately 300 participants including youth and young adult consumers, family members, providers, and DMH employees.

A significant investment in the training of staff and community partners across the entire service delivery spectrum is required to ensure the success of the MHSA Plans. These Plans represent a systemic change in the manner in which mental health services and supports are being delivered in Los Angeles County as well as a primary focus on hope, wellness, recovery, and self-sufficiency for impacted youth and young adult consumers. The 2015 TAY Conference will provide a much needed opportunity for consumers and stakeholders to gather, gain skills and competencies, and share their wisdom and expertise as it pertains to serving the SED and SPMI youth and young adult population.

### **CONTRACTING PROCESS**

DMH solicited quotes from various venues that met selection requirements for the conference. A planning committee composed of consumers, contract providers, and DMH administrative staff determined that the Endowment was the preferred location based on availability, no charge for space, size of accommodations, and convenience of both automobile access and public transportation for presenters, employees, and consumers. The Endowment prohibits the use of outside catering services and contracts with Sodexo for their catering services.

Upon Board approval, DMH will expend funds in support of the conference and enter into an Agreement with the Endowment. Confirmation in the form of a deposit will be made to ensure reservation of space, catering services, and other necessities for the conference are obtained.

### **IMPACT ON CURRENT SERVICES (OR PROJECTS)**

Approval of this action will not impact any other services. The conference will empower youth and young adult consumers, promote their hope, wellness, recovery, and self-sufficiency, and benefit the mental health system.

The Honorable Board of Supervisors

1/20/2015

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Respectfully submitted,

A handwritten signature in black ink, appearing to read "Mg Southard". The signature is fluid and cursive, with the first letters of the first and last names being capitalized and prominent.

MARVIN J. SOUTHARD, D.S.W.

Director of Mental Health

MJS:MM:TB:RK:gt

c: Executive Officer, Board of Supervisors  
Chief Executive Officer  
County Counsel  
Chairperson, Mental Health Commission