

FACT SHEET-JUVENILE JUSTICE TRANSITIONAL OUTPATIENT TREATMENT SERVICES (JJ-TOTS)

The immediate few days and weeks after a youth is released from a Probation facility is indeed a critical period. It is essential for favorable outcomes to occur, that the youth continue to receive proper and timely professional mental health services. Without such services and supports, there could be a number of unfavorable and even adverse outcomes, including but not limited to, a relapse of illness or symptoms, school failure, recurring substance abuse problems, re-entry into juvenile detention and psychiatric hospitalization.

Specifically, the JJ-TOTS program is a pilot for youth that have been prescribed psychotropic medication(s) and released from Probation Camps. These youth would be provided a follow-up appointment with a Mental Health Psychiatrist and other Mental Health Clinical staff at a Probation office in their community (such as an Area Office or Day Reporting Center). The appointment would be set-up prior to the release and within approximately two weeks following the release date. The goal of this after-care follow up appointment is to serve as a bridge back to the community until long-term linkages can be fully solidified. It is not intended to be a substitute for these community linkages.

This new program is intended to improve timely access to care and to lead to improved outcomes and to a decrease in recidivism and stigma.

WHO CAN BE REFERRED TO THE JJ-TOTS PROGRAM:

- Youth under the care of a MH Psychiatrist in a Juvenile Justice Camp; specifically a Camps with Enhanced DMH Services (CWED)

or medication camps and Dorothy Kirby Center (DKC), who have been prescribed and are currently taking or are supposed to be taking psychotropic medications.

- Youth released from CWED camps or DKC, who may not currently be taking psychotropic medications, but who may have a history of taking or being on such medications, or are likely to need and benefit from consultation and medication support services from a child and adolescent psychiatrist.
- Youth from non-CWED camps that are not currently be taking psychotropic medications, but who may have a history of taking or being on such medications, or are likely to benefit from a consultation with a child and adolescent psychiatrist.
- Any Probation youth getting released into the community, deemed by Mental Health staff, Juvenile Court Health Services (JCHS) staff, or Probation staff, as likely to benefit from and to need Mental Health and psychiatric services on an expedited basis.

TYPES OF SERVICES OFFERED:

- Medication Support and Psychiatric Services including Crisis Intervention (if necessary).
- Case Management Services in order to assist and help youth and families, so that they can obtain solidifying linkages to DMH (directly-operated or contracted) clinics and other Mental Health programs in the community.
- Providing guidance and assistance to youth and families in getting their Medi-Cal and other benefits reinstated.

- Providing referrals to Substance Use programs and other services on an as needed basis.
- Providing information and psychoeducation regarding mental health problems, substance use, importance of compliance with medication and other psychotherapeutic services.

CURRENT DAYS AND SITES OF TOTS CLINICS

- 1) MONDAYS (1 to 5 PM)
Antelope Valley Juvenile Probation Area Office
43917 Division Street, Lancaster CA 93536
 - 2) TUESDAYS (9 AM to Noon)
Pomona Probation Area Office
1660 West Mission Road, Pomona CA 91766
 - 3) WEDNESDAYS (9 AM to 5 PM)
Centinela Probation Area Office
1330 West Imperial Hwy, Los Angeles CA 90044
 - 4) MONDAYS/WEDNESDAYS (in PM varies based on need)-
Zev Yaroslavsky Resource Center
7555 Van Nuys Blvd, Van Nuys CA 91405
 - 5) Venue of TOTS Clinic in East Los Angeles- TO BE DETERMINED
- Youth will be seen by Appointment Only

If any questions please contact Hanu Damerla, MD via email HDamerla@dmh.lacounty.gov or via phone 213-738-2902