

List of Suggested Preparedness Items

Emergency Supplies

Step 1 Review the list below - identify what emergency supplies you will need

Step 2 Determine how many days of supplies you would like/are able to have on hand

Step 3 Inform staff about the supplies the company will provide and what they are personally responsible for

Step 4 Give staff recommendations on additional supplies they should consider keeping at work.

Supplies for consideration include:

- **Water:** store 1 gallon per person per day, for drinking and sanitation. Base amount on the number of staff present on a regular work day plus regular daily patient volume.
- **Food:** non-perishable (canned/tinned food, MREs, etc). Consideration should be given to shelf life of the food. Considerations for amount are similar to calculations for water storage – number of staff plus daily patient volume.
- **Manual can opener** if kit contains canned food.
- **Battery-powered radio** with extra batteries
- **Flashlights** and extra batteries. Consider head lamps for hands-free tasks
- **Glow sticks**
- **Whistle** to signal for help
- **Dust or filter masks** (if not part of regular inventory)
- **Goggles**
- **Crowbar**
- **Heavy duty gloves:** consider leather palmed gloves
- **Chargers** for cell phone*
- **Personal medications*** (1-2 day supply)
- **Blanket/sleeping bag**
- **Plastic sheeting** and **duct tape** to “seal the room”
- **First aid kit:** consider items that are not part of your regular inventory
- **Hand sanitizer**
- **Personal needs:**
 - Garbage bags and/or portable toilet (a bag of cat litter could be useful)
 - Cleansing wipes* e.g. baby wipes
 - Toiletries* - including toothbrush, toothpaste, brush/comb, deodorant, soap

Other considerations:

- Storage container(s)
- Area for storing supplies