

LA GENERAL BRINGS FREE CPR TRAINING TO THE COMMUNITY

During National CPR & AED Awareness Week, LA General Medical Center empowered local residents with the skills to save a life.

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LA General Medical Center recently hosted a Sidewalk CPR training event, offering free Hands-Only CPR instruction to staff, patients, and community members. The event — held in partnership with the LA County EMS Agency, LA County Fire Department, LA City Fire Department, and the American Heart Association — reflects LA General’s ongoing commitment to serving the community beyond the walls of the hospital.

Watch: Sidewalk CPR at LA General



Why LA General Is Leading This Effort

As one of the largest 9-1-1 Medical Receiving Centers in Los Angeles County, LA General treats approximately one-quarter of all emergency department visits in the downtown LA area. Our teams see every day how much the first few minutes of a cardiac emergency matter — and how rarely bystanders are prepared to act.

Bystander CPR can double or even triple a person’s chance of survival, yet fewer than half of cardiac arrest victims receive it before paramedics arrive. Events like Sidewalk CPR are how LA General helps close that gap.

“Our teams care for some of the most critically ill and injured patients in the region. When community members know CPR, they become part of the lifesaving chain that begins long before a patient reaches the hospital.”

— Jorge Orozco, CEO, LA General Medical Center

Hands-Only CPR: Two Steps Anyone Can Learn

1. Call 9-1-1
2. Push hard and fast in the center of the chest

These two actions keep blood and oxygen moving to vital organs until paramedics arrive — and they can make all the difference. Want to get trained? Visit [heart.org](https://www.heart.org) to find a CPR class near you, or ask about upcoming community events at LA General Medical Center.
