



*“Restoring Health, Rebuilding Life,  
and Revitalizing Hope.”*

## Driver Rehabilitation & Training Program

~ROAD TO SUCCESS~

Since 1957, the Occupational Therapy Department has been involved in helping people with disabilities become safe, skilled, and independent drivers. The Driver Rehabilitation and Training Program offers a variety of services that can be individualized to the client.

### Who Can Benefit?

People with age-related changes, amputation, arthritis, brain injury, cerebral palsy, chronic disabilities, dementia, diabetes, multiple sclerosis, polio, spina bifida, spinal cord injury, stroke, medically at-risk seniors, and others may benefit from this program.

### Requirement:

The Driver Rehabilitation and Training Program is a hospital-based program; therefore, those interested must provide a physician's referral, medical history records, and health insurance information. A valid driver license or instruction permit is needed for any on-road evaluation and training.

### Staff:

Highly qualified staff includes registered/licensed occupational therapists, certified driver rehabilitation specialists, and driver rehabilitation driving instructors.

### Funding:

This program is made possible in part through the financial support of the American Honda Motor Company.



### Hours:

Individual Sessions Available:  
8:00 A.M. – 4:30 P.M.  
Monday through Friday

### Driver Support Group:

2<sup>nd</sup> and 4<sup>th</sup> Tuesdays per month (1:00 pm)  
Contact The Rancho Wellness Center for an updated schedule:  
(562) 385-7432 or via the website:  
[Rancho.org/serviceReint\\_Wellness.aspx](http://Rancho.org/serviceReint_Wellness.aspx)

## RANCHO LOS AMIGOS

### National Rehabilitation Center

7601 Imperial Highway

Downey, CA 90242

1-877-RANCHO-1 or 562-385-7111

TTY/TDD number 562-385-8450

or visit us at

[www.rancho.org](http://www.rancho.org),

[www.facebook.com/rancholosamigosrehab](https://www.facebook.com/rancholosamigosrehab),

or [www.twitter.com/ranchorehab](https://www.twitter.com/ranchorehab)

## **OCCUPATIONAL THERAPY DRIVER REHABILITATION PROGRAM**

### **Services Provided:**

- Group education sessions: Introduction to the Program, Getting a License/Permit, and Preparing for the Written and Road DMV Test
- Occupational Therapy clinical driving evaluation, with physical, mental, and visual-perceptual assessments
- Driving skills analysis and training using a computerized driving simulator
- On-road evaluation and training of driving potential in one of the program's modified vehicles
- Individualized driver training with adaptive driving equipment on the simulator or in the program vehicles
- Defensive driving instruction
- Refresher course for seniors or other medically at-risk drivers
- Resources for commercially-available driving equipment and modified vehicles
- Procedures for the DMV Driver Safety Office and preparation for the DMV licensing exam
- Information and counseling about client-centered driving needs, cessation of driving, or family interventions.
- Community mobility training and exploration of driving alternatives including passenger evaluation
- Referrals to other driving resources as appropriate
- Annual CarFit Events

### **For Additional Information:**

If you would like more information, please contact:

Stephanie Hayes-Jackson, MS, OTR/L, PAM, CDRS or Lachicha Phillips DI, CDRS

Phone: (562) 385-7081

Email: [Drivertraining@rancho.org](mailto:Drivertraining@rancho.org)

7601 Imperial Highway

Outpatient Building Room 1019

Downey, CA 90242