

PEDIATRICS

A child suffering a traumatic injury or disease needs a loving and supportive atmosphere as well as treatment by highly trained specialists practicing state-of-the-art medicine. Rancho Los Amigos National Rehabilitation Center (Rancho) provides both, helping young people and their families heal emotionally as well as physically. Rancho has long been regarded as one of the premier rehabilitation facilities in the United States. Our superior patient outcomes, techniques, vast array of services and advanced treatments have led U.S. News & World Report to rank Rancho as one of "America's Best Hospitals" in Rehabilitation Medicine.



PEDIATRIC CONDITIONS TREATED

Rancho treats children ranging in age from infancy to 21 years of age suffering a variety of catastrophic conditions, including:

- Brain Injury
- Neuromuscular disorders
- Orthopedic Injury
- Spinal Cord Injury
- Various birth defects
- Ventilator-dependency

MAXIMIZING RECOVERY

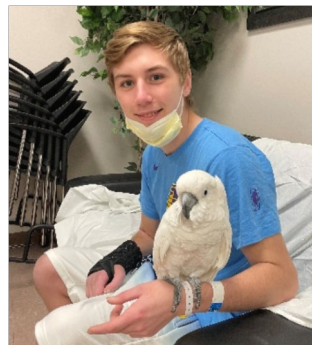
The philosophy of Rancho recognizes the necessity of providing evidence-based treatment to maximize recovery. High intensity rehabilitation interventions and patient education are provided as part of individualized programs tailored to address the specific goals and unique needs of each patient.

REHABILITATION TREATMENT

Patients admitted to the hospital for rehabilitation participate in at least three hours of formalized therapy sessions, six days a week, which may include physical, speech, occupational, and/or recreation therapy. For the remainder of the day, the rehabilitation nurse coordinates the plan, schedules other activities and administers to patient needs.

REHABILITATION PROGRESS

Patient medical and rehabilitation progress is evaluated on an ongoing basis. Neurologic studies including MRI, CT, SPECT, EEG, and EMG assess disability and prognosis. Gait patterns and deviations can be analyzed in the Pathokinesiology Laboratory to provide recommendations for appropriate therapeutic interventions or adaptive bracing. Outcome measures for rehabilitation progress are assessed using standardized assessment tools for the pediatric population.



ADMISSION REQUIREMENTS

Rancho's System of Care in Pediatric Rehabilitation accepts referrals from hospitals, physicians, medical groups, health plans, healthcare professionals and family members.



To determine eligibility for admission to our program, contact our **Centralized Admission and Referral Office (CARO)** at (562) 385-6554. Our referral office will arrange for a liaison nurse to expedite the process of admission to Rancho.

Family Participation

The family is an integral member of the rehabilitation team. Family involvement in goal setting, therapy and education sessions, family conferences, home and school visits, and community re-integration is encouraged and welcome. Family members are offered the option of staying at H.O.M.E. (Housing of Medical Emergencies), apartment-like housing on Rancho grounds during treatment. Before discharge, the family is instructed by all members of the rehabilitation team on how to assist their child at home.



“I CAN DO”

An upbeat atmosphere encourages children to take a positive "I can do" attitude towards life. Psychologists and social workers address the emotional and behavioral needs of children requiring help to cope with their condition.

ACADEMIC NEEDS

One of the major objectives of our rehabilitation program is school re-integration. Our clinical social work staff will partner with the family to coordinate educational needs and resources and may include coordinating a school visit to facilitate the child's transition back to school after hospitalization. Adolescents who are college bound can take advantage of the "Las Floristas Scholarship Program" offered to Rancho's patients 18 to 25 years old.

WHEELCHAIR SPORTS PROGRAM



RECREATION THERAPY

An accessible playground, playroom, activity center, and rehabilitation therapy space on the unit are filled with toys and video games for patient use. Charitable organizations hold frequent parties and sponsor activities for pediatric patients. Recreation therapy staff take patients on trips to the mall, movies, Disneyland, or other outings to help them build confidence and reintegrate into the community. Family members are welcome.



OUTPATIENT PROGRAMS

To help our young patients continue their road to recovery after discharge, follow-up care is provided in our Outpatient Clinic by the same pediatrician that provided care during their stay in the hospital. The Center for Applied Rehabilitation Technology (CART) introduces severely disabled patients to high tech equipment that can assist them in performing daily tasks in their everyday environment. The Seating Center assesses the patient's needs and offers specialized services to help the patient function independently in a safe and comfortable wheelchair position. Support groups assist patients and their loved ones in sessions led by social service professionals and community organizations.

CULTURAL HUMILITY

Rancho strives to uphold the values and beliefs of our patients as the population we serve comes from diverse cultural backgrounds. We aim to meet the unique needs of each patient across a number of cultural domains including language preferences, dietary needs, spiritual beliefs, and much more. We are committed to the practice of cultural humility that embodies an ongoing effort to ensure we are successfully adapting to the needs of our patients. Rancho is committed to an environment that is safe and inclusive for everyone.



7601 Imperial Highway • Downey, CA 90242
(562) 385-7111 TTY/TDD: (562) 385-8450

www.rancho.org

To request reasonable accommodation, contact the ADA Coordinator's Office at (562) 385-7428 or by email at lawong@dhs.lacounty.gov 5 days in advance

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