

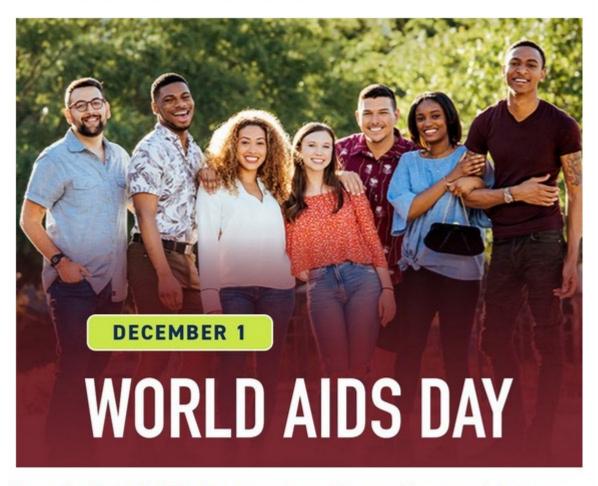
December 8, 2022

LA County Health Services is proud to share Community Connects, a monthly newsletter designed to inform our valued community partners. As you work to engage and support our diverse communities we will provide you with updates, information and resources.

We appreciate your continued partnership and efforts!



DECEMBER 1st IS HIV/AIDS AWARENESS DAY



December 1st is HIV/AIDS Awareness Day, and its a good time to remind everyone about the importance of getting tested. It is important to continue to raise awareness around HIV/AIDS, commemorate those who have passed on, and celebrate victories such as increased access to treatment and prevention services. For more information, visit the EHE website: www.LACounty.HIV

10 HOLIDAY TIPS FOR A SAFER WINTER SEASON - VIDEO BELOW



With increased COVID-19 cases in LA County, it's important to get vaccinated & boosted, and masking indoors is one of the easiest ways to reduce transmission. **Click picture above to watch brief video**. For more updates <u>click here</u>.

MENTAL HEALTH SELF CARE IS IMPORTANT DURING THE HOLIDAYS



According to the American Psychological Association, 38% of people surveyed said their stress increased during the holiday season, which can lead to physical illness, depression, anxiety, and substance misuse. The reasons given: lack of time, financial pressure, gift-giving, and family gatherings. Check out the six most common issues that come up this time of year, as well as suggestions from mental health experts for ways to address them.

More Info

NEW SERVICES AT THE DEPARTMENT OF HEALTH SERVICES



NEW URGENT CARE AND AMBULATORY CARE EXPANSION FOR EL MONTE COMPREHENSIVE HEALTH CENTER

Ambulatory Care Network CEO Quentin O'Brien and San Gabriel Valley Health Center Group Director Ernest Espinoza welcomed LA County Supervisor Hilda Solis (First District) as she dedicated the new Urgent Care Center and Primary Care Expansion at the El Monte Comprehensive Health Center.

Learn More

HOUSING FOR HEALTH INTERIM HOUSING AND TRIAGE FACILITY OPENS

For years, staff with Housing for Health, a division of the Department of Health Services, have been making the case for walk-in interim housing and a triage facility where outreach workers, emergency responders or police can bring people under the influence as an alternative to jail or hospital stays. This month, both became a reality as Safe Landing opened its doors to the public.

Learn More

COUNTY OF L.A. TO HOST DECEMBER 10 LAPTOP GIVEAWAYS



More Info

Attention DPSS Customers receiving CalFresh, Medi-Cal, CalWORKs benefits: The County of L.A. is hosting special Affordable Connectivity Program (ACP) enrollment and FREE laptop giveaway events at seven library locations on Saturday, December 10, 2022. The ACP is a federally funded program offering up to \$30 off your monthly internet bill. One hundred laptops will be given away at each location for new enrollments.

To learn more and see a list of locations, visit <u>ACP Enrollment & FREE Laptop</u> <u>Giveaways – Delete The Divide.</u>

LA COUNTY YOUTH EARN PAID WORK EXPERIENCE AND TRAINING



Helps us spread the word! LA County youth ages 17-24 can explore new diverse career pathways, partner with mentors, and earn paid work experience and training through Youth at Work Elevate!

Eligible youth participants will earn \$16 per hour and will be matched with high-growth, in-demand businesses with potential future job placement. 100% of the youths wages will be covered for up to 400 hours.

Apply Here

MENTAL TRAININGS AVAILABLE COUNTY EMPLOYEES ACROSS THE U.S.

Mental Health FIRST AID

To help the National Association of Counties (NACo) realize its vision of creating healthy, safe and vibrant counties across America, the National Council for Mental Wellbeing and NACo have partnered to offer crucial Mental Health First Aid (MHFA) trainings to county employees and the communities they serve including employees, teens, and youth. Click **here** for more info.

VISIT PARKS AFTER DARK WONDERLAND 2022!



LA County parks and recreation will be transformed into enchanting holiday destinations with 40 to 80 tons of snow for sled runs and to frolic in. Park goers from 0-17 years old can participate in a toy giveaway (while supplies last) with Santa and his helpers. These events include teen zones, games and crafts, snacks and hot cocoa, stocking decorating, family holiday photo area, music and holiday characters. **Click the pictures above to check out the video!** More information below. Come out and enjoy real snow at @lacountyparks near you! For Winter Wonderland dates and locations, visit http://parks.lacounty.gov/winterpad

More Info

STAY CONNECTED WITH LA COUNTY



You can visit http://LACounty.gov where you can access, request, report, register, apply and pay for programs and services offered by nearly 40 LA County departments.

Our full Guide to County Services is available for you in English and Spanish.

We're on other social platforms including Facebook, Instagram and TikTok.

Browse thousands of photos of beauty shots, landmarks and the County at work on our <u>Flickr page</u>

And last but not least, get the latest from LA County delivered to your inbox by subscribing to our email newsletters.

LA COUNTY HELPFUL RESOURCES:

- FIND <u>HOLIDAY GIFTS</u> HERE !!
- Community Vaccine Resource Page
- COVID-19 Testing
- Get Ahead LA Financial Resources
- Vaccine Locator Tool
- COVID-19 Resources for Parents and Guardians (Spanish: ph.lacounty.gov/covidinfopadres)
- One Degree Community Resources