

Community Connects 4-8-2022

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April 8, 2022

LA County Health Services is proud to share Community Connects, a newsletter to share helpful information to our valued partners in the community. As you work to protect our diverse and most highly impacted communities from COVID-19, we will regularly provide you with updates, information and resources.

We appreciate your continued partnership and efforts!

APRIL IS NATIONAL MINORITY HEALTH MONTH!



The HHS Office of Minority Health (OMH) invites you to **Give Your Community a Boost!** by sharing [National Minority Health Month](#) resources and events with your organization, communities, and network!

Visit the [National Minority Health Month Events](#) page to view a list of upcoming events and download and share OMH's [National Minority Health Month Toolkit](#) for easy access to information and materials.

[Learn More](#)

[Mas Informacion](#)

LA COUNTY'S GUARANTEED INCOME PROGRAM



The BREATHE LA County program is a guaranteed income project that will provide 1,000 eligible residents with \$1,000 per month for three years. Details about the program, eligibility requirements, and how and when to apply.

Information available in [English](#) or in [Spanish](#). Please encourage people to apply! Applications available **March 31st** thru **April 13th**. [More Info](#).

[More Info](#)

NEW RESOURCES FOR COVID-19

New! [COVID.gov](#) is a one-stop website for vaccines, tests, treatments, masks, and the latest COVID-19 information. The site is available in [English](#), [Spanish](#), and [Chinese](#).

The CDC has [updated its COVID-19 booster recommendations](#): immunocompromised individuals and people over the age of 50 who received an initial booster dose at least four months ago are now eligible for another mRNA booster (Pfizer or Moderna) to increase their protection against severe disease.



READY LA COUNTY EMERGENCY PREPAREDNESS RESOURCES



Prepare for emergencies or disasters that could impact your community. There are

Prepare for emergencies or disasters that could impact your community. There are steps you, your family and your neighborhood can take to prepare for wildfires, earthquakes, extreme heat or cold, rainfall, mudslides, flooding, power outages or tsunamis. There are resources available for unhoused and individuals with different abilities, access and functional needs.

Ready LA County



You can also receive real time alerts about emergencies and disasters through the free ALERT LA County smartphone App which includes National Weather Service warnings.

Click one of the links below:

Android users [HERE](#)

Apple iPhone users [HERE](#)

For extreme heat alerts and cooling off centers click [HERE](#)

9-8-8 NATIONAL EMERGENCY HELPLINE TO BEGIN IN JULY 2022



In 2020, the United States Congress unanimously passed the National Suicide Hotline Designation Act, designating 9-8-8 as a universal telephone number for the purpose of suicide prevention, mental health, and substance use crisis assistance. 988 is set to go live as a 24-7, nationwide emergency hotline in July 2022, and it is critical that all states are equipped to implement these lifesaving interventions.

More Info

LACOUNTY DEPARTMENT OF PUBLIC HEALTH YOUTH ADVISORY COUNCIL OPPORTUNITY

The Los Angeles County Department of Public Health is seeking dedicated, enthusiastic, and motivated youth to join the 2022-23 Youth Advisory Council cohort. The Public Health Youth Advisory Council will serve as an advisory board to identify, discuss, and inform Public Health leadership on youth issues and programming. The mission of the Public Health Youth Advisory Council is to raise awareness of health issues affecting our communities, while working in collaboration with DPH leadership to advise on public health solutions that improve the health and well-being of youth in Los Angeles County.



Complete an electronic application electronically by **Friday April 30, 2022**, at:

<https://tinyurl.com/dphyac>

For more information:

Visit our website at: <https://tinyurl.com/lacdph-mcah-yac>

Email: YouthAdvisoryCouncil@ph.lacounty.gov

More Info

NATIONAL PUBLIC HEALTH WEEK 2022



- Check out APHA's week of free events, and [RSVP to save your spot](#) in all of them. Space is limited!
- Use our [fact sheets](#), infographic and [shareables](#) to explore different public health topics with your friends, family and community members.
- Join the [NPHW Twitter chat](#) on April 6. It's the biggest public health conversation of the year!
- See what's happening in your neighborhood or across the country! Check out the [more than 130 community events](#) happening around the U.S. this week.

[More Info](#)

GET DOWN YOUR BLOOD PRESSURE CAMPAIGN



Self-monitoring your blood pressure is power! The **American Heart Association National Hypertension Control Initiative** is encouraging everyone to "Get Down With Your Blood Pressure." The campaign raises awareness about high blood pressure and its connection to COVID-19, empowering everyone to learn more about their numbers and the importance of accurately self-monitoring blood pressure. Whether you have five minutes or an hour, there's an [asset available for you!](#)

[Learn More](#)

LA COUNTY HELPFUL RESOURCES:

- [Community Vaccine Resource Page](#)
- [COVID-19 Testing](#)
- [Get Ahead - LA Financial Resources](#)
- [Vaccine Locator Tool](#)
- [COVID-19 Resources for Parents and Guardians](#) (Spanish: ph.lacounty.gov/covidinfopadres)
- [One Degree Community Resources](#)



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