



PROVIDER INFORMATION NOTICE (PIN)

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PIN: 22 – 02
TITLE: Changes to Mental Health Prevention Services (MHPS)
DATE: June 23, 2022 (REVISED)

In accordance with the My Health LA (MHLA) Exhibit M of the Agreement, this Provider Information Notice (PIN) is intended to provide you with details regarding the new contractual changes for providing Mental Health Prevention Services (MHPS) to the MHLA Participants for Fiscal Year 2022-2023.

Beginning July 1, 2022, changes are being made to the scope of the MHLA Behavioral Expansion Program. This third revision of the MHPS PIN outlines contract changes that are implemented to help improve the MHPS screening process, increase the collection and reporting of outcome measures as well as improving the quality of documentation.

■ Screening Process and follow-up sessions:

The MHPS screening process shall be provided to all MHLA participants who have a primary care visit following the start of FY 2022-2023, and subsequently as deemed appropriate by CP staff, for the remaining term of this contract. CPs will determine what MHPS follow up sessions are applicable and appropriate based on the MHPS screening process.

- A MHPS screening process shall entail administration of the Brief Universal Prevention Program Survey ([BUPPS](#)), which contains two (2) required subscales (*Core Questions* and *Wellness Questions*), an evaluation of the results of the BUPPS and other pertinent information revealed by MHLA participant, as well as any other relevant information determined by the rendering Health Professional.
- MHPS follow-up sessions shall incorporate material from one of the DMH approved MHPS Prevention [Curriculums](#), other related activities to reduce risk factors for developing a potentially serious mental illness and/or that help build protective factors such as skills, resources and supports, or coping strategies that help people deal more effectively with stressful events. A MHPS follow-up session may also include the use of the BUPPS as detailed in the next section below.

■ Outcome Measures:

- Starting July 1, 2022, CPs opting to continue providing MHPS will no longer use the PHQ series (PHQ-2 and the PHQ-9) or the GAD-7 as the measure(s) by which this Program's outcomes are to be collected. Please note, however, if a patient already started an MHPS cycle prior to July 1, 2022, CPs would continue to use the PHQ-9 and the optional GAD-7 until the MHPS cycle is completed regardless to the end date of the cycle.
- All new MHPS cycles beginning on or after July 1, 2022, will now use the BUPPS as outlined below.

■ **Guidelines for administering the BUPPS:**

- The BUPPS should be administered at the onset of the MHPS screening process;
- At every other MHPS follow-up session;
- Follow-up surveys may be provided with a greater frequency at the discretion of the CP staff;
- And at the end of an MHPS cycle.

■ **Data Collection:**

- Submission of the MHPS encounter data (claims) will no longer include the submission of the outcome scores on the claims, except in cases where a patient started an MHPS cycle prior to July 1, 2022, and the measures of the PHQ-9 and GAD-7 are still being administered during the current cycle of services.
- The BUPPS outcome scores are reported upon a patient's discharge. (See Monthly Discharge Report section below.)
- CPs shall continue to submit encounter data each time a MHLA participant receives MHPS.
- Clinics will continue using the following two procedure codes:
 - H0002 for MHPS screening process. (Do not include the scores on the claim.)
 - H2014 for all MHPS follow-up sessions.
- CPs shall upload the BUPPS to the medical record.

■ **Monthly Discharge Report:**

- CPs shall submit the participants' BUPPS scores on the monthly MHPS discharge report.
- It is **mandatory** for clinics to submit MHPS Monthly Discharge reports on or before the 15th of the following month of service.
- MHPS Monthly Discharge Report template is available on the MHLA website, The report outlines all the required elements for reporting along with the Pre and Post BUPPS scores. [1123571_MHPSDCReportwithBUPPS.pdf \(lacounty.gov\)](#)

■ **Additional Technical Assistance:**

- DMH will offer ongoing technical assistance upon request. Please email Robert Levine, LMFT, DMH Project Manager at rlevine@dmh.lacounty.gov.

If you have any questions for the MHLA program, please contact Francina Nava at fnava@dhs.lacounty.gov or Philip Barragan at pbarragan@dhs.lacounty.gov.

All of the information on this PIN is also posted here: <https://dhs.lacounty.gov/my-health-la/mentalhealth/>.

Anna Gorman

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Chief Operating Officer, Community Programs

Attachments:

- I. MHPS [Prevention Services and Activities Matrix](#)
- II. MHPS Brief Universal Prevention Program Survey (BUPPS) [Screening Tool](#)
- III. MHPS BUPPS [Power Point Slides Training](#)
- IV. MHPS Monthly [Discharge Report Template](#)