



# Next Steps



Some important things to know after you enroll in MHLA:

## What is My Health LA (MHLA)?

MHLA is a no-cost health care program for low-income residents of Los Angeles County who do not have health insurance. MHLA is a program where participants get ongoing, quality care from a team of health care providers at community clinics.

## Who is eligible?

- Los Angeles County resident
- Between 26 and 49 years old
- Income at or below 138% of the Federal Poverty Level (FPL).
- Lack, or not eligible for, health insurance.

## How do I enroll?

To enroll in MHLA, make an appointment at your medical home clinic. You must bring proof that you live in Los Angeles County, bring personal identification, and show your income. Your original documents will be photocopied and returned to you.

YOUR NAME:

YOUR MEDICAL HOME:

MEDICAL HOME PHONE NUMBER:

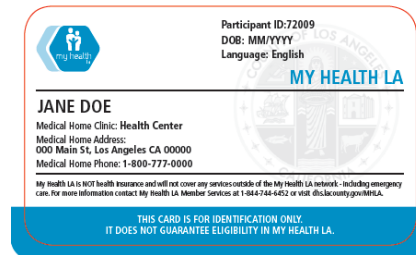
ANNUAL RENEWAL DATE:

### 1. This is your medical home for the next 12 months.

- You will receive your care at this clinic for the next year.
- You can change your medical home clinic for any reason within the first 30 days of enrollment, or when you renew (See #4).
- You will receive a MHLA ID Card and Handbook in 2-4 weeks.

### 2. MHLA is not insurance; you are still considered uninsured.

- You may also need to apply for other programs like Medi-Cal to pay for certain medical services.
- MHLA only covers services in LA County. MHLA does not cover emergency services outside of LA County.
- If you have an emergency, go to an LA County hospital if possible.



### 3. MHLA Member Services is available to help you.

- Member Services hours are 7:30am to 5:30pm Monday through Friday.
- **Member Services Phone (844) 744-6452.**
- If you have questions about MHLA, Member Services is here to help you!

### 4. Remember to renew annually!

- You must renew your participation in the MHLA program every year.
- You will receive a letter in the mail 90 days before your MHLA eligibility expires.
- Call to make an appointment to renew as soon as you receive the notice.

