

January 28, 2022

LA County Health Services is proud to share Community Connects, a newsletter to share helpful information to our valued partners in the community. As you work to protect our diverse and most highly impacted communities from COVID-19, we will regularly provide you with updates, information and resources.

We appreciate your continued partnership and efforts!

COVID-19 UPDATES: VACCINE AND TESTING

Stay safe by getting your COVID-19 vaccine or booster. If you have symptoms or have been exposed to COVID-19 get tested. *Note: All testing options for LA County testing sites are PCR tests.* Find a site near you: <u>Vaccinate LA County</u> <u>Testing in LA County</u>

NEW: Social Media Graphics Available HERE

NEW SITES - LA COUNTY PICK UP TESTING KIT



LA County is developing more <u>testing programs</u> with the Department of Health Services to increase capacity at testing sites.

Pick-Up Testing Kit Program: LA County residents can pick up a PCR test kit at Pick-Up testing sites across LA County. **New sites at LA County Libraries have been added**. Pick-up kits are now available at some LA County libraries and more will be added soon. To learn more, click <u>here</u>.

REGISTER HERE

LET'S GET OUR KIDDOS VACCINATED!

How to ease kids' nervous about getting vaccinated.

Omicron is sendina more children to the



hospital. Help your kids get over their vaccine jitters with these tips.

Some tips: Listen closely and clear up any confusion about what your child may have heard about the COVID-19 vaccine, whether true or untrue.

CLICK HERE FOR MORE TIPS



GET FREE COVID-19 TESTS

The federal government is providing 4 free at-home COVID-19 tests every home in the U.S. The tests are completely free and can be now ordered <u>here</u>. Orders typically ship in 7-12 days. Click the banner to place your order.

GET FREE AT-HOME COVID-19 TESTS!

Residential households in the U.S. can order one set of 4 free at-home tests from COVIDtests.gov. ORDER



Pick-Up Testing Kit Information

FREE N95 MASKS AVAILABLE FOR PICK UP AT LOCAL PHARMACIES AND COMMUNITY HEALTH CENTERS



Wearing a mask is a critical way to prevent the spread of COVID-19. <u>Masks and respirators</u>, when worn consistently and correctly, are effective at reducing the transmission of the virus that causes COVID-19. The Biden Administration is **making available 400 million N95 masks** from the Strategic National Stockpile for free to the public. Free N95 masks are available to pick up at <u>local</u> <u>pharmacies</u> and community health center sites across the country. Every person is allowed up to 3 free masks pending availability.

Learn More

RECOVER LA

Easy to use online resource app from LA

County Substance Abuse Prevention & Control to access Substance Use Disorder Prevention and Treatment. Use the app to find:

- SUD Information
- A Treatment Provider
- Legal Support
- Information on staying safe and helping others

Substance Abuse Service Helpline

1-844-804-7500



A Los Angeles County Guide to Substance Use Disorder Prevention and Treatment Resources



RECOVER LA

24/7 ONLINE MENTAL HEALTH SUPPORT FROM LA COUNTY DEPARTMENT OF MENTAL HEALTH



Mental Health Support for LA County

Get online mental health support 24/7 with on-demand coaching, lessons and more brought to you by the Los Angeles County Department of Mental Health.

Sign up at lacounty.iprevail.com



LA County Department of Mental Health is thrilled to announce a partnership with Prevail Health to offer EREE iPrevail subscriptions to all LA County residents! TOTAL HOALT TO ONOT TALE II TOTAL SUBSCIPTIONS TO ALL A OUTRY TOSIDONS:

With iPrevail, you'll have access to 24/7 online mental health support with on-demand peer coaching, mental health programs, community support groups & more. Make your wellbeing a priority – visit <u>https://lacounty.iprevail.com/</u> to learn more and get started!

HELP APPLYING FOR AID AND OTHER RESOURCES FOR LA AREA RESIDENTS

