



- Affirming space for routine screenings
- Puberty suppression for transgender and nonbinary youth
- Coordination with mental health providers
- Surgical options

For more Information, call (844)-804-0055 or visit us at Health Service

#### COVID-19 UPDATES: HOLIDAY SAFETY MESSAGE



**Get tested for COVID-19 before joining others this holiday.** This extra layer of precaution is a good idea if you are gathering with people who are at high risk of severe illness from COVID, especially if you or others at the gathering are not fully vaccinated or have been in crowded indoor places in the past two weeks.

Click on the image for more ideas on how to reduce your risk of COVID-19 while celebrating with family and/or friends. **Find a testing site near you, [covid19.lacounty.gov/testing](https://covid19.lacounty.gov/testing).**

For vaccine information, visit [VaccinateLACounty.com](https://VaccinateLACounty.com)

#### ONE DEGREE - COMMUNITY RESOURCES NEAR YOU



With the holiday season, LA County Department of Health Services would like to highlight One Degree as a valuable resource for your local community.

**Find over 26,000 free, up-to-date empowering resources on food, housing, childcare, immigration, and more.**

Visit [1degree.org](https://1degree.org) to find resources you can share with community members family and friends.

#### GET BACK TO CARE



#### November is Diabetes Awareness Month.

As we continue to recover from COVID-19 Health Services wants to encourage LA County residents to get back to care. Call your doctor to schedule an appointment. If you need help finding a doctor, call 2-1-1 or visit Health Services to find a doctor.

Get back to care at Health Services, [click here](#).

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## LA TIMES HIGHLIGHTS LA COUNTY HEALTH SERVICES LEGAL CLINICS



**At this L.A. County health center, a lawyer is just what the doctor ordered**

Attorney Sheyda Joolharzadeh, left, and paralegal Alejandra Patlán, center, provide legal services to Olga Sanchez at the legal aid clinic located inside Martin Luther King Jr. Outpatient Center.

[Read more](#)

LA County Health Services offers its patients free legal help on evictions, access to public benefits, unemployment and more. Learn more: [Medical Legal Partnerships](#)

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## DHS UPDATES: MOBILE TESTING FLYERS



COVID-19 mobile testing units are available in your community, in addition to regular sites.

Customize testing flyers for your area, [click here](#) for more details.

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## LA COUNTY HELPFUL RESOURCES:

- [Community Vaccine Resource Page](#)
- [COVID-19 Testing](#)
- [Vaccine Locator Tool](#)
- [COVID-19 Resources for Parents and Guardians](#) (Spanish: [ph.lacounty.gov/covidinfopadres](http://ph.lacounty.gov/covidinfopadres))
- [Holiday Guidance](#)

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## Los Angeles County Health Services

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