# LA COUNTY DEPT OF HEALTH SERVICES MEDICAL HUBS

Source: https://dhs.lacounty.gov/medical-hubs/our-services/home/

### WHAT ARE THE MEDICAL HUBS?

The LA County Medical Hub Clinics provide health care services for children and youth who are involved with the Dept. of Children and Family Services (DCFS). The success of your personal health partly depends on how involved and knowledgeable you are of your own medical history. Medical Hubs allow you to take that first step towards good health and offers extensive medical exams such as:



### **INITIAL MEDICAL EXAM**

Placed into out-of-home care? This exam is for you! It includes: health/ developmental history info gathering, a physical exam, body measurements, a nutritional assessment, vision + hearing screening, dental screening, immunizations, lab tests, health education, a brief mental health screening and linkage to community mental health service providers, as needed.

### **FORENSIC EXAM**

If providers suspect that you may have experienced abuse or neglect you may get referred for this exam. It is conducted by a medical provider with specialized training and may include: obtaining medical history and info related to the alleged abuse or neglect, a full physical examination, collection of evidence, including photo documentation, treatment for any injuries, x-rays and other tests as needed.

### WHAT OTHER SERVICES DO THE HUBS PROVIDE?

- Adolescent Care and Transition (ACT) and <u>Alexis Project</u> Clinics (LAC+USC)
  - Includes LGBTQ services and contraceptive care; see more below
- FASD Clinic (LAC+USC)
  - full services for Fetal Alcohol Spectrum Disorder
- Extended Hours (E-CARE)(LAC+USC)
  - provides sick visits and medical clearances
  - walk-ins are accepted
- Trauma-informed medical exams for survivors of sexual assault and exploitation
- Sexual and reproductive health services
- Mental health screenings and linkages to community mental health services
- Interested in another specialty service not listed here? Just ask your provider!



# WHAT ARE THE ACT & ALEXIS PROJECT?

The ACT & Alexis Project are comprehensive medical clinics for children and youth with chronic medical illnesses who are transitioning into adult care, queer youth, and gender-affirming care for transgender/gender-nonconforming youth. The clinics provide primary medical care for infants/children, pregnant/parenting teens, LGBTQ youth and young adults, transgender/gender-nonconforming youth, and young adults with chronic medical illness. They provide comprehensive health services, mental health services, case management, and contraception counseling. Call for more information (323)409-3233.

# **FAQS:**

# **CAN I RECEIVE MENTAL HEALTH SERVICES AT THE HUBS?**

Initial mental health screenings are conducted by a mental health professional. Based on initial screening results and the specific Hub location, patients can be seen for ongoing mental health services or referred to other DMH or community-based mental health providers.



# **CAN I CHOOSE A FEMALE-IDENTIFIED PROVIDER?**

Yes! You may need to wait longer if you request certain specifics for providers. Please request when you are making an appointment.

# ARE THERE OPTIONS FOR SAME DAY APPOINTMENTS?

It depends on what the appointment is for. Call the Hub to ask if a same day appointment is available. The LAC+USC Hub provides extended hour (E-Care) appointments for same day service from 6-10pm M-Fri and 10am-4pm Sat-Sun.

# **AGING OUT OF FOSTER CARE?**

You are considered a pediatric patient from birth to 18. If you are a non-minor dependent you can continue receiving services until 21. If you age out and are no longer DCFS-involved you can be seen at the Hub's affiliated medical facility with Medi-Cal, but not at the Hubs. Medical Hubs only see pediatric patients, however, you can receive Medi-Cal until age 26. If you receive services at the ACT or Alexis Clinics you can continue seeing them after you age out! For more information about clinics, call the DHS Access line at (844) 804-0055 or connect with your CSW.

# **CAN I RECEIVE DENTAL SERVICES AT THE HUB?**

Dental services are not currently provided at the Hubs, but several Hubs have dental care in their affiliated medical facility. Please ask your provider or CSW for dental information, Denti-Cal, and a list of Denti-Cal providers!



# **HUB DIRECTORY**

Directions, parking information, phone numbers, and building maps for the 7 Medical Hub Clinics in LA County can be found by clicking on the Hub name. The locations are:

- Children's Hospital Foster Hub Clinic (Los Angeles)
- East San Gabriel Valley Clinic (El Monte)
- Harbor-UCLA Medical Center (Torrance)
- <u>High Desert Regional Health Center</u> (Lancaster)
- Olive View-UCLA Medical Center (Sylmar)

- MLK Outpatient Center (South L.A.)
- LAC+USC Medical Center (Boyle Heights)
  - houses the Fetal Alcohol Spectrum Disorder
    (FASD) clinic, ACT & Alexis Project clinics, and
    Extended Care (E-Care)