



Mental Health is important to overall health.
**YOUR WELL-BEING IS OUR
 PRIORITY**

Mental health services are available to support your child/youth and family.

For more information call
DMH Helpline at (800) 854-7771

Press 1 to reach the ACCESS line for mental health information, referrals and crisis response.

or visit

www.dmh.lacounty.gov



LOS ANGELES COUNTY
**DEPARTMENT OF
 MENTAL HEALTH**
 hope. recovery. wellbeing.

To inquire about Mental Health Services:

- Call or walk into a mental health clinic
- During a Child and Family Team (CFT) meeting
- Contact your Foster Family Agency (FFA) social worker
- Contact your child's school teacher or counselor
- Contact your child's medical doctor/pediatrician
- Contact DMH Co-located staff
- Contact your Children's Social Worker (CSW) at DCFS
- Call DMH Helpline at (800) 854-7771 and press 1 for the ACCESS line.

If your child/youth is in crisis and needs help right away

- **Call DMH Helpline at (800) 854-7771 and press 1 for the ACCESS line and crisis response. Toll-Free, 24/7.**
- **Didi Hirsch Suicide Hotline (800) 273-8255**

For Life Threatening Emergencies
Dial 9-1-1

Other resources:

- Child Protection Hotline (800) 540-4000
- Domestic Violence/Safety Plan Hotline (800) 978-3600
- Elder Abuse Hotline (800) 992-1660
- Community information and referrals call line 2-1-1