



Sending a Picture to Your Provider Using the MyWellness Patient Portal - A Patient's Guide



1. Under the menu on the left, click on Messaging



2. Click on Inbox

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	DHS.LACOUNTY.GOV	
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	⊞ Trash	

3. Click Send a message



4. Enter the name of the provider or clinic where you would like to send the picture. If needed, check with your nurse or doctor to find out the exact name to use here

* То	
Select a recipient	

5. Enter in the subject of the message (example: Left Leg Wound Picture)

* Subject

6. Click on Choose File

Attachments	Maximum file size is 10MB
Choose File Add another a	ttachment

7. Click on the file from your computer, then click **Open**

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> This PC > Documents > Pictures	~ Ō	Search Pictures		٩
v folder		-		?
Camera Roll Saved Pictures Left Leg Wound picture Teams example.tmp				
File name: Left Leg Wound picture	~	Custom Files		\sim
		Open	Cancel	

8. You will see that it is now attached



9. Write in a message, then click **Send**. You have sent a picture using the portal!

