



Self-Enrollment to the MyWellness Patient Portal -A Patient's Guide



Step 1: Go to http://dhs.lacounty.gov/mywellness

Step 2: click "Enroll Now"

Home » Welcome to the MyWellness Patient Portal	
MyWellness An immediate and safe way to communicate with your medical team, view your labs, access your health record, and manage your appointments and medications. Login Here Login Here Enroll Now 	

<u>Step 3:</u> You need the following information to enroll:

- Your First and Last Name
- Your Date of Birth (Must be 18 and older)
- Your Medical Record Number (MRN) OR the email address that is listed in your medical record

* Date of birth				
Month	Day	Year		
Select V				
Enter the year as 4 digi	ts.			
* How would you lil	e to verify v	our account?		
- How would you in	e to verify y	Personal identifie	er(s) Email address	
		-		
Medical Record Nu	mber (MRN)			
Your Medical Record N	umber (MRN) i	is your unique identifier that f	the Department of Health Services has personally assigned to yo	ur
	ur MRN on a pa	ast visit summary, prescriptic	ion bottle, and/or appointment letter. If you need help finding your	MRN,
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I'm not a ro	on bot	0		

<u>Step 4(A):</u> <u>If you used your Medical Record Number (MRN):</u> Upon successful patient match, a "Patient Match Found" message appears when the account is verified. Check off both boxes to confirm identity and agree to Terms of use. Then, click on "Next, Create Your Account".



<u>Step 4(B): If you used your email address:</u> Upon successful patient match, the system sends a six-digit verification code to the email address used for verification.



** Check your email for the notification that has this code. Return to the verification page or click the link within the email. Enter this code in the **"*Verification Code"** field. (**Note:** E-mail will be from: "MyWellness" <u>noreply@ighealth.com</u>).



<u>Step 5:</u> If the account selection screen appears, go to "I Need an Account" and enter an email address that you have access to and click "Sign Up". If this does appear, skip to Step 6.

***Note: If you need help creating a new email address, skip to Step 7.

Health Services of Los Angles of County of Los Angles	vices out to th
I Already Have an Account Sign into Los Angeles County - Dept. of Health Services with your Cerner Health account.	I Need an Account Don't have a <i>Cerner Health</i> account? Enter your email address to get started.
	Email address
Password	Size Lip
Sign In Forgot Password?	sign up

<u>Step 6:</u> Fill in the additional information to complete the **"Create an Account"** fields. Create username, password, and security questions on this screen. Click on the green **"Create Account"** button. Once you do this, you will automatically be logged into the MyWellness Patient Portal.

Create an Account	Secure realin identity provided by.
All fields are required.	😂 CernerHealth
First name	Cerner Health uses a secure log in and password to access
BRENDA	information about your health. If you don't own or control the computer
Last name	information.
ZZZZTEST	
Email address	
xxxx@dhs.lacounty.gov	
Re-enter email address	
Date of birth	
Month Day Year	
October • 10 1975	
Enter the year as 4 digits.	
Gender	
Female	
Username	
Password	
Passwords must be at least eight (8) characters long.	
Re-enter password	
Security question	
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Security answer	

If you have a mobile device, you can download the *HealtheLife* mobile app <u>after</u> signing up for an account. The app is available for both iOS and Android/ Google:

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	HealtheLife			≽ Google Play	Search			٩	
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Under "Search for Organization", be sure to select "Los Angeles County Department of Health Services".



Note: If you prefer Spanish, you must select Spanish as your preferred language on the website. Log out and re-log into the mobile app for the language preference to be applied.

Remember:

- It is best for you to use your own personal device to check email and complete the enrollment process.
- You must be age 18 and older to self-enroll. If you are a parent/guardian or caregiver and would like to manage the health of a patient, you will need to request an invitation from the registration team, nurse or provider at your site of care.

- If you are already registered for MyWellness, please use the following link to log into the MyWellness portal: <u>Log into MyWellness</u>. Click on the "Forgot password?" link to help reset your password and access your account.
- If you are unable to self-enroll, contact your site of care and ask them to send you an invitation to join the portal.

<u>Step 7:</u> If you need help creating a new email account, please follow the steps below:

A. Use an internet browser (Safari, Internet Explorer, Firefox) to go to the internet.



B. Type in <u>www.gmail.com</u> in the address bar.

C M www.gmail.com

• This will take you to a sign-in page. Click "Create account"

Google Sign in to continue to Gmail
Email or phone
Not your computer? Use Private Browsing windows to sign in. Learn more
Create account Next

C. Fill in your first and last name and create a username and password.

continue to Gmai	
First name MWPP	DHS
Usemame - DHSMWPP2021	× @gmail.com
You can use letters, num	bers & periods
You can use letters, numi vailable: orchidmwpp Password	cerner241 mwpporchid

Creating a Username

- Your username must have 6-30 characters. Characters can be letters, numbers, or a period (.)
- Email usernames can be a mix of your first and last name, nickname, and favorite number. For example, Lakersfan69 or S.Peterson2

Creating a password

- Your password must have at least 8 characters. Characters can be letters, numbers, and symbols, such as !, \$ or &.
- Passwords are case-sensitive, meaning it is important to remember which letters are upper case letters. For example, Password and password have the same letters, but are capitalized differently.

It is easy to forget your username and password, so write it down in a safe place as soon as you have successfully created your account.

D. After creating your account, fill in security details.

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January February March April May June July August September October	Day 26	Year 1969	*

If you forget your password, you can use personal information to confirm your identity. You must fill in your birthdate and gender, but other things, such as phone number or recovery email address, others are optional, so you don't have to share if you don't want to.

• Click on this symbol- to see a list of options to choose from. If you don't see the symbol, type your answer in the box.

E. Read through the Privacy and Terms of Service.

Google
Privacy and Terms
To create a Google Account, you'll need to agree to the Terms of Service below. In addition, when you create an account, we process your information as described in our Privacy Policy, including these key points:
Data we process when you use Google
 When you set up a Google Account, we store information you give us like your name, email address, and telephone number. When you use Google services to do things like write a message in Gmail or comment on a YouTube video, we store the information you create. When you search for a restaurant on Google Maps or watch a video on YouTube, for example, we process information about that activity - including information like the video you watched, device IDs, IP addresses, cookie data, and location.
MORE OPTIONS 🗸
Cancel

- This information explains the terms and conditions of using their email service.
- If you agree and want to finish creating your new email account, click on "I agree"

Congratulations!! You have successfully created an email account. Return to Step #5 to complete your MyWellness Enrollment.