



Health Services
LOS ANGELES COUNTY

Welcome to My Health LA


These Services Are Free to You:



IMPORTANT PHONE NUMBERS



MHLA Member Services:	844-744-6452	Smoking Cessation Program:	800-NO-BUTTS
Medications - Call to Find a Pharmacy:	855-444-7757	Substance Abuse Services:	844-804-7500
Mental Health Services:	800-854-7771	Immigration Information:	800-593-8222

 California Relay Services [CRS]: TTY/VCO/HCO to voice, dial 711 or 800-735-2929 for English or 800-855-3000 for Spanish

Your Medical Home Clinic: _____

**My Health LA Website: <http://dhs.lacounty.gov/MHLA>
Click on the blue tab, "For MHLA Participants"**