



**Health Services**  
LOS ANGELES COUNTY

## EMPLOYEE HEALTH SERVICES

# NON-COUNTY ANNUAL HEALTH SCREENING INSTRUCTIONS

You are required to obtain a health clearance annually. Health screening clearance must be completed each year the same month as your last tuberculosis (TB) screening date. For example, if your last TB screening was completed on June 15, 2020, you must obtain the next health clearance by June 30, 2021. This packet includes health screening forms and questionnaires that should be completed by you and your physician or a licensed health care professional prior to your visit to EHS for your health clearance. **Completed E2s forms can be submitted to EHS on the day or your appointment/visit or via email.** This packet contains the following forms/questionnaires:

- ✓ **E2 Annual Health Screening**– This form contains health questionnaire and tuberculosis screening. Annual influenza vaccine status must be documented as either received or declined. If declining, you will need to wear a mask during the influenza season while in the facility.
- ✓ **K-NC** – This form is a declination to receiving vaccines.
- ✓ **N-NC** – This form is used for a N95 respirator fit test to be completed by your PLHCP. If your job assignment requires a N95 respirator, you must be fit tested for the N95 respirator. If your job assignment involves Airborne Infection Isolation Rooms (AIIR), you will need to be fit tested. If your job assignment does not involve AIIR, you will not need to complete this form or the questionnaire below (Form P-NC).
  - **P-NC** – This form is an Aerosol Transmissible Disease Respirator Medical Evaluation Questionnaire. You must complete this questionnaire and submit to your PLHCP **prior** to the respirator fit test.
 

**\*\*NOTE\*\*:** N95 respirator is the most commonly used respirator in DHS facility, however, if you need a respirator greater than a N95 (such as full-face respirator), you must complete the Respirator Medical Evaluation Questionnaire (Form O-NC) and submit to your PLHCP prior to fit test. Form O-NC is available on EHS link at [www.dhs.lacounty.gov](http://www.dhs.lacounty.gov) .

Once you have been cleared by EHS, you will be given an annual health clearance certificate. If you have any questions, please contact the facility EHS.

Sincerely,

EMPLOYEE HEALTH SERVICES



**Health Services**  
LOS ANGELES COUNTY

# EMPLOYEE HEALTH SERVICES ANNUAL HEALTH QUESTIONNAIRE AND SCREENING



See **GENERAL INSTRUCTIONS** on last page

## FOR NON-DHS/NON-COUNTY WFM

LAST NAME:		FIRST, MIDDLE NAME:	BIRTHDATE:	E or C#:
E-MAIL ADDRESS:		HOME/CELL PHONE#:	DHS FACILITY:	DEPT/WORK AREA/UNIT:
JOB CLASSIFICATION:	NAME OF SCHOOL/EMPLOYER/AGENCY/SELF:		AGENCY CONTACT PERSON	AGENCY PHONE:

In accordance with Los Angeles County, Department of Health Services policy 705.001, Title 22, and CDC guidelines all contactors/students/volunteers working at the health facilities must be screened for communicable diseases annually. This form must be signed by a healthcare provider attesting all information is true and accurate OR workforce member may supply all required source documents to DHS Employee Health Services.

### MEDICAL HISTORY UPDATE - Check any of the following conditions you have had since your last health evaluation.

**Allergies:** ☐ No Known Allergies ☐ Yes

<input type="checkbox"/> No <input type="checkbox"/> Yes Chest pains	<input type="checkbox"/> No <input type="checkbox"/> Yes Skin problem/rash
<input type="checkbox"/> No <input type="checkbox"/> Yes Elevated blood pressure	<input type="checkbox"/> No <input type="checkbox"/> Yes Exposure to communicable disease:
<input type="checkbox"/> No <input type="checkbox"/> Yes Dizziness or fainting spells	
<input type="checkbox"/> No <input type="checkbox"/> Yes Problems with mobility	<input type="checkbox"/> No <input type="checkbox"/> Yes Any surgery: _____
<input type="checkbox"/> No <input type="checkbox"/> Yes Backache	<input type="checkbox"/> No <input type="checkbox"/> Yes Other: _____
<input type="checkbox"/> No <input type="checkbox"/> Yes Bone or joint injury	<b>FOOD HANDLERS ONLY:</b>
<input type="checkbox"/> No <input type="checkbox"/> Yes Tingling, numbness, pain in hands, wrists, elbows, or shoulders	<input type="checkbox"/> No <input type="checkbox"/> Yes Change in bowel habits
	<input type="checkbox"/> No <input type="checkbox"/> Yes Stomach or abdominal pain

### TUBERCULOSIS SYMPTOM REVIEW - Complete below to the following conditions that you have had since your last health evaluation.

<input type="checkbox"/> No <input type="checkbox"/> Yes Cough lasting more than 3 weeks	<input type="checkbox"/> No <input type="checkbox"/> Yes Excessive fatigue/malaise
<input type="checkbox"/> No <input type="checkbox"/> Yes Coughing up blood	<input type="checkbox"/> No <input type="checkbox"/> Yes Recent unprotected close contact with a person with TB
<input type="checkbox"/> No <input type="checkbox"/> Yes Unexplained/unintended weight loss (> 5 LBS)	
<input type="checkbox"/> No <input type="checkbox"/> Yes Night sweats (not related to menopause)	<input type="checkbox"/> No <input type="checkbox"/> Yes A history of immune dysfunction or are you receiving chemotherapeutic or immunosuppressant agents
<input type="checkbox"/> No <input type="checkbox"/> Yes Fever/chills	
<input type="checkbox"/> No <input type="checkbox"/> Yes Excessive sputum	

### ANNUAL INFLUENZA STATUS - if declining, you must wear a mask starting November 1<sup>st</sup> (Season is typically from July-April)

Date Received:	Facility Received at:	<b>OR</b>	Date Declined:	Reason for declination: <small>Note: Must wear mask during respiratory virus season.</small>
				Medical Contraindication Religious belief system Other: _____

### COVID-19 Vaccine (Provide Copy)

2023-2024 COVID-19 Vaccination (most current formula)	Date Received	Manufacturer	Lot	<b>OR</b>	Date Declined:	Reason for declination: <small>Note: Must wear mask during respiratory virus season.</small>
						Medical Contraindication Religious belief system Other: _____

### COMMENTS

The answers to the questions contained in this questionnaire are to the best of my knowledge. I understand that this annual health questionnaire does not take the place of regular visits to a personal, primary care physician.

Workforce Member Signature: \_\_\_\_\_ Date: \_\_\_\_\_

LAST NAME	FIRST, MIDDLE NAME	BIRTHDATE	E or C No.
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**TUBERCULOSIS HISTORY/SCREENING** (must be < 12 months from annual date)

<input type="checkbox"/> Positive TB Symptom Review with Clinical Evaluation <input type="checkbox"/> Sent for CXR: _____ (Date) <b>Results</b> _____ Remove from duty <input type="checkbox"/> No <input type="checkbox"/> Yes _____ (Date)	Document of Positive History of BCG History of TB/LTBI Tx <b>Treatment</b> _____ X _____ months	<input type="checkbox"/> TST or <input type="checkbox"/> BAMT/IGRA <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Yes
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**TUBERCULIN SKIN TEST RECORD**

0.1 ml of 5 tuberculin units (TU) purified protein derivative (PPD) antigen intradermal

**STATUS**

DATED PLACED	STEP	MANUFACTURER	LOT #	EXP	SITE	*ADM BY (INITIALS)	DATE READ	*READ BY (INITIALS)	RESULT	Indicate: - Reactor - Non-Reactor - Converter
	ANNUAL								mm	

**OR**

DATE DRAWN	BAMT / IGRA	DATE RESULTED	(INITIALS)	RESULT	STATUS
	<input type="checkbox"/> GFT-Plus OR <input type="checkbox"/> T-SPOT				

NEW CONVERSION	CXR DATE	RESULT	TREATMENT
<input type="checkbox"/> Latent TB Infection <input type="checkbox"/> ACTIVE DISEASE- must remove from duty			<input type="checkbox"/> NO <input type="checkbox"/> YES DATE STARTED TREATMENT: _____

**RESPIRATORY FIT TESTING** (Must be < 12 months from annual date)

<b>Date:</b>	<b>Passed on:</b> <input type="checkbox"/> N95 Honeywell DF300 Standard <input type="checkbox"/> N95 Halyard 46827/76827 Small <input type="checkbox"/> N95 Halyard 46727/76727 Regular <input type="checkbox"/> Maxair PAPR 700 <input type="checkbox"/> Maxair CAPR DLC36 <input type="checkbox"/> N/A (Job duty does not involve airborne precautions or require a respirator.)
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**EDUCATION/REFERRAL INFORMATION**

<input type="checkbox"/> Reviewed immunization history and declination status. <input type="checkbox"/> Referred to primary care provider for treatment: _____ Referred to EHS Provider for positive findings: _____	Recommended annual exam with primary care provider.
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**COMMENTS:****FOR HEALTHCARE PROVIDER:**☐ I attest that all dates and immunizations listed above are correct and accurate.

Date:	Physician or Licensed Healthcare Professional Signature:	Print Name:
Facility Name/Address:		Phone #:

**OR****FOR WORKFORCE MEMBER:**☐ Required source documents attached.

Workforce Member Signature:	Date:
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**DHS-EHS STAFF ONLY**

<input type="checkbox"/> WFM completed annual health screening.	Date of clearance:
Signature :	Print Name: Today's Date:

LAST NAME	FIRST, MIDDLE NAME	BIRTHDATE	E or C No.
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 **GENERAL INFORMATION**

Workforce member (WFM) must complete health screening annually **by the end of the month of last health screening**. Annual health surveillance shall be performed to ascertain that WFM is free from infectious disease and is able to perform their assigned duties.

The health screening consists of:

1. Annual health questionnaire
2. Tuberculosis surveillance
3. Respiratory Fit Testing, if needed
4. Review of immunizations and provide recommended immunizations as needed, or obtain declination forms for declined immunizations

**Annual health screening will be provided to County workforce members and volunteers at no charge.** Non-County WFM and students must obtain health screening from their physician or school, as applicable; and provide DHS Employee Health Services (EHS) a health screening clearance certificate (**E2- Annual Health Questionnaire and Screening**) including supporting documentation(s) as applicable. Consent must be obtained from minor's parent or legal responsible person to obtain health records. Health screening for contract staff will be provided in accordance with the terms of the contract. Fees and costs for these services shall be billed to the contractor as appropriate.

**No person will be allowed to work inside County medical facility without documentation of health clearance or required health screening.**

This form and its attachment(s), if any, such as medical records shall be maintained and filed at non-County WFM School/Employer. The School/Employer shall verify completeness of DHS-EHS form(s) and ensure confidentiality of non-County WFM health information.

Upon request by DHS-EHS, the non-County WFM School/Employer shall have this form and its attachment(s) readily available within four (4) hours as applicable.

All non-DHS/non-County WFM health records are confidential in accordance with federal, state and regulatory requirements.

DHS-EHS will obtain the workforce member's written authorization before using or disclosing health information, include to self, unless the disclosure is required by State or Federal law such as to a public health authority or governmental regulatory agency.

**Workforce members have the right to access their medical records and obtain a copy, thereof, within fifteen (15) days after the request.**

The Genetic Information Nondiscrimination Act of 2008 (GINA) prohibits employers and other entities covered by GINA Title II from requesting or requiring genetic information of an individual or family member of the individual, except as specifically allowed by this law. To comply with this law, we are asking that you not provide any genetic information when responding to this request for medical information. "Genetic information," as defined by GINA, includes an individual's family medical history, the results of an individual's family member's genetic tests, the fact that an individual or an individual's family member sought or received genetic services, and genetic information of a fetus carried by an individual or an individual's family member or an embryo lawfully held by an individual or family member receiving assistive reproductive services. 29 C.F.R. Part 1635



**Health Services**  
LOS ANGELES COUNTY

# EMPLOYEE HEALTH SERVICES DECLINATION FORM

## FOR DHS WORKFORCE MEMBER

LAST NAME	FIRST, MIDDLE NAME	BIRTHDATE	E# or C#.
JOB CLASSIFICATION		DHS FACILITY	
DEPT/DIVISION		E-MAIL ADDRESS	
IF C# NAME OF AGENCY/SCHOOL/EMPLOYER		IF C# CONTACT PHONE # OF AGENCY/SCHOOL/EMPLOYER	

Please check in the section(s) as apply AND indicate reason for the declination.

### I. ☐ 8 CCR §5199. Appendix C1 - Vaccination Declination Statement

Check as apply: ☐ Measles ☐ Mumps ☐ Rubella ☐ Varicella

I understand that due to my occupational exposure to aerosol transmissible diseases (ATD), I may be at risk of acquiring infection as indicated above. I have been given the opportunity to be vaccinated against this disease or pathogen at no charge to me. If not immune, I must be immunized (unless medically contraindicated) or risk being restricted from areas of the health facility. I understand that by declining the vaccine(s) if medically contraindicated, I continue to be at risk of acquiring the above infection(s), a serious disease. If in the future I continue to have occupational exposure to ATD and want to be vaccinated, I can receive the vaccination(s) from DHS-Employee Health Services (EHS) at no charge to me if a DHS employee. If non-employee, vaccinations is the responsibility of your Agency/School /Employer. DHS will provide services in accordance with terms of contract/agreement.

Reason for declination: \_\_\_\_\_

### II. ☐ 8 CCR §5193. Appendix C1 - Vaccination Declination Statement

☐ Tdap/Td Reason for declination: \_\_\_\_\_

☐ Seasonal Influenza: I am aware that I will be required to wear a surgical mask during the respiratory virus season.

Reason for declination (check as apply):

- ☐ I believe I will get the influenza if I get the vaccine
 ☐ I do not like needles  
☐ I have medical contraindication to vaccine
 ☐ My philosophical or religious beliefs prohibit vaccination  
☐ I have history of Guillain-Barré syndrome within 6 weeks after previous vaccine
 ☐ Other: \_\_\_\_\_

☐ COVID Vaccine: I am aware that I will be required to wear a surgical mask during the respiratory virus season.

Reason for declination (check as apply):

- ☐ I have medical contraindication to vaccine
 ☐ My philosophical or religious beliefs prohibit vaccination  
☐ Other: \_\_\_\_\_

### III. ☐ 8 CCR §5193. Appendix A - Hepatitis B Vaccine Declination

I understand that due to my occupational exposure to blood or other potentially infectious material (OPIM), I may be at risk of acquiring Hepatitis B virus (HBV) infection. I have been given the opportunity to be vaccinated with Hepatitis B vaccine, at no charge to me. However, I decline Hepatitis B vaccination at this time. I understand that by declining this vaccine, I continue to be at risk of acquiring Hepatitis B, a serious disease. If in the future I continue to have occupational exposure to blood or OPIM and I want to be vaccinated with Hepatitis B vaccine, I can receive the vaccination series from DHS-EHS at no charge to me if a DHS employee. If non-employee, vaccinations is the responsibility of your Agency/School /Employer. DHS will provide services in accordance with terms of contract/agreement.

Reason for declination: \_\_\_\_\_

LAST NAME:	FIRST, MIDDLE NAME:	BIRTHDATE:	EMPLOYEE NO.:
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**IV. ☐ Specialty Asbestos Surveillance Declination**

I understand that due to my occupational exposure to asbestos at a combined total of 30 or more days a year warrant medical surveillance. I am eligible and have been given the opportunity to enroll in the Medical Surveillance Program. This will enable me to receive specific initial, periodic and exit medical examinations for the hazard identified above, at no charge to me and at a reasonable time and place.

However, I decline to be enrolled in this program at this time. I understand that by declining this strongly recommended enrollment, I will not be medically monitored for occupational exposure to this hazard. I also understand that if in the future I continue to have occupational exposure to the hazard identified above and I want to be enrolled in the Medical Surveillance Program, I can do so at any time at no charge to me if a DHS employee. If non-employee, surveillance is the responsibility of your Agency/School/Employer. DHS will provide services in accordance with terms of contract/agreement.

**Reason for declination:** \_\_\_\_\_

**V. ☐ Specialty Hazardous Drug/ Anti-Neoplastic Surveillance Declination**

I am aware that handling hazardous drugs / antineoplastic may cause adverse health effects, and workforce members of reproductive capability must confirm in writing that they understand the risks of handling hazardous drugs. I understand that due to my occupational risk I am eligible and have been given the opportunity to enroll in the Medical Surveillance Program. This will enable me to receive specific initial, periodic and exit medical examinations for the hazard identified above, at no charge to me and at a reasonable time and place.

However, I decline to be enrolled in this program at this time. I understand that by declining this strongly recommended enrollment, I will not be medically monitored for occupational exposure to this hazard. I also understand that if in the future I continue to have occupational exposure to the hazard identified above and I want to be enrolled in the Medical Surveillance Program, I can do so at any time at no charge to me if a DHS employee. If non-employee, surveillance is the responsibility of your Agency/School/Employer. DHS will provide services in accordance with terms of contract/agreement.

**Reason for declination:** \_\_\_\_\_

**VI. ☐ Specialty Hearing Conservation Surveillance Declination**

I understand that due to my occupational exposure that equals or exceeds an 8-hour time-weighted average of 85 decibels warrant medical surveillance. I am eligible and have been given the opportunity to enroll in the Medical Surveillance Program. This will enable me to receive specific initial, periodic and exit medical examinations for the hazard identified above, at no charge to me and at a reasonable time and place.

However, I decline to be enrolled in this program at this time. I understand that by declining this strongly recommended enrollment, I will not be medically monitored for occupational exposure to this hazard. I also understand that if in the future I continue to have occupational exposure to the hazard identified above and I want to be enrolled in the Medical Surveillance Program, I can do so at any time at no charge to me if a DHS employee. If non-employee, surveillance is the responsibility of your Agency/School/Employer. DHS will provide services in accordance with terms of contract/agreement.

**Reason for declination:** \_\_\_\_\_

**VII. ☐ Microbiologist Only**

Meningococcal vaccine is recommended to microbiologists who are routinely exposed to isolates of *Neisseria meningitidis*. Both MenACWY and MenB should be provided and boost with MenACWY every 5 years if risk continues.

If in the future I continue to have occupational exposure risk and want to be vaccinated, I can receive the vaccination(s) from DHS-EHS at no charge to me if a DHS employee. If non-employee, vaccination is the responsibility of your Agency/School/Employer. DHS will provide services in accordance with terms of contract/agreement.

**Reason for declination:** \_\_\_\_\_

**SIGN BELOW: By signing this, I am declining as indicated on this form.**

WORKFORCE MEMBER SIGNATURE		DATE/TIME
EHS STAFF (PRINT NAME)	EHS STAFF (SIGNATURE)	DATE/TIME



## RESPIRATORY FIT TEST RECORD

GENERAL INFORMATION on last page

FOR NON-DHS/NON-COUNTY WFM

LAST NAME	FIRST, MIDDLE NAME	BIRTHDATE	E or C#:	
JOB TITLE	DHS FACILITY	DEPT/DIVISION	WORK AREA/UNIT	SHIFT
E-MAIL ADDRESS	WORK PHONE	CELL/PAGER NO	SUPERVISOR NAME	
NAME OF SCHOOL/EMPLOYER (if applicable)		PHONE NO.	CONTACT PERSON	

## RESPIRATOR, QUESTIONNAIRE, MEDICAL EVALUATION

**N95 Honeywell DF300**  
 Standard

**N95 Halyard 46827/76827**  
 Small

**N95 Halyard 46727/76727**  
 Regular

Maxair PAPR 700

Maxair CAPR DLC36

 Based on review of the respirator health questionnaire: ☐ 8 CCR §5144 (Form O-NC) OR ☐ 8 CCR §5199 (Form P-NC), this individual is:

☐ Medically approved for only the following types of respirator subject to satisfactory fit test:

☐ 1. Disposable Particulate Respirators

☐ 2. Reusable Particulate Respirator

☐ a. Half-Facepiece

☐ b. Full-Facepiece

☐ 3. Powered Air Purifying Respirators (PAPR/CAPRs) ☐ a. Loose Fitting

 Recommended time period for next questionnaire: ☐ 4 years ☐ Other \_\_\_\_\_ with justification \_\_\_\_\_

Date Completed: \_\_\_\_\_ Next Due Date: \_\_\_\_\_

List any facial fit problem conditions that apply to you (e.g., beard growth, sideburns, scars, deep wrinkles): \_\_\_\_\_

## TASTE THRESHOLD SCREENING (NO food, drink, smoke, gum X 15 minutes before testing)

Qualitative (QLFT)

OR

Quantitative (QNFT)

Modified QNFT\* (Federal Standards by OSHA)

## RESPIRATOR FIT, PRESSURE FIT CHECK, COMFORT

QLFT (Bitrex or Saccharin):	X 10	X 20	X 30	Fail	ATTEMPT #1	ATTEMPT #2	ATTEMPT #3
<b>Fit Check:</b>					<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail
<input type="checkbox"/> <b>POSITIVE</b> and/or					<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail
<input type="checkbox"/> <b>NEGATIVE</b> pressure					<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail
<b>Overall Comfort Level</b>					<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail
<b>Ability to Wear Eyeglasses</b>					<input type="checkbox"/> Pass <input type="checkbox"/> Fail <input type="checkbox"/> NA	<input type="checkbox"/> Pass <input type="checkbox"/> Fail <input type="checkbox"/> NA	<input type="checkbox"/> Pass <input type="checkbox"/> Fail <input type="checkbox"/> NA

## FIT TEST

	ATTEMPT #1	ATTEMPT #2	ATTEMPT #3
<b>Normal Breathing</b> (performed for one minute)	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail
<b>Deep Breathing</b> (performed for one minute)	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail
<b>Turning Head Side to Side*</b> (performed for one minute)	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail
<b>Moving Head Up and Down*</b> (performed for one minute)	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail
<b>Talking* – Rainbow Passage</b> (performed for one minute)	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail
<b>Bending Over*</b> (performed for one minute)	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail
<b>Normal Breathing</b> (performed for one minute)	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	<input type="checkbox"/> Pass <input type="checkbox"/> Fail

COMMENTS: \_\_\_\_\_

\*Turning head side to side, moving head up and down, talking, and bending over exercises' duration total is 2.29 minutes using the Modified QNFT.

CONTINUE ON NEXT PAGE

LAST NAME	FIRST, MIDDLE NAME	BIRTHDATE	E or C#:
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- ☐ Workforce member failed fit testing. A powered air-purifying respirator (PAPR/CAPR) must be provided to workforce member.  
☐ WFM trained on PAPR/CAPR use. ☐ N/A

☐ PASS Pre-Placement FIT Test on: \_\_\_\_\_ ☐ PASS Annual FIT Test on: \_\_\_\_\_

### ACKNOWLEDGMENT OF TEST RESULTS

I have undergone fit testing on the above respirator. I have been instructed in and understand the proper fitting, use and care of the respirator.

Workforce Member Signature: \_\_\_\_\_ Date: \_\_\_\_\_

FIT Test Trainer (Print Name): \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### DHS-EHS OFFICE STAFF ONLY

Completion of this form:	Reviewed By (Print)	Signature	Date
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### GENERAL INFORMATION

Pursuant to Title 8 of the California Code of Regulations, Sections 5144 and 5199 (8 CCR §5144 and §5199), all workforce member (WFM) who are required to use respiratory protection must be fit tested with the same make, model, style, and size of respirator to be used. Fit testing procedures for respirators must be conducted for the following:

- Initial fit test must be conducted after the WFM has passed medical evaluation and clearance.
- Newly hired/assigned workforce members who have passed medical evaluation and clearance.
- When new style of respirator face piece is to be worn by WFM.
- Annual fit test for all WFM required to wear a respirator.
- WFM reports, or the Physician or Licensed Health Care Professional (PLHCP), supervisor, or Program Administrator makes visual observations of changes in the workforce member's physical condition that could affect respirator fit. Such conditions include, but are not limited to, facial scarring, facial hair, dental changes, cosmetic surgery, or an obvious change in body weight.
- WFM must be given a reasonable opportunity to select a different respirator face piece and be re-fit tested, if required.
- If WFM is unable to be fit-tested or has failed the fit test, WFM must be provided with a powered air-purifying respirator (PAPR).

This form and its attachment(s), if any, such as medical records shall be maintained and filed at non-DHS/non-County WFM School/Employer. The School/Employer shall verify completeness of DHS-Employee Health Services (EHS) form(s) and ensure confidentiality of non-DHS/non-County WFM medical information.

Upon request by DHS-EHS, the non-DHS/non-County WFM School/Employer shall have this form and its attachment(s) readily available within four (4) hours.

All workforce member health records are confidential in accordance with federal, state and regulatory requirements.

DHS-EHS will obtain the workforce member's written authorization before using or disclosing health information, include to self, unless the disclosure is required by State or Federal law such as to a public health authority or governmental regulatory agency.

### **Workforce members have the right to access their medical records and obtain a copy, thereof, within fifteen (15) days after the request.**

The Genetic Information Nondiscrimination Act of 2008 (GINA) prohibits employers and other entities covered by GINA Title II from requesting or requiring genetic information of an individual or family member of the individual, except as specifically allowed by this law. To comply with this law, we are asking that you not provide any genetic information when responding to this request for medical information. "Genetic information," as defined by GINA, includes an individual's family medical history, the results of an individual's family member's genetic tests, the fact that an individual or an individual's family member sought or received genetic services, and genetic information of a fetus carried by an individual or an individual's family member or an embryo lawfully held by an individual or family member receiving assistive reproductive services. 29 CFR Part 1635

**ATD RESPIRATOR MEDICAL EVALUATION QUESTIONNAIRE**

GENERAL INFORMATION on last page

**Questionnaire for N95 Respirator****COMPLETE ONCE EVERY FOUR (4) YEARS OR AS NEEDED**

This Appendix is Mandatory if the Employer chooses to use a Respirator Medical Evaluation Questionnaire other than the Questionnaire in Section 5144 Appendix C (Form O-NC).

**To the PHYSICIAN OR LICENSED HEALTH CARE PROFESSIONAL:** Answers to questions in Section 1, and to question 6 in Section 2 do not require a medical examination. Workforce member must be provided with a confidential means of contacting the health care professional who will review this questionnaire.

**To the WORKFORCE MEMBER:** Can you read and understand this questionnaire (check one): ☐ Yes ☐ No

Your employer must allow you to answer this questionnaire during normal working hours, or at a time and place that is convenient to you. To maintain your confidentiality, your employer or supervisor must not look at or review your answers, and your employer must tell you how to deliver or send this questionnaire to the health care professional who will review it.

Please complete this questionnaire in PEN and present to the staff at the examination clinic. **To protect your confidentiality, it should not be given or shown to anyone else.** On the day of your appointment, you must bring a valid driver's license or other form of identification which has both your photograph and signature.

**SECTION 1**

The following information must be provided by every workforce member who has been selected to use any type of respirator.

**PLEASE PRINT LEGIBLY**

TODAY'S DATE:

LAST NAME		FIRST, MIDDLE NAME		BIRTHDATE	GENDER <input type="checkbox"/> MALE <input type="checkbox"/> FEMALE
HEIGHT FT	IN	WEIGHT LBS	JOB TITLE		E or C#:
PHONE NUMBER		Best Time to reach you?	Has your employer told you how to contact the health care professional who will review this questionnaire? <input type="checkbox"/> Yes <input type="checkbox"/> No		

Check type of respirator you will use (you can check more than one category):

☐ N, R, Or P disposal respirator (filter-mask, non-cartridge type only)

☐ Other type (specify): \_\_\_\_\_

Have you worn a respirator?

☐ Yes ☐ No

If "yes", what type:

**SECTION 2**

Questions 1 through 6 below must be answered by every workforce member who has been selected to use any type of respirator (please check "YES", "NOT SURE" or "NO").

NOT YES SURE NO	
	1. Have you ever had the following conditions?
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	a. Allergic reactions that interfere with your breathing?

CONTINUE ON NEXT PAGE

LAST NAME	FIRST, MIDDLE NAME	BIRTHDATE	E or C#:
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NOT YES SURE NO	
	If "yes," what did you react to? _____ _____
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	b. Claustrophobia (fear of closed-in places)
	<b>2. Do you currently have any of the following symptoms of pulmonary or lung illness:</b>
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	a. Shortness of breath when walking fast on level ground or walking up a slight hill or incline
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	b. Have to stop for breath when walking at your own pace on level ground
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	c. Shortness of breath that interferes with your job
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	d. Coughing that produces phlegm (thick sputum)
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	e. Coughing up blood in the last month
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	f. Wheezing that interferes with your job
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	g. Chest pain when you breath deeply
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	h. Any other symptoms that you think may be related to lung problems: _____ _____
	<b>3. Do you currently have any of the following cardiovascular or heart symptoms?</b>
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	a. Frequent pain or tightness in your chest
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	b. Pain or tightness in your chest during physical activity
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	c. Pain or tightness in your chest that interferes with your job
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	d. Any other symptoms that you think may be related to heart problems: _____ _____
	<b>4. Do you currently take medication for any of the following problems?</b>
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	a. Breathing or lung problems
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	b. Heart trouble
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	c. Nose, throat or sinuses
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	d. Are your problems under control with these medications?
	<b>5. If you've used a respirator, have you ever had any of the following problems while respirator is being used? (If you've never used a respirator, check the following space and go to question 6).</b>
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	a. Skin allergies or rashes
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	b. Anxiety
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	c. General weakness or fatigue
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	d. Any other problem that interferes with your use of a respirator
<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<b>6. Would you like to talk to the health care professional about your answers in this questionnaire?</b>
Workforce Member Signature	
Date	

The Genetic Information Nondiscrimination Act of 2008 (GINA) prohibits employers and other entities covered by GINA Title II from requesting or requiring genetic information of an individual or family member of the individual, except as specifically allowed by this law. To comply with this law, we are asking that you not provide any genetic information when responding to this request for medical information. "Genetic information," as defined by GINA, includes an individual's family medical history, the results of an individual's family member's genetic tests, the fact that an individual or an individual's family member sought or received genetic services, and genetic information of a fetus carried by an individual or an individual's family member or an embryo lawfully held by an individual or family member receiving assistive reproductive services. 29 C.F.R. Part 1635

**PHYSICIAN OR LICENSED HEALTH CARE PROFESSIONAL TO COMPLETE NEXT PAGE**

LAST NAME	FIRST, MIDDLE NAME	BIRTHDATE	E or C#:
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**FOR COMPLETION BY A PHYSICIAN OR LICENSED HEALTH CARE PROFESSIONAL  
PROVIDE A COPY OF THIS PAGE TO THE WORKFORCE MEMBER**

**Part 1: Fit Testing Recommendation – Based on Questionnaire**

- ☐ Questionnaire above reviewed.
- ☐ Medical Approval to Receive Fit Test
- ☐ Disposable Particulate Respirators (N95)
  - ☐ Reusable Particulate Respirator ☐ a. Half-Facepiece ☐ b. Full Facepiece
  - ☐ Powered Air-Purifying Respirators (PAPR/CAPRs) ☐ a. Loose Fitting

Recommended time period for next questionnaire: ☐ 4 years ☐ Other \_\_\_\_\_ with justification \_\_\_\_\_

Date Completed: \_\_\_\_\_ Next Due Date: \_\_\_\_\_

Any recommended limitations for respirator use on workforce member: \_\_\_\_\_

- ☐ The above workforce member has not been cleared to be fit tested for a respirator.
- ☐ Additional medical evaluation is needed. Physician or Licensed Health Care Professional to complete Part 2 below.
- ☐ Medically unable to use a respirator.

☐ Informed workforce member of the results of this examination.

Comments: \_\_\_\_\_

**Part 2: Additional Medical Evaluations** ☐ NOT APPLICABLE

- ☐ Medical evaluation completed.
- ☐ Medical Approval to Receive Fit Test
- ☐ Disposable Particulate Respirators (N95)
  - ☐ Reusable Particulate Respirator ☐ a. Half-Facepiece ☐ b. Full Facepiece
  - ☐ Powered Air-Purifying Respirators (PAPR/CAPRs) ☐ a. Loose Fitting

Recommended time period for next questionnaire: ☐ 4 years ☐ Other \_\_\_\_\_ with justification \_\_\_\_\_

Date Completed: \_\_\_\_\_ Next Due Date: \_\_\_\_\_

Any recommended limitations for respirator use on workforce member: \_\_\_\_\_

☐ Medically unable to use a respirator.

☐ Informed workforce member of the results of this examination.

Comments: \_\_\_\_\_

Physician or Licensed Health Care Professional Signature:	Print Name:	Date:	Time:
Facility Name/Address:			Phone No.

LAST NAME	FIRST, MIDDLE NAME	BIRTHDATE	E or C#.
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### GENERAL INFORMATION

**THIS QUESTIONNAIRE IS TO BE REVIEWED BY A PHYSICIAN OR LICENSED HEALTH CARE PROFESSIONAL.**

#### **8 CCR §5199**

Medical evaluation: DHS-EHS or non-DHS/non-County workforce member (WFM) School/Employer shall provide a medical evaluation, in accordance with 8 CCR §5144(e) of these orders, to determine the workforce member's (WFM) ability to use the respirator before the WFM is fit tested or required to use the respirator. For WFM who use respirators solely for compliance with subsections (g)(3)(A) and subsections (g)(3)(B), this alternate questionnaire may be used.

#### **8 CCR §5144(e)**

1. General. DHS-EHS or non-DHS/non-county WFM School/Employer shall provide a medical evaluation to determine the WFM's ability to use a respirator, before the WFM is fit tested or required to use the respirator in the workplace. DHS-EHS may discontinue a WFM's medical evaluations when the WFM is no longer required to use a respirator.
2. Medical evaluation procedures.
  - a. DHS-EHS or non-DHS/non-County WFM School/Employer shall identify a physician or other licensed health care professional (PLHCP) to perform medical evaluations using a medical questionnaire or an initial medical examination that obtains the same information as the medical questionnaire.
  - b. The medical evaluation shall obtain the information requested by this questionnaire in Sections 1 and 2, Part A.
3. Follow-up medical examination.
  - a. DHS-EHS or non-DHS/non-County WFM School/Employer shall ensure that a follow-up medical examination is provided for a WFM who gives a **positive response to any question among questions 1 through 8 in Section 2, Part A** of this questionnaire or whose initial medical examination demonstrates the need for a follow-up medical examination.
  - b. The follow-up medical examination shall include any medical tests, consultations, or diagnostic procedures that the PLHCP deems necessary to make a final determination.

If WFM is unable to be fit-tested or has failed the fit test, WFM must be provided with a powered air-purifying respirator (PAPR).

This form and its attachment(s), if any, such as health records shall be maintained and filed at DHS.

All workforce member health records are confidential in accordance with federal, state and regulatory requirements.

Health records will be maintained by DHS-EHS or non-DHS/non-County WFM School/Employer and kept for thirty (30) years after the workforce member's employment/assignment ends, in accordance with State and Federal medical records standards and DHS policies and procedures.

DHS-EHS will obtain the workforce member's written authorization before using or disclosing medical information, include to self, unless the disclosure is required by State or Federal law such as to a public health authority or governmental regulatory agency.

**Workforce members have the right to access their medical records and obtain a copy, thereof, within fifteen (15) days after the request.**

**A copy of the respiratory protection regulation Title 8 CCR §5144 and §5199 can be found at <http://www.dir.ca.gov/title8/5144.html> and <http://www.dir.ca.gov/Title8/5199.html>**