



# PRINCIPLES OF PPE FOR VHF

# KEY PRINCIPLES WHEN USING PPE






# TRAINED OBSERVER

**You should have a Trained Observer provide safety oversight in doffing procedures**

## **The Trained Observer:**

- 1. Leads, protects, and guides others through the process**
- 2. Reads checklist and makes sure steps are followed correctly**





**Hand sanitize  
after each  
doffing step**

**Doffing PPE  
must be slow,  
deliberate,  
and  
methodical**

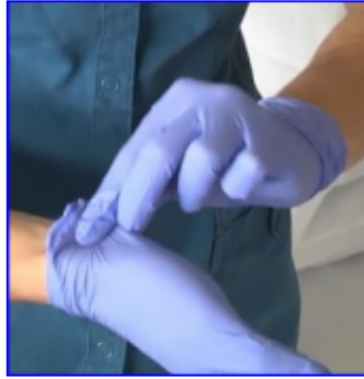
**Visually inspect  
PPE for gross  
contaminants  
before exiting  
patient room**

**Doffing must  
be done in  
designated  
area**

**Use Beak  
Method to  
remove gloves**

**Trained  
observer  
should be in  
PPE**

### "Beak Method" Glove Removal Steps



**STEP 1:** Using one gloved hand, pinch and pull the base of the other gloved hand.



**STEP 2:** Use the middle finger to scoop the cuff of the glove.



**STEP 3:** Pull the glove inside out over all the fingers and thumb to form a "beak."



**STEP 4:** With the beaked hand, pinch the opposite glove at the base and pull the cuff.



**STEP 5:** Roll the glove inside out and off the hand.

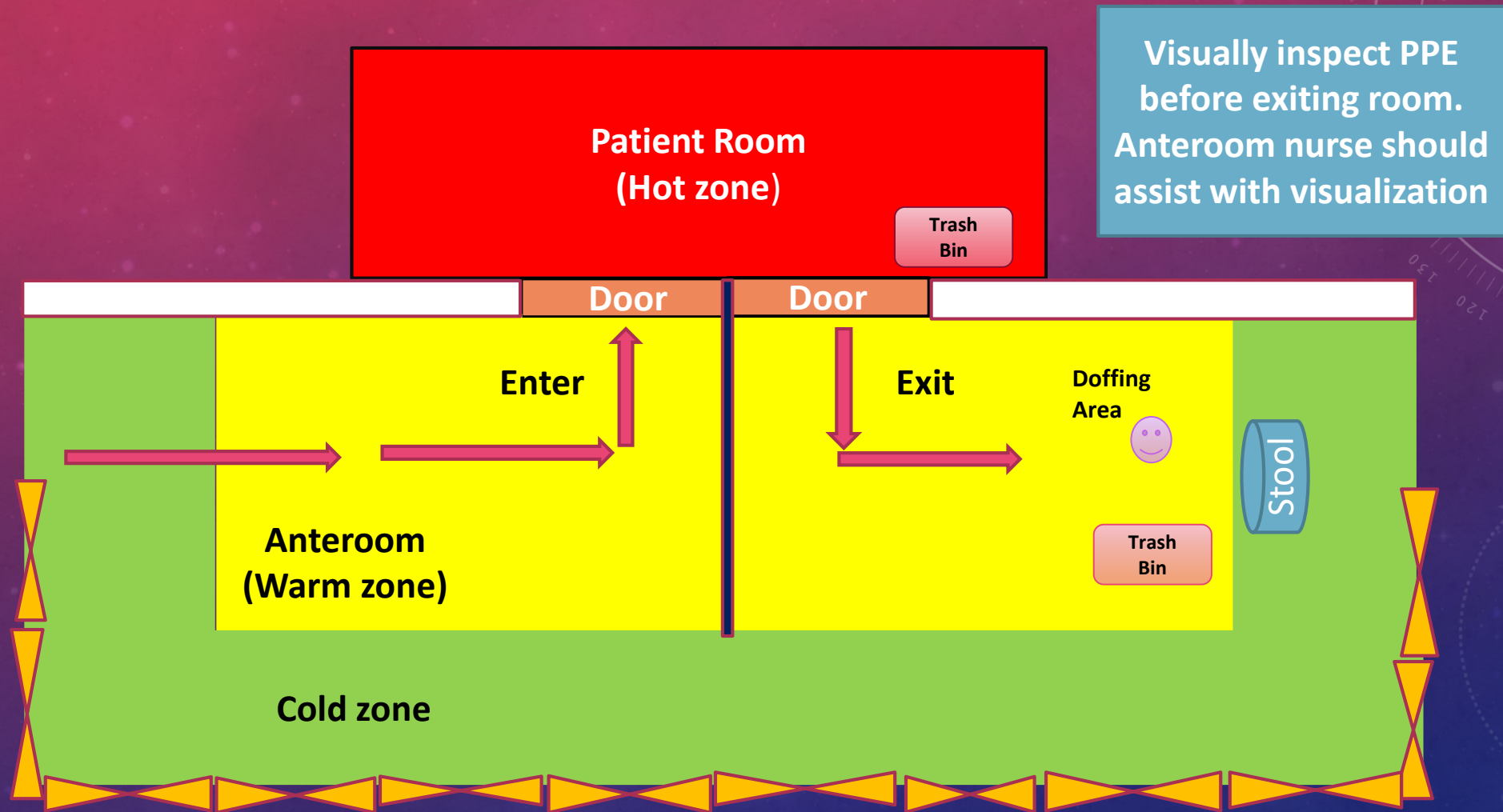


**STEP 6:** With the ungloved hand, use the index finger to pull the beaked glove off at the base of the beak and dispose into the appropriate waste container.

Always wash your hands after glove removal.



# Example of Frontline Facility Layout for Doffing PPE





# PRINCIPLES OF INFECTION CONTROL FOR SEVERE ACUTE RESPIRATORY ILLNESSES



**Early  
Diagnosis**

**Report  
cases to  
Public  
Health**

**Airborne isolation  
room**

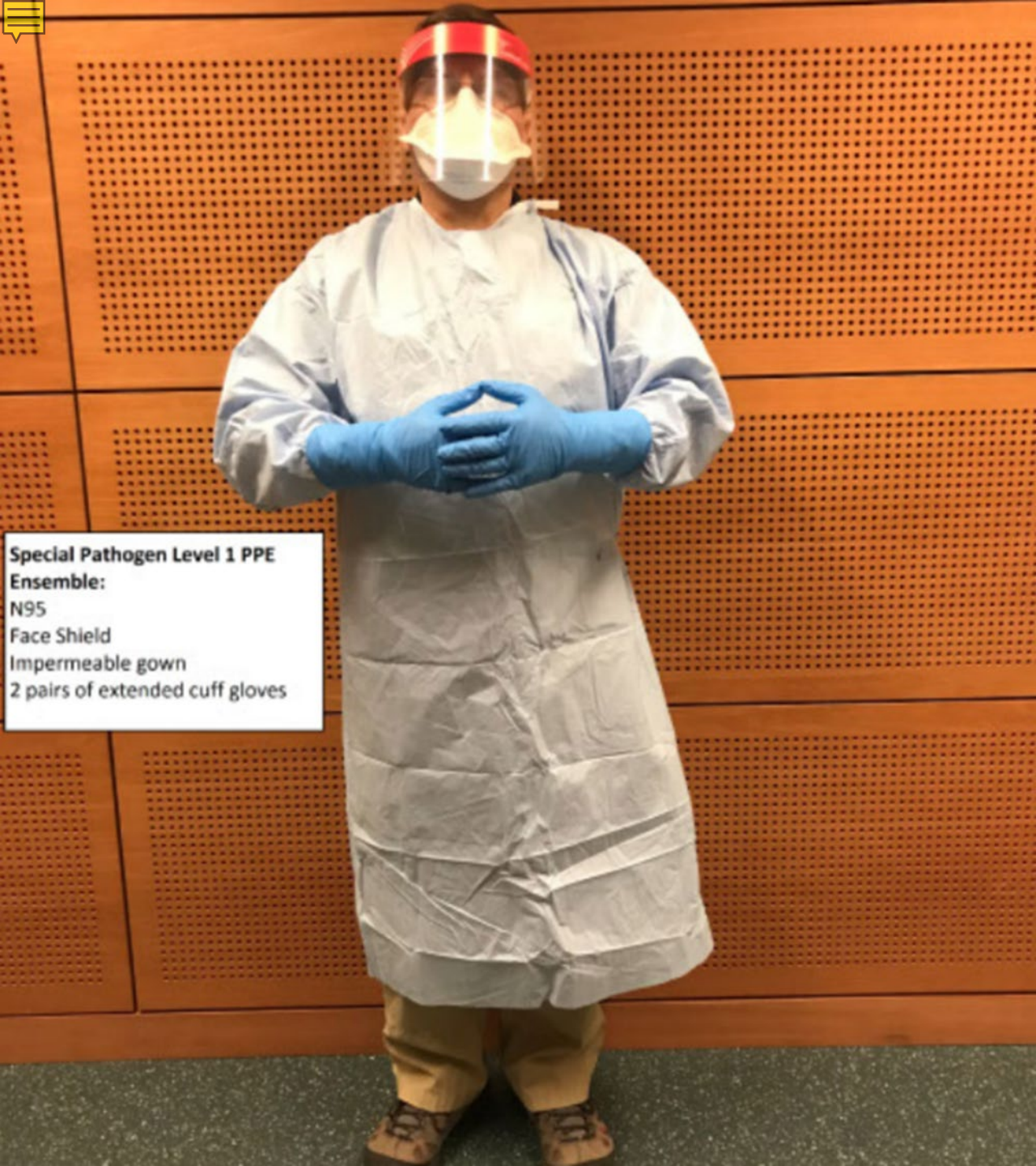
**Appropriate  
patient  
placement**

**Hand Hygiene**

**Appropriate  
PPE**

**Airborne and contact  
precautions and eye  
protection**



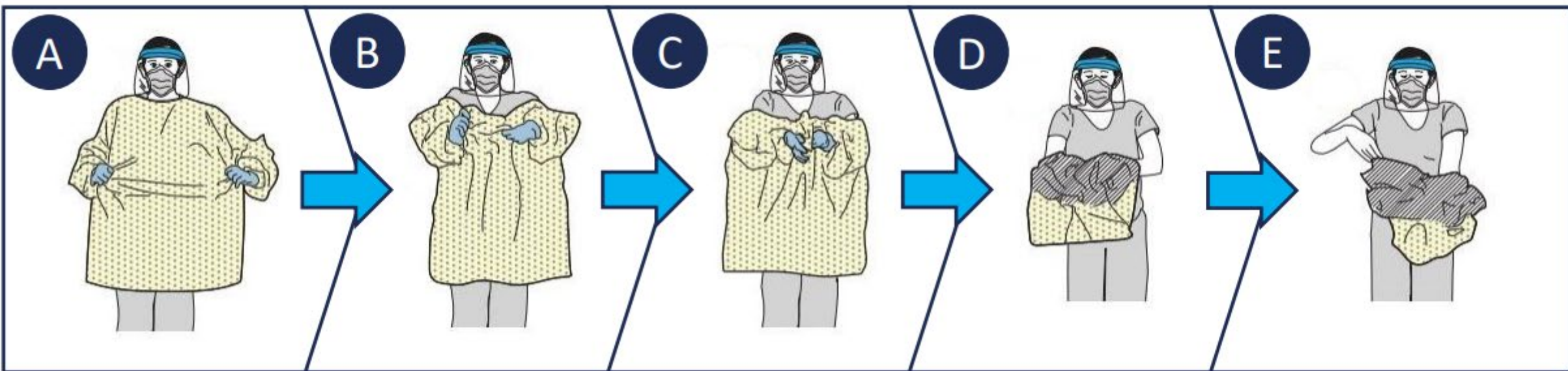


**Special Pathogen Level 1 PPE**  
Ensemble:  
N95  
Face Shield  
Impermeable gown  
2 pairs of extended cuff gloves

## SPECIAL PATHOGEN LEVEL 1 PPE

- Fit tested N95 mask
- Fluid resistant gown that extends to mid-calf
- Nitrile gloves with extended cuffs – 2 pairs
- Face shield





This is a good demonstration of removing your gown and outer gloves together.

The face and eye protection is staying on in cases where removing the gown may cause a splash or an aerosolization of contaminated materials.