



The CP Connection

Issue 44

The Community Partner Newsletter

April 2019

MHLA wants to feature you in our newsletters. Please send articles and photos of you and your team to Newsletter Editor Daisy Nip at dnip@dhs.lacounty.gov.



Connecting My Health LA Participants with Behavioral Health Services

California has been at the forefront of expanding access to public behavioral health services, but our undocumented immigrants still face difficulties getting them. We continue to see significant barriers in their access to care. They often face harsh experiences in their migrations. The fears of immigration enforcement actions and family separations makes their anxiety levels worse.

I am proud of the work at the My Health LA (MHLA) program. Our partnership with the Department of Public Health Substance Abuse Prevention and Control (DPH-SAPC) and the Department of Mental Health (DMH) improves the availability of behavioral health services to our participants. Over the last several months, we developed strategies for our partnership. Our aim is to improve our participants' accesses to mental health and substance use disorder (SUD) treatments. We aim to create materials for our patients in multiple languages and to find new ways to make use of the money from the Mental Health Services Act (MHSA). We plan on using MHSA to fund mental health in the primary care setting. We have more updates in this issue. I look forward to our progress in the coming months.

~ Amy Luftig Viste, MHLA Program Director

“

*Most of us have
far more courage
than we ever
dreamed we
possessed.*

”

—Dale Carnegie

MHLA Expanding Access to Behavioral Health Services

On November 20, 2018, the Los Angeles County Board of Supervisors approved a motion. The motion instructed My Health LA (MHLA), Department of Mental Health (DMH), and Department of Public Health's Substance Abuse Preventive Control to work together. The motion aims to improve Substance Use Disorder (SUD) treatment utilization rates among MHLA participants. It also aims to identify funding options to support and expand on-site mental health services. The funding options will be for the mild-to-moderate MHLA population in the primary care setting.

We have worked for months to develop real, actionable strategies to this end. The final report of our plan and timeline was issued this week. The report has over 5 pages of recommendations.



The CP Connection

The Community Partner Newsletter
of My Health LA

Amy Luftig Viste Program Director
Daisy Nip Newsletter Editor



Harbor Community Clinic held a groundbreaking celebration on April 12, 2019. The event was complete with catering, music, a photo booth, and tours of the future clinic site.

They expect to open their new clinic site by the fall. The clinic will be located at the corner of West Fifth Street and South Pacific Avenue in San Pedro. It will have 7,878 square feet of space with six suites for dental services and nine suites for primary care. There will also be spaces for specimen collection, asthma observation, and integrated behavioral health.

Harbor Community Clinic will also be changing its name to "Harbor Community Health Centers." They will have a new look with a new name, but their quality of services and care will be the same.

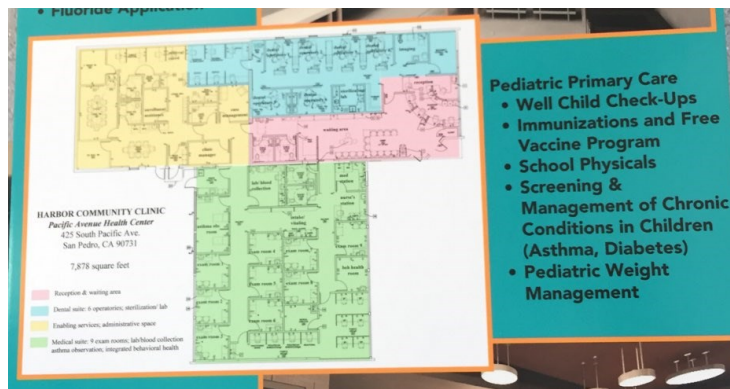
Congratulations, Harbor Community Clinic!

It details how MHLA, DPH, DMH, and community clinics will work together. We will increase access to behavioral health services. A full copy of the report can be found at:

http://file.lacounty.gov/SDSInter/bos/bc/1054715_ReporttoBoardonMHLABehavioralHealthIntegrationFINAL-April2019_004_.pdf

In addition, MHLA developed patient-friendly materials on how to access free SUD treatment and mental health services in the program. These materials are available in eight languages—Spanish, English, Armenian, Chinese, Korean, Tagalog, Thai and Vietnamese. These are available on the "MHLA Reports and Resources" link of the website. Please print and distribute the fact sheets to your patients. Let's help get the word out and let your patients know of free services through MHLA.

Harbor Community Clinic's New Clinic Site Coming this Fall



Who are your One-e-App (OEA) Enrollers Now?

Have you experienced staff transition at your clinic? Do you have new enrollers? And have you notified the MHLA program office who has left your clinic?

We have a limited number of OEA user accounts, and need your help to tell us about staff that no longer need OEA access.

If you have former staff that have left your agency, or if there are identified individuals that no longer need OEA access, please contact your MHLA program advocate today. We appreciate your help