

CORONARY ARTERY CALCIUM SCAN WORKSHEET
(Harbor/UCLA)

Fitness-For-Life/Wellness Program
OHP/CHIEF EXECUTIVE OFFICE
COUNTY OF LOS ANGELES

Name: _____ Birthdate: _____ Age in 2 Months: _____

Is employee's Age (in 2 months) ≥ 40 ? ☐ NO [CAC not indicated]

☐ YES

Is employee already taking statins? ☐ YES [CAC not indicated]

☐ NO

Does employee have one of following? ☐ +FHx of ASCVD at age $<55/65$ in 1^o male/female

☐ 10-year ACC/AHA risk ≥ 5.0

☐ YES:

☐ NO [CAC not indicated]

Is employee willing to consider statins if their CAC is high (>100)?

☐ YES:

☐ NO [CAC not indicated]

Has employee had a CAC in the last three years or five years if prior CAC=0? ☐ YES
(Yersinia at 310-222-2773 can provide prior CAC results) [CAC not indicated]

☐ NO: Complete testing authorization below for CAC at Harbor/UCLA and give to employee.

PHYSICIAN SIGNATURE

PRINTED NAME

DATE

Record Handling: Do not send this page to OHP since it may contain Family History.

Revised 2/16/16

CORONARY CALCIUM SCAN REQUEST

Los Angeles County Fire Department
Fitness-For-Life/Wellness Program

Cardiac Imaging Diagnostic and Wellness
Saint John's Cardiovascular Research Center
21840 Normandie Avenue, Torrance, CA 90502
Tel: 310-222-2773 Fax: 424-400-2164
Web: www.ct-harborucla.com

EMPLOYEE NAME

DATE OF BIRTH

CONTACT NUMBER

I certify that prior to authorizing this study, I completed the OHP CAC Scan Worksheet, and discussed the possible use of statins with the employee.

PHYSICIAN SIGNATURE

DATE

CLINIC

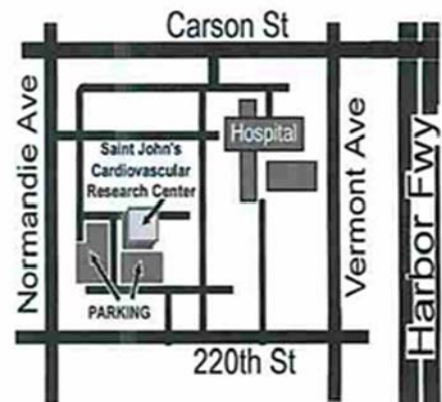
PHONE

MAP & DIRECTIONS TO CT SCANNER AT HARBOR-UCLA:

OFF 405 FREEWAY EXIT NORMANDIE AVENUE WHEN EXITING FROM 405N, LEFT ONTO NORMANDIE. WHEN EXITING FROM 405S, LEFT ONTO 190TH THEN RIGHT ONTO NORMANDIE AVENUE. TRAVEL SOUTH ON NORMANDIE AVENUE PASSING CARSON STREET
LEFT ONTO MEDICAL FOUNDATION DRIVE (FIRST GATE AFTER PASSING CARSON STREET, ENTERING CAMPUS).
RIGHT ON WEST DRIVE, FOLLOW CURVE.
RIGHT ON RESEARCH PARK DRIVE.
LEFT INTO PARKING LOT (FREE PARKING) LOCATED ON SOUTH END OF SAINT JOHN'S CARDIOVASCULAR RESEARCH CENTER

OR

OFF 110 FREEWAY EXIT CARSON STREET. TRAVEL WEST ON CARSON STREET TO NORMANDIE AVENUE.
LEFT ON NORMANDIE AVENUE
LEFT ONTO MEDICAL FOUNDATION DRIVE (FIRST GATE AFTER PASSING CARSON STREET, ENTERING CAMPUS)
RIGHT ON WEST DRIVE, FOLLOW CURVE.
RIGHT ON RESEARCH PARK DRIVE.
LEFT INTO PARKING LOT (FREE PARKING) LOCATED ON SOUTH END OF SAINT JOHN'S CARDIOVASCULAR RESEARCH CENTER



Record Handling: Give original to Employee with copy to chart. Do not send OHP this form or CAC results unless a DMV, HAZMAT, or SCUBA was done concurrently with the Fitness-For-Life evaluation.