

SAFETY PRE-PLACEMENT MEDICAL EXAMINATION DATA

**County of Los Angeles - Occupational Health Programs
Department of Human Resources**

Name (Last, First MI)		SSN/Employee Number		Sex	Age	Exam Date
Job Title		Item Number		Department Name		

Body Composition Height _____ (no shoes) Weight _____ (no shoes/coat) Maximum _____ (if applicable) BF if >Max _____	Dip Stick UA Glucose ____ Protein ____ Blood ____ Bilirubin ____	Blood Pressure BP After 3-5 Minutes in Chair ____/____ Pulse: ____ Repeat if BP>120/80 ____/____ Pulse: ____ Repeat if Differ by >5 mm Hg ____/____ Pulse: ____				
Safety Physical Exam: Do all of the components listed below. Additional "PRN" components are required per CPG if there is a positive hx within the 5 years. When there is a positive hx, pertinent negatives and any positives must be fully described in the space below.						
Distant Vision ☐ Glasses ☐ Contacts Titmus: Right 20/____ Corr to 20/____ Left 20/____ Corr to 20/____ OU 20/____ Corr to 20/____ BL/EDTRS Chart: (If applicable) Right 20/____ Corr to 20/____ Left 20/____ Corr to 20/____ OU 20/____ Corr to 20/____		Complete Exam	WNL			
		Eyes: Pupils, EOM, lens, retina				
		ENT: Nodes, Thyroid, +PRN				
		Cardiac: Auscultate; describe murmurs				
		Lungs: Auscultate; do chest expansion if restriction on spirogram				
		Abdomen: liver, spleen, umbilical hernia; check for aortic aneurysm if ≥50 y.o.				
Near Vision OU Best: Titmus #__ or 20/____ If # 4 or 20/50, Do Card: J- ____		Vascular: Carotids, venous insufficiency, √ leg edema if 2+ protein				
		Hernias: male inguinal				
		Neuro: DTR's + PRN				
Audio ____ All Levels <30dB ____ Abnormal: MD ear exam		Skin: note CA, bruising, gang/racist tattoos, folliculi barbae				
EKG ____ Normal ____ Insignificant Findings ____ Needs Cardiologist Reading		Back: H/T walk, ROM, active SLR + PRN				
		Knees: Duck walk +PRN				
Spiro ____ Normal ____ Abnormal		Shoulder: ROM +PRN				
		Neck: PRN				
Contractor Name and Location:		Wrist: PRN				
		Ankle: PRN				
Physician's Signature		Physician's Printed Name				