# DID YOU KNOW?

June is **Professional Wellness Month**. Explore tools offered by the Department of Human Resources (DHR), Udemy, and the Joint Labor-Management Committee on Office Ergonomics to enhance your career now and in the future.



### CAREER PATHFINDER

Have you thought about changing career paths with the County but aren't sure which options are available to you? Career Pathfinder (CP), offered by DHR with funding from the County of Los Angeles Quality and Productivity Commission, allows you to see which positions other County employees with your payroll title have promoted into. Do you have a specific job title in mind for your future? You can use the CP tool to see what other jobs people in this role have held. The CP uses 30 years of employee data to generate suggestions and can be accessed <u>here</u>.

#### **TRAINING COURSES**

DHR, in partnership with the Los Angeles County University (LACU) is proud to offer County employees access to Udemy for Business. Udemy for Business is an online library of over 3,000 on-demand training courses on topics that can help employees be more effective on the job and better prepared to achieve their career goals. Read more about Udemy, and start learning today at <u>https://employee.hr.lacounty.gov/udemy-learning/</u>.

#### **JOB SEARCH GUIDE**

DHR's Job Search Guide walks you through everything you need to know to search for transfer and promotion opportunities across County departments. The guide also shows how to complete an applicant profile online, so you can apply for positions that interest you. <u>The Job Search Guide can be accessed here</u>.

#### **RESUME GUIDE**

Whether you are applying for your first position with the County or seeking a promotion, having a professional resume is important if you want to make a good impression. The Department of Human Resources Resume Guide explains why a resume is important in the County's employment process and will help you select the content and style that are most appropriate for your needs. <u>The Resume Guide can be accessed</u> <u>here</u>.



#### **OFFICE ERGONOMICS**

Whether working in the office or working from home, the layout of your workspace influences your comfort and efficiency. Find tips, tools, and other resources on ergonomics from the Joint Labor-Management Committee on Office Ergonomics at <u>https://my.lacounty.gov/health-</u> wellness/office-ergonomics/.





## WE'RE ALL IN THIS TOGETHER. STAY SAFE.