



Free YOGA CLASSES

Learn the fundamentals of yoga with Instructor David Lilly in a friendly and supportive environment. The program is aimed at improving flexibility, strength, and overall well-being.



Class Schedule

MONDAYS

6:30 PM – 7:30 PM

BURTON CHACE PARK

13650 Mindanao Way
Marina del Rey, CA 90292

RESERVE A SPOT | Send an email:
chacepark@bh.lacounty.gov

FRIDAYS

6:30 PM – 7:30 PM

DOCKWEILER YOUTH CENTER

12505 Vista del Mar
Playa del Rey, CA 90293

RESERVE A SPOT | Send an email:
dyc@bh.lacounty.gov



Students must bring their own mats
and water bottles to class.



FOR MORE INFORMATION:
BEACHES.LACOUNTY.GOV



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