

**COUNTY OF LOS ANGELES
DEPARTMENT OF BEACHES AND HARBORS**

SAILING CAMP: COVID-19 OPERATIONAL PROTOCOLS

INTRODUCTION / PURPOSE

Los Angeles County Lifeguards instruct youth in intermediate and advanced sailing courses to participants ranging from 11 to 17 years old. This sailing camp provides a review and evaluation of beginning skills, followed with instruction on extensive ocean sailing in the more advanced Laser sailboats. Class sizes normally range from 6 to 15 participants. Camp tentatively scheduled to begin July 20, 2020.

RESTRICTIONS

- I.** Limited course enrollment; maximum of 10 participants.
- II.** While pools remain closed and a swim test cannot be administered, camp enrollment is limited to returning participants who have previously passed a swim test and have participated in at least one week of beginning sailing.
- III.** Limit of two persons per instructional vessel, i.e., two youths, or one youth and one instructor.
 - a. Any siblings or relatives residing in the same household will be paired together in one vessel.
- IV.** Applications and payments will be handled by E-mail via credit card and U.S. Postal mail via check, whenever possible. Cash payments to be handled in person by appointment only.
- V.** Instructors and participants to wear a face cover at all times when indoors, and when within 6-feet of another person outdoors.
 - a. Participants will be required to bring two face coverings each day of camp. Instructors will have extras on hand in the event a child forgets or misplaces their face coverings.

- VI. A health screening (questioner) to be performed at the start of each day on all instructors and participants, including a temperature screening, to check for symptoms of COVID-19
- VII. Instructors and participants who are exhibiting signs of illness to be isolated and sent home.

OPERATIONAL PROTOCOLS

Check-in/drop off:

- Lifeguard instructors to complete a daily health screening, including a temperature check, to check for symptoms of COVID-19.
- Instructors to perform a daily health screening, including a temperature check, of participants upon arrival to check for symptoms of COVID-19. Conducted curbside, at drop off.
- Instructors to ensure participants have at least two face covers for the day.

Instruction:

- Participants to receive written instructional materials via email to print at home.
- Participants will be instructed on maintaining proper hygiene and infection prevention, i.e., hand washing, proper handling of face cover, avoid touching face, etc.
- Limited indoor classroom instruction. Modified seating configuration; one table and chair per student, placed 6-feet apart from each other.
- Majority of instruction to take place on the docks outdoors, under a canopies.
- Maximum of two persons per vessel. Youth participants to be paired with the same ship mate for the duration of camp. Siblings to be paired together.
- Youth participants to wipe down their own instructional vessel at end of each use.
- Youth participants to utilize the same personal floatation device throughout all days of camp.

Lunch & Restroom Breaks

- Youth participants required to wash hands before boarding vessels, and before/after lunch.

- Two youth participants, of same gender, allowed to enter the restroom at one time. **Two occupants must use restroom stalls which are not side-by-side.**
- Lunch break to be conducted outdoors where participants can space 6-feet apart.
- Instructors and participants to complete another health screening and temperature check after lunch time.

Cleaning and Sanitizing

- Instructors to wipe down with sanitizer tables, chairs, vessels and instructional items before and after each class.
- Hand Sanitizer to be provided and placed inside the classroom, under the outdoor canopies and on board all vessels.