



# SAFETY and HEALTH TRAINING REQUIREMENTS

Prepared by Chief Executive Office, Risk Management Branch  
Loss Control and Prevention Section

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## Tips and Techniques

To foster proactive Safety and Health Training programs, listed below is a brief training and instruction table that is intended to provide you with valuable information pertaining to the frequency of training, the reference regulations and a specific training topic.

Training Topic	Title 8 - Section	Frequency of Training
Accident Investigation	3203(a)(7)(F)	Initial
Accident Prevention Signs & Tags	3341(d)(5)	Initial
Aerosol Transmissible Diseases (ATDs)	5199(7)	Initial, Annually, and Whenever workplace changes increase exposure risk.
Automated External Defibrillator (ATD)	3400	Requires employers to have trained personnel available to render first aid, including AED usage.
Battery Handling/ Changing/Charging	5185(a)	Initial
Bloodborne Pathogens	5193(g)(2)	Initial Annual
Chemical Hygiene for Laboratories	5191(f)(2)	Initial New Hazards Refresher
Confined Spaces	5157(g) 5158(c)(2)	Initial Program Update Changes
Control of Hazardous Energy	3314(j)	Initial
Cranes & Other Hoisting Equipment Incl. Mobile/ Tower/ Derrick	5006.1(a) 5006 4966, 4994, 4999, 5000, 5004, 5031, 5043, 5044	Initial Mobile & Tower Certificate at 5 yrs
Elevating Work Platforms & Aerial Devices	3648(l)(7) 3648(c) 3646(c) 3638(d)	Before Use
Emergency Action Plan	3220(e)	Initial Plan Update
Emergency Procedures (Construction)	1512(d)	Initial
Equipment & Machinery (Construction)	1510(b)	Initial
Ergonomics	5110(b)(3)	Initial - When Standard is Triggered
Excavation/ Trenching/ Shoring	1541	Initial Periodic Refresher *
Fall Protection	1671.1	Initial
Fire Extinguisher & Fire Fighting Equipment	6151(g)(1)-(2)	Initial Annual

Training Topic	T8 Section	Frequency of Training
Fire Prevention Plan	3221(d)(1)-(2)	Initial New Hazards
First Aid & CPR	3439(b) 6251(d)(2) 3400(b) 5157, 5158, 5193 3421, 6052	Initial Changes Every 2 years (or as specified by cert. organization)
First Aid (Construction)	1512(b) & (d)	Initial Updated
Flaggers (Traffic)	1599(f) & (g)	Initial
Flammable Liquids/ Gasses/Vapors - Industrial Plants	5561	Initial Periodic Refresher *
Hazard Communication	5194(b)(1)	Initial New chemicals or processes
Hazardous Waste Operations & Emergency Resp.	5192 (e) & (q)(6)	Initial Annual Refresher
Hearing (Noise) Protectors Conservation	5098(a)(4) 5097(d)(5)(A)&(B) 5099(a)	Initial Retraining Initial Annual
Heat Stress- Indoor Workplace	3396	Initial
Heat Stress- Outdoor Workplace	3395	
Industrial/Lift Trucks (Forklifts) & Tractors	3657(i) 3664(b) 3668	Initial, Annual Observed Unsafe Operation Post Accident Equipment Change Workplace Change (Operator eval. @ 3 years)
Injury & Illness Prevention Program	3203(a)(7) 1509(e)	Initial Updated
Job Hazard(s)	3203(a)(7) 1510(a)	Before Job Assignment New Hazards
Laboratory Safety (See Chemical Hygiene)	5191(f)	Initial New Hazards Refresher
Lead	5198(l)	Initial Annual
Lead- Construction	1531.1(1)(1)(C)-(D) 1532.1(l)	
Lockout Blockout (Lockout/Tagout)	3314 3314(j)	Initial When Updated
Machinery & Equipment	1510(b)	Before Use
Medical & Exposure Records - Access	3204(g)(1)	Initial Annual
Miter Saws	4307.1(c)	Initial
Noise Exposure	5099(a)	Initial Annual

Training Topic	T8 Section	Frequency of Training
Openings/Holes - Floors & Roofs	<a href="#">3212(b)</a>	Initial Periodic Refresher *
Personal Fall Arrest/Restraint Systems/	<a href="#">1670(b)(19)</a>	Initial Periodic Refresher *
Posting Requirements (California)	<a href="#">340</a>	Initial
Powder-Actuated Tools	<a href="#">1685(a)(1)</a> <a href="#">1689(a)</a>	Initial
Power Presses	<a href="#">4203(a)</a> <a href="#">4203(b)</a> <a href="#">4208.1(m)(1)</a> <a href="#">4208</a>	Initial, Annual
Process Safety Management	<a href="#">5189(g)</a>	Initial Refresher & Supplemental Certification
Respiratory Protection	<a href="#">5144(c) &amp; (k)</a> <a href="#">5144 Appendix A</a> <a href="#">5144 Appendix C</a>	Initial, Annual
Roofing	<a href="#">1509(a)</a> <a href="#">1730(b)(8)-(9)</a>	Initial
Scaffolds	<a href="#">1637(k)(1)</a> <a href="#">1637</a> <a href="#">1658(g)</a>	Initial
Silica (Crystalline)	<a href="#">5204(k)</a>	Initial, Annual
Silica (Crystalline)- Construction	<a href="#">1530.1(e)(1)</a> <a href="#">1532.3(i)</a>	
Traffic Control - Flaggers	<a href="#">1599(f) &amp; (g)</a>	Initial
Tree Work General	<a href="#">3420(b)</a> , <a href="#">3421(c)</a> <a href="#">3423(a)</a> , <a href="#">3427</a> <a href="#">3428(a)</a>	Initial
Welding & Cutting Safety - Hot Work	<a href="#">4799</a> <a href="#">4848(a)</a> <a href="#">1537(a)</a>	Initial
Wildfires	<a href="#">5141.1(e)</a>	Initial
Workplace Violence Prevention in General Industry	<a href="#">Labor Code 6401.7 and Labor Code 6401.9</a>	Initial, Annual
Workplace Violence Prevention in Health Care	<a href="#">3342(f)</a>	

The table referenced above is intended to provide a brief overview of commonly addressed training topics and is not intended to be a substitute to the Construction Safety Orders, General Industry Standards or the California Code of Regulations. For a complete table of required trainings, please refer to: [http://www.dir.ca.gov/dosh/dosh\\_publications/TrainingReq.htm](http://www.dir.ca.gov/dosh/dosh_publications/TrainingReq.htm)

*\* Periodic Training refers to (a) when conditions or equipment change, (b) when inspections reveal problems, (c) when retraining if employees are not following safe work practices, and (d) when employees have accidents or near-miss incidents. Periodic refresher training for these topics is also recommended for supervisors and staff-level employees. Each organization/department should determine the frequency based on conditions at their respective facilities.*