

May 16, 2023

**MOTION BY SUPERVISOR HOLLY J. MITCHELL**

**Parking Fee Waiver for County Employee Hands-Only Cardiopulmonary Resuscitation**

**Training Event**

Heart disease is the leading cause of death and premature death in Los Angeles County (County), and is the leading cause of death in the nation. According to the American Heart Association, approximately 90 percent of people who suffer a cardiac arrest outside of a hospital setting will die. Cardiopulmonary resuscitation, or CPR, can double or triple a victim's chance of survival, especially if performed immediately. About 70 percent of out-of-hospital cardiac arrests happen in homes, so it is critically important that community members are equipped to save the lives of their friends, families, and neighbors.

People who receive CPR from family, friends, neighbors, or bystanders while waiting for emergency personnel to arrive are twice as likely to survive as those who do not. A variation of CPR called Hands Only CPR (HOCPR) consists of providing chest compressions at a rate of 100-120 beats per minute while awaiting emergency medical services to arrive. This lifesaving skill is easier and quicker to learn than full CPR and has been shown to be almost as effective as full CPR. To spread this important skill, the County Department of Public Health (DPH) has been training residents and workers in HOCPR through the Heart Heroes Campaign. Originally launched in 2019, the Heart Heroes Campaign has been a collaboration of County departments and community-based organizations (including the Department of Health Services, the County Fire Department, the City of Los Angeles Fire Department, the American Heart Association, and the American Red Cross) working to train over 100,000 County residents in HOCPR each year. This year, the Heart Heroes 2023 Campaign will seek to provide free training to 500,000 County residents and workers in HOCPR by December 31, 2023. The lifesaving technique is quick and easy to learn. Information about how to find HOCPR trainings are available on DPH's website at: [publichealth.lacounty.gov/heartheroes](http://publichealth.lacounty.gov/heartheroes).

As part of the Heart Heroes 2023 Campaign, DPH will facilitate all-staff HOCPR trainings

MOTION

SOLIS \_\_\_\_\_

MITCHELL \_\_\_\_\_

HORVATH \_\_\_\_\_

BARGER \_\_\_\_\_

HAHN \_\_\_\_\_

at 313 N. Figueroa Street, Los Angeles, CA 90012 on the following days: May 15, May 17, May 18, May 19, May 22, May 24, and May 26, 2023.

**I THEREFORE MOVE THAT THE BOARD OF SUPERVISORS:**

Waive Lot 14 (Music Center Garage) parking fees in the amount of \$10,500 for approximately 525 vehicles (approximately 75 vehicles per day), excluding the cost of liability insurance, on May 15, May 17, May 18, May 19, May 22, May 24, and May 26, 2023, for Los Angeles County employees who attend the Hands-Only Cardiopulmonary resuscitation trainings.

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