

THE LOS ANGELES COUNTY SHERIFF'S DEPARTMENT

PSYCHOLOGICAL SERVICES BUREAU

DR. STEPHEN SEETAL, DIRECTOR, PSB



BUREAU HISTORY AND PURPOSE


- **HISTORY OF LAW ENFORCEMENT PSYCHOLOGY**

- MORE THAN 50 YEARS AGO, FIRST PSYCHOLOGIST HIRED AS A FULL-TIME EMPLOYEE OF LAPD IN 1968.
- PROFESSION HAS BEEN REFERRED TO IN THE LITERATURE AS “POLICE PSYCHOLOGY”, “LAW ENFORCEMENT PSYCHOLOGY”, AND “PUBLIC SAFETY PSYCHOLOGY”.
- LASD HAS EMPLOYED PSYCHOLOGISTS SINCE THE MID 1970’S TO PROVIDE SERVICES TO ITS SWORN AND CIVILIAN EMPLOYEES AND THEIR FAMILIES.

- **PURPOSE OF THE BUREAU**

- FOCUS ON INCREASING THE HEALTH, WELL-BEING, AND PRODUCTIVITY OF THE ORGANIZATION AND ITS EMPLOYEES.
- COLLABORATIVELY DEVELOP INNOVATIVE SOLUTIONS AND PROVIDE EMERGENT SERVICES WHEN NEEDED, 24/7.
- ACTIVELY ENGAGE IN CLINICAL PRACTICE, TRAINING, CONSULTATION, AND RESEARCH.

BUREAU STAFFING

- **33 BUDGETED POSITIONS**
 - 1 DIRECTOR (PSYCHOLOGIST)
 - 2 ASSISTANT DIRECTORS (PSYCHOLOGISTS)
 - 10 LAW ENFORCEMENT PSYCHOLOGISTS
 - 10 INDUSTRIAL/ORGANIZATIONAL PSYCHOLOGISTS
 - 2 BONUS 1 DEPUTY SHERIFFS
 - 7 PROFESSIONAL OPERATIONS STAFF
 - 1 STUDENT WORKER
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- The slide features a solid blue background. On the right side, there are several white diagonal lines of varying lengths and thicknesses, creating a modern, abstract graphic element.

PSB PROGRAMS & SERVICES

- **EMPLOYEE COUNSELING AND INTERVENTION**
 - OUTREACHES
 - CLINICAL SERVICES
 - EMERGENCY RESPONSE (I.E., CRITICAL INCIDENTS, SAFETY ASSESSMENTS)
- **ORGANIZATIONAL AND OPERATIONAL CONSULTING**
 - CUSTOMIZED TRAINING
 - SPECIAL PROJECTS
- **PEER SUPPORT (PSP)**
 - GENERAL
 - VETS-4-VETS
 - DIS TEAM

PSB PROGRAMS & SERVICES


- **CHAPLAINS PROGRAM**

- PROVIDE SPIRITUAL SUPPORT AND GUIDANCE TO PERSONNEL UPON REQUEST
- EMERGENCY RESPONSE (I.E., CRITICAL INCIDENTS)


- **SUBSTANCE ABUSE RESOURCE PROGRAM (SARP)**

- EDUCATION, SUPPORT SERVICES
- RESOURCES

EMPLOYEE COUNSELING AND INTERVENTION

- FULL-SERVICE OUTPATIENT PSYCHOLOGICAL SERVICES PROGRAM FOR ALL DEPARTMENT EMPLOYEES, SIGNIFICANT OTHERS, AND THEIR FAMILIES
 - SERVICES ARE PROVIDED ON A ROUTINE AND EMERGENCY BASIS
 - FOUR OFFICE LOCATIONS; OPERATES BETWEEN 0800-1700 MONDAY THROUGH FRIDAY
 - 24/7 EMERGENCY ON-CALL SERVICE
 - CONNECTION TO AN ARRAY OF SPECIALIZED EXTERNAL SERVICE PROVIDERS
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- Decorative white lines consisting of several parallel diagonal strokes in the bottom right corner of the slide.

EMPLOYEE COUNSELING AND INTERVENTION

- **WHY DO EMPLOYEES COME TO SEE US?**
 - RELATIONSHIPS
 - INJURY AND ILLNESS
 - ANXIETY AND DEPRESSION
 - INTERPERSONAL ISSUES
 - WORK AND PERSONAL STRESS
 - CRITICAL INCIDENTS
 - CRISIS
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- A decorative graphic consisting of several parallel white lines of varying lengths, slanted upwards from left to right, located in the bottom right corner of the slide.

ORGANIZATIONAL AND OPERATIONAL DEVELOPMENT AND CONSULTING

- EXECUTIVE MANAGEMENT, PERFORMANCE-BASED CONSULTATION/COACHING
- POST APPROVED FIELD TRAINING OFFICER (FTO) TRAINING (SB 29), AND DEPUTY SHERIFF TRAINEE (DST) ACADEMY LD 37 (15 HOURS-SB 11)
- 32 HOUR *DeVRT/CIT* PROGRAM FOR CUSTODY AND FIELD OPERATIONS PERSONNEL (STC AND POST-APPROVED TRAINING)
- INDIVIDUALIZED CONSULTATION AND TRAINING FOR SPECIALIZED PROGRAMS, BUREAUS AND UNITS (e.g., SVB, HOMICIDE, PATROL, AND CUSTODY DIVISIONS)
- COLLABORATORS IN DEVELOPMENT OF POLICY

THANK YOU

DR. STEPHEN SEETAL, DIRECTOR, PSB

