

MOTION BY SUPERVISOR JANICE HAHN

September 29, 2026

Proclaim October 19-25, 2026 as Invisible Disabilities Week

Invisible Disabilities Week has continued to be observed annually since being founded in 2014. Its observance brings attention to the many challenges of those living with a condition that is not readily visible to others. The Invisible Disabilities Association founded in 1996, recognizes that experiences of those with invisible disabilities are diverse and are committed to bring awareness, education, and support to individuals living with non-apparent conditions.

An invisible disability is one that is not readily apparent from a person’s appearance alone, and may include debilitating pain, fatigue, dizziness, cognitive dysfunction, brain injury, learning differences, mental health disorders, chronic illness, and hearing or vision impairments. Approximately 20% of Americans, nearly 66 million people, live with some form of invisible disability, and these conditions may range from mild challenges to severe, life-altering limitations. Since these disabilities are not always visible to others, individuals living with them often face assumptions that they are healthy and capable of performing a task without accommodations. This disbelief, dismissal, or a lack of accommodation, creates barriers for these individuals.

Raising awareness of invisible disabilities helps foster understanding, encourage reasonable and timely accommodations, and reminds our community that not every

MOTION

MITCHELL	_____
HORVATH	_____
HAHN	_____
BARGER	_____
SOLIS	_____

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struggle can be seen at first glance. This observance offers a platform for individuals with invisible disabilities to share their experiences and calls on families, employers, educators, and neighbors to extend patience, respect, and support to those whose challenges may not be outwardly visible.

I, THEREFORE, MOVE that the Board of Supervisors proclaim October 19-25, 2026, as Invisible Disabilities Week.

I, FURTHER MOVE, that the Board of Supervisors direct County Communications and the Department of Aging and Disabilities to put on the County's social media platforms and websites information to services, resources, and initiatives the County is doing for the benefit of all Angelenos with a focus on those with invisible disabilities.

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JH:el:vs