

MOTION BY SUPERVISOR HILDA L. SOLIS

MAY 19, 2026

Countywide Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) Awareness Week

Each year, June 1-7 is nationally recognized as CPR and AED Awareness Week to spotlight the importance of bystander CPR and use of an AED to save lives.

Cardiovascular emergencies are a leading cause of death in the United States, and early intervention is crucial to saving lives. More than 7,000 cardiac arrests occur outside the hospital each year in Los Angeles County, with the majority of cardiac arrests occurring at a home or residence (65.6%), followed by public settings (18.6%), and nursing homes (15.8%). CPR is a lifesaving technique that can be administered by bystanders until professional medical help arrives. Immediate CPR after a cardiac arrest can double or triple a person’s chance of survival. Public awareness and education on the importance of bystander CPR and use of an AED will empower individuals to act confidently in emergencies.

The Department of Health Services’ Emergency Medical Services (EMS) Agency aims to enhance community safety and health by recognizing June 1-7 as National CPR and AED Awareness week in Los Angeles County. In collaboration with the American Heart Association, the EMS Agency will coordinate county-wide “Hands-Only” Sidewalk CPR trainings with local fire departments, ambulance companies, and hospitals. The

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trainings are free to the public and located at various locations throughout the county during the week of June 1-7. The list of participating sites can be found on the attached QR code and the EMS Agency website at <http://ems.dhs.lacounty.gov>.

As part of the Community Readiness Champion (CRC) initiative, the Department of Public Health also offers in-person “Hands-Only” CPR with AED Awareness training, along with other critical trainings, including Naloxone administration, Stop the Bleed[®], Choking First Aid (5 and 5 Method), and Mental Health Awareness during Emergencies. The goal of these trainings is to increase the readiness and capability of Los Angeles County residents and workers to save lives and increase the survival rates of those affected by life-threatening events, including cardiac arrest. Information about the CRC trainings can be found at:

<http://publichealth.lacounty.gov/communityreadinesschampions/>.

Cardiac arrest can happen anywhere, and Hands-Only CPR and the use of an AED is easy to learn and can be performed by anyone, making it a valuable skill for all community members.

I, THEREFORE, MOVE that the Board of Supervisors:

1. Proclaim June 1-7, 2026 as CPR and AED Awareness Week, and:
2. Encourage members of the public to take part in the Countywide “Hands-Only” Sidewalk CPR and AED trainings to learn these life-saving measures.