

MOTION BY SUPERVISOR HILDA L. SOLIS

October 21, 2025

Declaring November as National Family Caregivers Month

National Family Caregivers Month is an annual awareness and recognition campaign to honor the nearly 63 million family caregivers in the United States who provide essential, unpaid care to loved ones with disabilities, chronic illnesses, and aging-related needs. The Caregiver Action Network, the nation’s leading family caregiver organization, began promoting national recognition of family caregivers in 1994. President Clinton signed the first Presidential Proclamation in 1997, and every president, thereafter, has followed suit by issuing an annual proclamation recognizing and honoring family caregivers each November.

National Family Caregivers Month is a call to action to support caregivers by providing resources, education, and respite to prevent burnout and improve their well-being. It is an opportunity to highlight the often unseen and unpaid work of family caregivers who play a critical role with the hands-on and around-the-clock physical, emotional, and psychological care they provide.

It is fitting to honor and celebrate the dedication, compassion, and resilience of family caregivers, who offer love, patience, and self-sacrifice in service to their loved ones, often at great personal cost.

MOTION

Solis	_____
Mitchell	_____
Horvath	_____
Hahn	_____
Barger	_____

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I, THEREFORE, MOVE that the Board of Supervisors:

1. Declare November as National Family Caregivers Month.
2. Encourage the Los Angeles County (County) Aging & Disabilities Department, Area Agency on Aging (AAA) and its Aging Network to engage in a social media and information campaign for National Family Caregivers Month that will bring awareness to the challenges of caregiving and recognize the selfless efforts of caregivers throughout Los Angeles County.
3. Encourage all County residents and interested groups to observe the month of November 2025 with appropriate activities that recognize and honor the hard work and sacrifices of caregivers, including promoting National Family Caregivers Month in the workplace, throughout the community, and throughout supportive service networks.
4. Emphasize the need to recognize and provide support to caregivers such as; promoting expressions of gratitude like thank-you notes or thoughtful gifts such as a meal service or sweet treat; offer practical help like running errands or assisting with chores to give respite; offer emotional support such as spending quality time or lending an empathetic ear to listen; heighten the vital need for self-care; and encourage family caregivers to seek out resources like support groups and financial assistance.

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AGN. NO. _____

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