

MOTION BY SUPERVISOR KATHRYN BARGER

JULY 29, 2025

Greater Los Angeles Heart and Stroke Walk 2025

This year, the American Heart Association will host its annual Greater Los Angeles Heart & Stroke Walk on Saturday, September 20, 2025, at the Rose Bowl Stadium to raise awareness and encourage physical activity that promotes heart health and well-being. The Greater Los Angeles Heart & Stroke Walk 2025 will provide an opportunity for people to improve their health by walking to raise funds that will help fight heart disease and stroke. Funds that are raised through the Greater Los Angeles Heart & Stroke Walk help support research and local programs specifically designed to address health inequity around heart disease and stroke awareness.

According to the Los Angeles County Department of Health, an estimated 2.1 million Angelenos are living with hypertension and 543,000 residents over 18 have been diagnosed with cardiovascular disease. The California Department of Public Health found that cardiovascular disease continues to be the leading cause of death in the State of California while stroke is the third cause of death.

To support the efforts of the American Heart Association, we encourage Angelenos throughout the County to participate in this year's Greater Los Angeles Heart & Stroke Walk.

Partakers will be able to join from their homes and choose their favorite activity or attend a special in-person celebration to help advance the mission of longer, healthier lives for all. In addition to the participation of thousands of Los Angeles County friends and neighbors, our County departments' wellness coordinators will be asked to disseminate information regarding the Greater Los Angeles Heart & Stroke Walk and encourage their colleagues to support and participate in these events. Many of us have either been affected or known someone who has been affected by cardiovascular disease, and it is imperative that we stand together to show support and solidarity.

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MOTION

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MITCHELL	_____
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BARGER	_____

I, THEREFORE, MOVE that the Board of Supervisors:

1. Proclaim the month of September as “Los Angeles County Heart Walk & Stroke Month” in support of the event, which encourages all employees to live a healthier lifestyle and reduce the risk for cardiovascular disease;
2. Encourage all Los Angeles County Departments to support the Greater Los Angeles Heart & Stroke Walk by registering and supporting fundraising efforts;
3. Direct the Los Angeles County Department Public Information Officers to promote and distribute materials related to the Los Angeles Heart & Stroke Walk; and
4. Direct all Los Angeles County Department wellness coordinators to promote the 2025 Los Angeles Heart & Stroke Walk and encourage colleagues to participate and support.

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KB:tcvs