

MOTION BY SUPERVISOR KATHRYN BARGER

MAY 6, 2025

**MENTAL HEALTH AWARENESS MONTH**

In celebration of Mental Health Awareness Month during May 2025, and in acknowledgement that a mental health crisis exists across our County and nation, we recognize that our communities need support.

To help our communities build resilience and connection, the Los Angeles County Department of Mental Health (LACDMH) is launching this year's *Take Action for Mental Health L.A. County* campaign during the month of May, in partnership with nearly 70 community-based organizations and other County departments.

The need for mental health resources and support to heal and unite continues to grow as the nation faces a youth mental health crisis and the continued need to heal from violence in communities, persistent political and social turmoil, systemic racial injustice, worldwide atrocities, and economic uncertainties. All of these continue to take a profound toll on our collective mental health and wellbeing.

*Take Action for Mental Health L.A. County* will be comprised of Countywide events that promote health and healing by encouraging people to take action on their mental health for themselves and others. Developed by LACDMH, and in collaboration with the California Mental Health Services Authority (CalMHSA), *Take Action for Mental Health L.A. County* invests in local organizations, community leaders, creative individuals, and innovative ideas to strengthen community wellbeing. Throughout Mental Health Awareness Month in May, the *Take Action for Mental Health L.A. County* campaign will provide positive programming through community events, cultural experiences, and gatherings that foster togetherness, healing, and community engagement across all eight Los Angeles County service areas, five supervisorial districts, and a myriad of communities and neighborhoods. These free events will connect people of all ages and

- MORE -

**MOTION**

SOLIS	_____
MITCHELL	_____
HORVATH	_____
HAHN	_____
BARGER	_____

social and cultural backgrounds with the focus on decreasing stigma, increasing help-seeking behaviors, and awareness of and access to mental health services and resources. This May, we will foster community strength, creativity, and togetherness to heal and provide hope across the County while achieving mental health for all.

**I, THEREFORE, MOVE** that the Board of Supervisors proclaims May 2025 as Mental Health Awareness Month in Los Angeles County, supporting this work wholeheartedly and encouraging all County departments to participate in the *Take Action for Mental Health L.A. County* campaign.

# # #

KB:tcs

AGN. NO.

MOTION BY SUPERVISOR KATHRYN BARGER

MAY 6, 2025

**MENTAL HEALTH AWARENESS MONTH**

**EXEMPTION FROM CLUSTERS:** (Please check ☒ if the motion is exempt from the cluster process and the reason for exemption)

☐ See Rules of the Board, Section 22.2(f)

**REASON FOR EXEMPTION:**

- ☐ 1. Emergency, as provided by the Brown Act
- ☐ 2. Urgency, as provided by the Brown Act
- ☐ 3. Request to appear remotely under the emergency circumstances, as provided by the Brown Act
- ☐ 4. Declaration and ratifications of emergency and all recovery and related actions
- ☒ 5. Fee waivers
- ☐ 6. Reward motions
- ☐ 7. Proclamations without substantive policy directives
- ☐ 8. Adjournments in a deceased person's memory
- ☐ 9. Presentation of scrolls

**CLUSTERS:** (Please check ☒ which cluster meeting the motion will be introduced)

- ☐ 1. Operations
- ☐ 2. Community Services
- ☐ 3. Family and Social Services
- ☐ 4. Health and Mental Health Services
- ☐ 5. Public Safety

**CLUSTER MEETING DATE:**

**BOARD MEETING DATE:**

AGN. NO.

MOTION BY SUPERVISOR KATHRYN BARGER

MAY 6, 2025

**MENTAL HEALTH AWARENESS MONTH**

**VOTES REQUIRED:**

☐ 3-VOTES   ☐ 4-VOTES   ☐ 5-VOTES

**CATEGORIES:** (Please check ☒ those that apply)

- ☐ 1. Child Welfare
- ☐ 2. Community and Youth Empowerment
- ☐ 3. County and Municipal Services
- ☐ 4. Economic Justice
- ☐ 5. Economic and Workforce Development
- ☐ 6. Education
- ☐ 7. Environment and Environmental Justice
- ☐ 8. Fiscal
- ☐ 9. Governance
- ☒ 10. Health
- ☐ 11. Homelessness and Housing
- ☐ 12. Immigration
- ☐ 13. Public Safety and Diversion
- ☐ 14. Social Justice and Human Rights
- ☐ 15. Technology and Data
- ☐ 16. Arts, Culture, and the Creative Economy
- ☐ 17. Legislation
- ☐ 18. Parks and Open Space
- ☐ 19. Planning/Land Use
- ☐ 20. Transportation
- ☐ 21. Veterans
- ☐ 22. Delegated Authority