

MOTION BY SUPERVISOR KATHRYN BARGER

May 6, 2025

Declaring May 2025 as Older Americans Month and May 22, 2025 as Older

Americans Recognition Day in Los Angeles County

To honor, celebrate, and acknowledge Los Angeles County older adults' residents, Los Angeles County will proclaim May 2025 as Older Americans Month. Older adults play a critical role in our communities and are valuable members of society. They share their experience, wisdom, and support. They serve as caregivers, volunteers in the community, and are the pillars of our communities.

Los Angeles County values older adults and their contribution. They have a wealth of skills and unique experiences that enrich our lives and communities. Of the many valuable contributions, their ongoing commitment to community service is noteworthy, building resilient communities. We extend our gratitude for their ongoing dedication and commitment. This year's Older Americans Month's theme is "Flip the Script on Aging."

"Flip the Script on Aging" focuses on transforming how society perceives, talks about, and approaches aging. It encourages individuals and communities to challenge stereotypes and dispel misconceptions. This year, we are honoring older adults' contributions, exploring the many opportunities for staying active and engaged as we age, and highlighting the opportunities for purpose, exploration, and connection that come with aging. Engaging in meaningful activities gives a sense of purpose and results in positive health outcomes while connecting with others improves quality of life and well-being.

As a community, we are living longer and are aging rapidly. When older adults remain engaged, independent, and included, the whole community benefits. Consequently, connectedness to family, friends, and the community is critical to staying healthy and thriving.

MOTION

SOLIS	_____
MITCHELL	_____
HORVATH	_____
HAHN	_____
BARGER	_____

I, THEREFORE, MOVE that the Board of Supervisors:

1. Proclaim the month of May 2025 as Older Americans Month; and
2. Proclaim May 22, 2025, as Older Americans Recognition Day in Los Angeles County and direct the Aging and Disabilities Department to coordinate with the appropriate County departments and the Los Angeles County Commission for Older Adults (LACCOA), to organize the 60th Annual Older Americans Recognition Day Awards Program and Reception to be held Thursday, May 22, 2025, at the Omni Los Angeles Hotel at California Plaza.

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KB:mbs