

MOTION BY SUPERVISOR KATHRYN BARGER

MARCH 4, 2025

PROCLAIMING MARCH AS CEREBRAL PALSY AWARENESS MONTH IN LOS ANGELES COUNTY

According to the United States Centers for Disease Control and Prevention (CDC), Cerebral Palsy (CP) is a group of disorders that affect a person's ability to move and maintain balance and posture. CP is the most common motor disability in childhood and is associated with lifelong physical challenges and premature birth. It is caused by trauma to the child's brain before or during birth, or within the first few years of life, and is not a hereditary or contagious condition. Motor symptoms can range from mild to severe, and common co-morbidities may include problems with speech, vision, auditory processing, cognition, feeding, and bladder control. Additional challenges include chronic pain and poor sleep.

The symptoms of CP vary from person to person. A person with severe CP might need to use special equipment to be able to walk or might not be able to walk at all and might need lifelong care. A person with mild CP, on the other hand, might walk a little awkwardly, but might not need any special help. CP does not get worse over time, though the exact symptoms can change over a person's lifetime.

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Page: 2

Cerebral Palsy Awareness Month is recognized in March every year.

I, THEREFORE, MOVE THAT THE BOARD OF SUPERVISORS:

1. Proclaim March as Cerebral Palsy Awareness Month and suggest County of Los Angeles employees wear a green ribbon on March 25, 2025, to honor individuals living with cerebral palsy and to acknowledge family members and activists in advocating for the Cerebral Palsy community.

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