Homeless Initiative

Los Angeles County Emergency Response

Los Angeles County Board of Supervisors









FOUR PEH MISSIONS









ENCAMPMENT RESOLUTION

HOUSING

MENTAL HEALTH
AND
SUBSTANCE USE
DISORDER
TREATMENT

EVICTION PREVENTION

1

2

3

4



Strategies to Address People Experiencing Homelessness with Substance Use Disorders

September 17, 2024

Los Angeles County Department of Public Health Substance Abuse Prevention and Control Bureau



Impact of the Homeless Emergency Declaration on SAPC Services

- The pace of new initiatives, priorities, legislation, and work consistently outpaces the timing of bringing in staff or contracting for and procuring services and products to execute this new work
 - Homeless flexibilities have been essential to allow SAPC to:
 - More quickly bring in critical staff to meet a variety of growing responsibilities related to homelessness, CalAIM, SB 43, payment reform, operationalizing new funding such as opioid settlement/BHBH/MHSOAC, etc.
 - <u>Establish contracts via a truncated timeline</u> to expand needed services more quickly.
 - Expediate procurement of supplies such as overdose prevention kits to minimize homeless overdose deaths
 - Each of these areas (hiring, contracting, procurement) are essential to address County priorities around homelessness and months have been saved through each of these processes due to these flexibilities



SAPC's Leveraging of the Homeless Emergency Declaration

Hiring

- Examinations opened through HI →
 - SAPC Examinations: 13 Other DPH Programs with HI Nexus: 4 examinations
- Hired candidates through the HI examination process →
 - SAPC Hires: 37 candidates Other DPH Programs with HI Nexus: 23 candidates
- Ordinance Position Authority (OPA's) to support expedited hiring through HI \rightarrow 32+ items

Contracting

- New contracts executed \rightarrow 5 harm reduction & 3 opioid settlement related contracts
- <u>Contract amendments</u> executed > 9 (7 harm reduction and 2 juvenile justice SUD treatment)

Procurement

- Substance Use Disorder Network Learning Platform
- In-process of procuring items for 25,000 overdose prevention kits



Support from the Board of Supervisors

 Consider making homeless emergency declaration flexibilities permanent (hiring/contracting/procurement) to routinize the urgency of this work to better support PEH



Those seeking out services

Those interested in but not seeking out services

Fundamentally, people with SUDs can be categorized into 3 groups

Those not interested in services

A Continuum of Substance Use Interventions



Youth Development & Health Promotion

Programs at school- and community-level

Drug Use Prevention

Universal, selected, and indicated prevention

Harm Reduction → Currently largely serves people who are using drugs and not yet interested in SUD treatment

• Low threshold services proven to reduce morbidity and mortality, including outreach, overdose prevention (naloxone and fentanyl test strip distribution, etc), syringe exchange, peer services, linkages to SUD treatment and other needed services, etc.

SUD Treatment & Recovery → Currently largely serves people who are ready for abstinence

Involves a spectrum of settings: opioid treatment programs, outpatient, intensive outpatient, residential, inpatient, withdrawal management, Recovery Services, Recovery Bridge Housing, field-based services, care coordination and navigation, etc.

Surveillance of drug use and its community impact



Strategic Approach to Meeting PEH Needs

Optimizing the matching of resources to need

Subsets of PEH

PEH who will/can engage in brick-and-mortar sites because they're interested in services

PEH who are not willing/able to engage at brick-and-mortar sites but who would accept field-based treatment services

PEH who are not willing/able to engage in any services but would benefit from outreach to build bridges/relationships/trust



Benefits of providing SUD services in brick-and-mortar sites:

- Optimizing care quality
- Efficiencies enable more service delivery



Benefits of providing fieldbased SUD services:

 Providing treatment for those who otherwise would not engage Some treatment is better than no treatment



Benefits of providing outreach services:

- Engaging those who otherwise would not engage
- Outreach opens the door to trust and relationships, in addition to other services



- Brick-and-Mortar SUD treatment
- Field-based SUD treatment
- Outreach & harm reduction expansion
- Ideal for individuals who will actively seek out SUD treatment, with or without support (e.g., transportation).
- Service participants receive <u>all</u> components of SUD treatment:
 - Individual counseling
 - Group counseling
 - Medications for addiction treatment
 - Care coordination
 - Family therapy
 - Higher levels of care (withdrawal management, residential, inpatient, etc.)
- Growth of SAPC's specialty SUD treatment system since implementation of the Drug Medi-Cal waiver in 2017:
 - Overall, **275% increase** in SUD treatment investments due to **830% increase** in leveraging of Drug Medi-Cal, resulting in:
 - >200% increase in residential SUD treatment beds
 - 50% increase in outpatient SUD treatment
 - >700% increase in Recovery Bridge Housing beds



- Brick-and-Mortar SUD treatment
- Field-based SUD treatment
- Outreach & harm reduction expansion
- Field-based SUD treatment (FBS) is provided in non-traditional settings such as encampments, shelters, interim or permanent housing, etc.
- Goal is to increase access to SUD treatment services, promote patient engagement, and better serve hard-to-reach populations
- Primary components of SUD treatment are more limited compared to brick-and-mortar settings:
 - Individual counseling
 - Care coordination
 - MAT available through the MAT Consultation Line operated by DHS and funded by SAPC
- FBS scaling challenges for SUD providers: staffing shortages, cost-to-volume of service recipient ratio (reimbursement)
- SAPC has streamlined the FBS application process and significantly expanded FBS:

| Fiscal Year | FBS Agencies | FBS Service Sites | |
|-------------|--------------|-------------------|---------------------|
| FY 22-23 | 16 | 56 | 98% increase |
| FY 23-24 | 22 | 111 | 157% increase |
| FY 24-25 | 26 | 144 | 30% increase |



- Brick-and-Mortar SUD treatment
- Field-based SUD treatment
- Outreach & harm reduction expansion

Client Engagement and Navigation Services (CENS)

- Services include outreach, engagement, SUD education, linkage to services, navigation, harm reduction strategies
- Provided in interim housing, encampments, courts, urgent care centers, etc.
- Previous CENS scaling challenge was funding-related, but due to CalAIM policy changes, SAPC started billing Drug Medi-Cal for a portion of CENS services starting in 2024
- SAPC has significantly expanded CENS sites, particularly for PEH:

| Fiscal Year | CENS Agencies | CENS Sites | |
|-------------|---------------|------------|---------------|
| FY 22-23 | 8 | 162 | 41% increase |
| FY 23-24 | 8 | 228 | 158% increase |
| FY 24-25 | 8 | 418 | 83% increase |



- Brick-and-Mortar SUD treatment
- Field-based SUD treatment
- Outreach & harm reduction
 expansion (cont'd)

Harm Reduction Services

- Harm reduction service services include outreach, engagement, naloxone and test strip distribution, syringe exchange, SUD education, linkage to services, etc.
- Provided via both brick-and-mortar and street-based settings
- Harm reduction funding is limited and various funding streams have restrictions, but SAPC's fiscal strategies have allowed it to significantly expand harm reduction investments by <u>over 500%</u> over the past three years
- Investing in the full continuum of SUD services
 - Importantly, SAPC's increased harm reduction investments have been made in the context of also increasing investments in:
 - SUD <u>prevention</u> by 260%
 - SUD <u>treatment</u> by 275%



Expansion Plan – SAPC's PEH-Focused Services

- Across the board expansion:
 - Brick-and-mortar sites Projected ~50% expansion over the next 2 fiscal years
 - <u>Field-based sites</u> Projected **~30-40% expansion** over the next 2 fiscal years
 - Outreach and engagement services Projected ~40-50% expansion of SAPC-funded services (e.g., CENS, harm reduction services) over the next 2 fiscal years
 - Outreach and engagement are appropriately shared responsibilities across various
 partners This projected growth in SAPC's outreach and engagement services does not
 include similar services provided by multidisciplinary teams funded by other County
 partners that also help to identify and refer individuals who would benefit from SUD
 services, so this expand is on top of those services





Use of Delegated Authorities for Homeless Services and Housing Programs

Sole Source Contracts:

- Behavioral Health Bridge Housing (BHBH)
 - Contracted with two consultants to support early implementation
 - Contracted with Brilliant Corners to administer the BHBH program and DMH's current interim housing portfolio
- Hollywood 2.0
 - Fountain House Clubhouse Program
 - Anew Dawn Highly Enriched Residential Care Services
 - RAND Evaluator
- Interim Housing Outreach Program (IHOP)
 - Regents of California Los Angeles/California Policy Lab- Evaluator

Hiring:

- Emergency Appointments between January 1, 2023 and August 15, 2024 :
 - Approved Ordinance Position Authority 290
 - DMH hired/promoted— 503
 - Countywide Engagement Division 165 staff
 - Housing and Job Development Division -23 staff
 - Approved Special Step Placements 23

Expansion of Homeless Outreach & Mobile Engagement (HOME)

Expanded the **HOME** program by **107** FTE positions

9 Street Teams



16 Street Teams

+Operations & Navigation Team +Wellness & Recovery Team

| Year | Total Served | Housed | 5150s | Conservatorships |
|-------------|--------------|--------|-------|------------------|
| 2023 | 1919 | 428 | 196 | 80 |
| 2024 YTD | 1888 | 346 | 138 | 73 |



Operations & Navigation team is responsible for managing planned admissions and bed management

Wellness & Recovery team is responsible for preventing individuals from falling through the cracks and supplement

Creating the Hollywood 2.0 Ecosystem

New Service Model

Hollywood Mental Health Cooperative

New Housing Resources

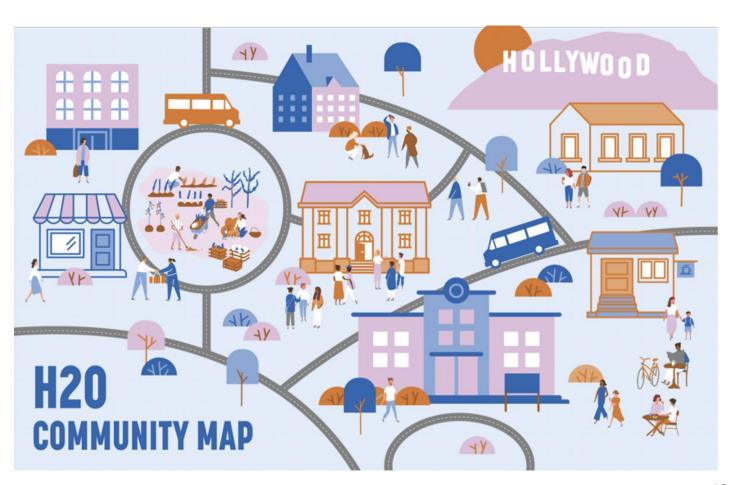
- 102 Interim Housing Beds (Mark Twain & Hollywood Walk of Fame)
- 100 Adult Residential Care Facility subsudies
- 50 Permanent Supportive Housing vouchers

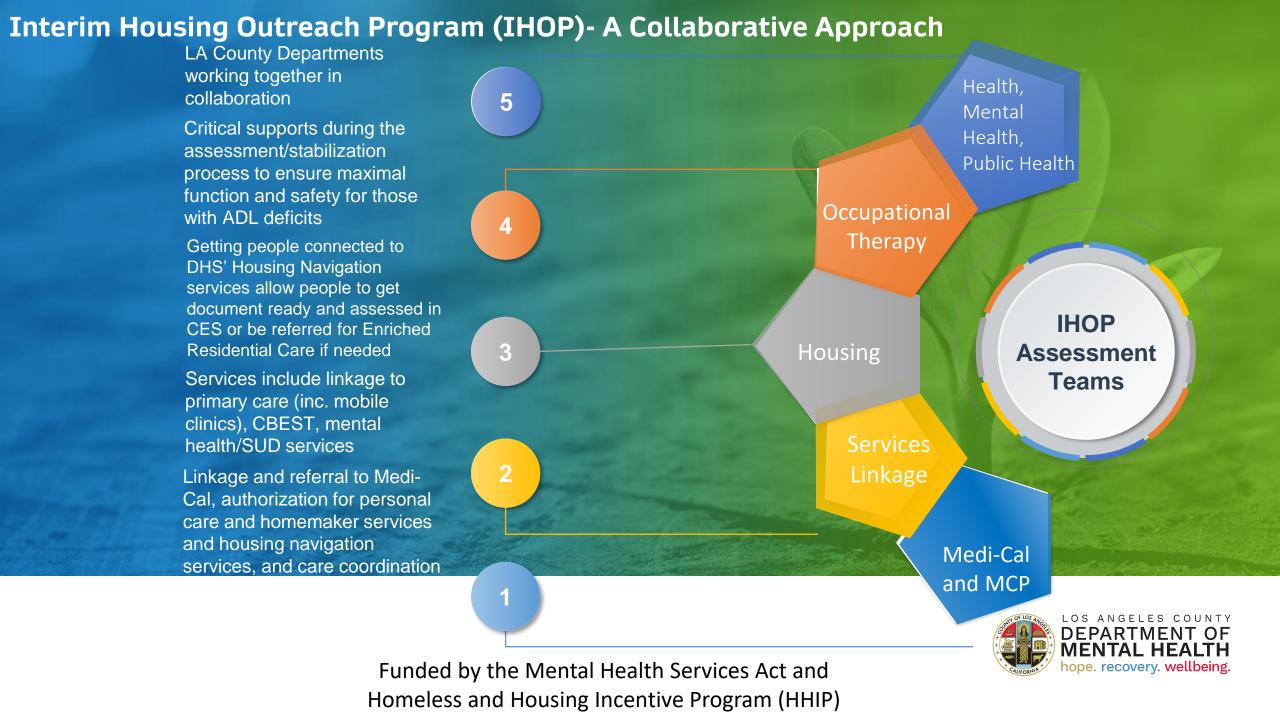
New Programs

- Clubhouse
- Highly Enriched Residential Care Services

Coming Soon...

- Supported Employment RFP Proposals Due on 8/22/24
- Psychiatric Urgent Care w/Peer Respite

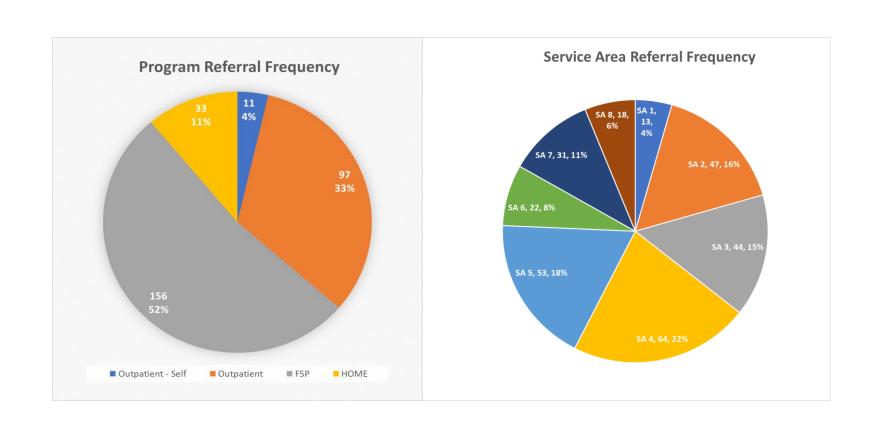




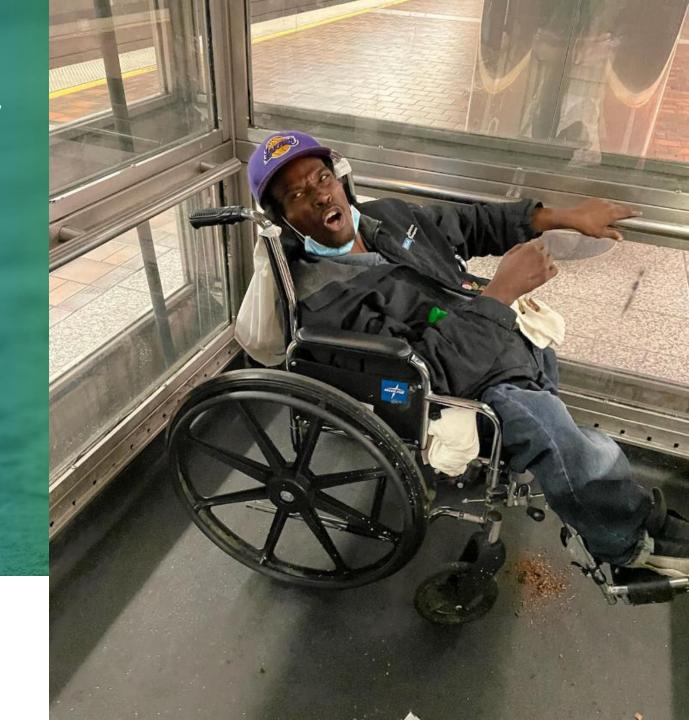
Universal Entry Portal

- Stems from demand for Homeless outreach workers (from Metro, LAHSA, City of LA) to have a "direct referral pathway" into DMH
- The Outreach Worker Referral (OWR) screening tool was developed. Street outreach workers complete the OWR tool with information they know about the client
- The information provided in the questionnaire determines the most appropriate DMH program (Crisis, HOME, FSP, Outpatient) for the client using a built in algorithm
- The referral information is then transferred/sent to the appropriate program to follow up with the client

>> Status of Referrals (May 9 – September 2)



- Victim of gun violence as adolescent
- Left paraplegic, requiring catheter and colostomy bag
- Developed psychotic illness in his 20s
- Paranoid, suspicious, delusional belief he is Kobe Bryant
- Leaves family, leaves care facilities
- Becomes homeless
- Refuses all offers of service and resources from outreach workers
- He's Kobe, he's rich and famous, he doesn't need help
- Eventually stops caring for himself effectively
- Develops bedsores and ulcers



Before HOME Involvement

| Services Provided in 2020 | Cost |
|---|-------------|
| Fire Department: 200 calls at \$1000/call | \$200,000 |
| St. Joseph's ED: 33 visits at \$6,145.76/visit | \$202,810 |
| Cedars, Tarzana, and Holy Cross EDs: 77 visits | \$470,223 |
| ED visits at other facilities: 100 \$6,145.76/visit | \$614,576 |
| Limb Amputation | \$121,294 |
| One Year Total Prior to HOME | \$1,608,903 |

With HOME Involvement Structured Placement

| Services Provided in 2023 | | Cost |
|---|----------------------|----------|
| Psychiatric Skilled Nursing Facility: \$249/day | | \$90,885 |
| | Current Yearly Total | \$90,885 |

With HOME Involvement Step Down to Enriched Residential Care

| Services Provided in 2023 | | Cost |
|--|----------------------|-------------|
| Enriched Residential Care Facility: \$157.68/day | | \$57,553.68 |
| | Current Yearly Total | \$57,553.68 |



