



**PUBLIC REQUEST TO ADDRESS
THE BOARD OF SUPERVISORS
COUNTY OF LOS ANGELES, CALIFORNIA**

MEMBERS OF THE BOARD

HILDA L. SOLIS
HOLLY J. MITCHELL
LINDSEY P. HORVATH
JANICE HAHN
KATHRYN BARGER

Correspondence Received

The following individuals submitted comments on agenda item:				
Agenda #	Relate To	Position	Name	Comments
2-D.		Oppose	Monisha Parker	<p>Dear Board of Supervisors,</p> <p>I am writing to express my opposition to item 2-D concerning the Employee Health Plans for The Los Angeles County Development Authority for the calendar year 2025. Given the current high cost of living in Los Angeles County, I believe the proposed health plan is not reasonable for employees who are already facing financial pressures in their daily lives.</p> <p>As we look toward 2026, it is crucial to implement a more reasonable and sustainable employee health plan that ensures accessibility and affordability for all. I would like to propose a multi-faceted strategy for your consideration that addresses necessary reforms in employee health plans while maximizing the well-being and engagement of our workforce.</p> <ol style="list-style-type: none"> 1. Explore Alternative Funding Models: Transitioning to a self-insured model could provide significant cost savings. Additionally, offering Health Reimbursement Arrangements (HRAs) would allow employees to manage their out-of-pocket expenses with pre-tax dollars. 2. Encourage Preventive Care: Comprehensive wellness programs and incentives for participating in preventive screenings can foster a culture of health within our workforce, ultimately reducing long-term healthcare costs. 3. Utilize Technology: Expanding access to telehealth services can provide convenience and lower costs for employees. Health-tracking apps can also promote healthier lifestyles and reduce reliance on expensive medical care. 4. Optimize Plan Design: Introducing tiered networks that reward the use of high-quality, cost-effective providers and shifting to value-based care models can also help contain costs while ensuring better care outcomes. 5. Negotiate with Providers: Establishing direct contracts with healthcare providers or engaging in collaborative purchasing with other employers can reduce expenditures and improve service quality. 6. Educate Employees: Providing health literacy programs will enable employees to make more informed healthcare choices, thus ensuring they select plans that best fit their needs and budgets. 7. Implement Flexible Benefits: Flexible spending accounts (FSAs) and health savings accounts (HSAs) can empower employees to manage their healthcare expenses more effectively. 8. Government Programs and Subsidies: Engaging with available state and

				<p>federal programs designed to assist with healthcare affordability could lower the burdens on employees and employers alike.</p> <p>9. Continuous Evaluation and Feedback: Regularly assessing health plans for effectiveness and cost, alongside employee feedback, will drive improvements and better align offerings with employee needs.</p> <p>10. Promote a Healthy Workplace Culture: Prioritizing mental health and promoting flexible work arrangements can lead to higher employee satisfaction, reduced absenteeism, and subsequently lower healthcare costs.</p> <p>By implementing these strategies, we can work together to create an employee health plan that is not only affordable but also prioritizes the health and well-being of our workforce in Los Angeles County.</p> <p>Thank you for your attention to this critical matter. I hope you will consider these points seriously as you deliberate on item 2-D. Sincerely, Monisha Parker</p>
		Other	LaKisha G Cameese	
		Item Total	2	
Grand Total			2	