

MOTION BY SUPERVISOR BARGER

GREATER LOS ANGELES HEART AND STROKE WALK 2024

This year, the American Heart Association will host its annual Greater Los Angeles Heart & Stroke Walk on Sunday, October 27, 2024, at the Rose Bowl Stadium to raise awareness and encourage physical activity that promotes heart health and well-being. The Greater Los Angeles Heart & Stroke Walk 2024 will provide an opportunity for people to improve their health by walking to raise funds that will help fight heart disease and stroke. Funds that are raised through the Greater Los Angeles Heart & Stroke Walk help support research and local programs specifically designed to address health inequity around heart disease and stroke awareness.

Cardiovascular disease continues to be the leading cause of death in California, while stroke is the third cause of death. According to the Los Angeles County Department of Public Health, of the 543,000 residents over age 18 who have been diagnosed with cardiovascular disease, an estimated 90,000 reside in the Fifth District. Service Planning Area 1, which encompasses the Antelope Valley, has the third highest rate of cardiovascular disease diagnosis in Los Angeles County (County).

To support the efforts of the American Heart Association, we encourage Angelenos throughout the County to participate in this year’s Greater Los Angeles Heart & Stroke Walk. Partakers will be able to join from their homes and choose their favorite activity or attend a special in-person celebration to help advance the mission of longer, healthier lives for all.

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In addition to the participation of thousands of family members, friends, and neighbors, County departments' wellness coordinators will be asked to disseminate information regarding the Greater Los Angeles Heart & Stroke Walk and encourage their colleagues to support and participate in these events. Many of us have either been affected or known someone who has been affected by cardiovascular disease, and it is imperative that we stand together to show support and solidarity.

I, THEREFORE, MOVE that the Board of Supervisors:

1. Proclaim the month of October as "Los Angeles County Heart Walk & Stroke Month" in support of the event, which encourages all employees to live a healthier lifestyle and reduce the risk for cardiovascular disease;
2. Direct all Los Angeles County Departments to support the Greater Los Angeles Heart & Stroke Walk by registering and supporting fundraising efforts;
3. Direct the Los Angeles County Department Public Information Officers to promote and distribute materials related to the Los Angeles Heart & Stroke Walk; and,
4. Direct all Los Angeles County Department wellness coordinators to promote the 2024 Los Angeles Heart & Stroke Walk and encourage colleagues to participate and support.

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