



**PUBLIC REQUEST TO ADDRESS  
THE BOARD OF SUPERVISORS  
COUNTY OF LOS ANGELES, CALIFORNIA**

MEMBERS OF THE BOARD

HILDA L. SOLIS  
HOLLY J. MITCHELL  
LINDSEY P. HORVATH  
JANICE HAHN  
KATHRYN BARGER

**Correspondence Received**

Agenda #	Relate To	Position	Name	Comments
The following individuals submitted comments on agenda item:				
30.		<b>Favor</b>	Alissa Bernstein	
			Celinda Vazquez	<p>Dear Chair Horvath and Supervisors,</p> <p>Planned Parenthood Advocacy Project Los Angeles County (PPAP) is proud to support Item 30 - a motion to establish 'bubble zones' throughout unincorporated Los Angeles County which will aim to safeguard individuals' rights to access places of worship, education, and health care. We commend the County's dedication to ensuring that all residents feel secure when entering or leaving these spaces and to protecting them from anyone who might attempt to obstruct their access to these vital sites.</p> <p>Even in a County like Los Angeles, individuals are often approached and harassed while trying to access facilities such as Planned Parenthood Los Angeles. It is crucial that people can worship, learn, and receive healthcare according to their personal needs and choices. We are committed to this mission and hope that municipalities, including the County of Los Angeles, will employ every available resource to support and protect residents in achieving these goals.</p> <p>PPAP is committed to ensuring that everyone can access the healthcare of their choice without fear or intimidation and dedicated to collaborating with the County of Los Angeles to make this vision a reality.</p> <p>Respectfully, Celinda M. Vázquez Executive Director Planned Parenthood Advocacy Project Los Angeles County</p>
			Jeffrey I Abrams	<p>To the Honorable Board of Supervisors:</p> <p>Earlier this year, I wrote on behalf of the Anti-Defamation League (ADL) Los Angeles region in support of the January 23rd motion by the Board of Supervisors requesting that County Counsel study the feasibility of enacting a "bubble zone" ordinance to protect individuals entering or exiting a hospital, medical clinic, or healthcare facility, and the feasibility of expanding the application of a "bubble zone" ordinance to include sensitive sites such as places of worship.</p> <p>Today, over six months later, I write in support of item 30: Enacting Bubble Zones for Sensitive Sites in Unincorporated Los Angeles County by Supervisor Lindsey P. Horvath, which will instruct the County Counsel to draft such an ordinance. ADL supports the crafting of an ordinance that will safeguard both the right to free speech and the right to free exercise, and we look forward to opportunities to help review and refine the language of the ordinance to accomplish this objective most effectively.</p> <p>Founded in 1913 in response to an escalating climate of antisemitism and bigotry, ADL has now become a leading national anti-hate organization. As</p>



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	<p>we strive to fulfill our founding mission “to secure justice and fair treatment to all,” our goal is a world in which no group or individual suffers from bias, discrimination, or hate.</p> <p>Enacting a carefully crafted bubble zone ordinance will help protect the safety and Free Exercise rights of those attempting to access synagogues and places of worship—faith leaders, staff, congregants, and visitors. Houses of worship have unfortunately increasingly become targets for various forms of extremism and harassment, reflecting the heightened tensions we have seen nationwide. Most recently, this included violence, preventing access to the Adas Torah synagogue in the Pico Robertson neighborhood of West Los Angeles.</p> <p>According to the most recent Los Angeles County Hate Crimes report, religion-based hate crimes spiked 41% and comprised 16% of all hate crimes. Moreover, reported crimes against Jews in Los Angeles County soared by 59% (from 81 to 129 crimes) from the previous year and made up 83% of all religion-motivated hate crimes. This significant increase compromises the safety and well-being of both faith leaders and community members. As protests and violent actions organized by extremists become more frequent, this ordinance will be an invaluable tool to ensure our congregation members can safely enter and exit our worship spaces.</p> <p>I thank Supervisor Horvath for introducing a motion that will help protect the rights, safety and wellbeing of our communities and respectfully request your support for item 30.</p> <p>Warmly,</p> <p>Jeffrey I. Abrams, Regional Director ADL Los Angeles</p>
Linda L Culbertson	As a member of the Los Angeles Council of Religious Leaders and the regional minister for the Presbyterian Church in this county, I support the need to make houses of worship included in the "bubble zone" making them accessible to those coming to engage in their religious practice. This should be a "safe" place for people to come and not be harassed by protectors or other outside groups barring access to those attending services, etc.
Mark Shpall	
Rabbi Noah Farkas	Jewish Federation Los Angeles strongly endorses Item 30 – Enacting Bubble Zones for Sensitive Sites in Unincorporated Los Angeles County. As the leading organization supporting and representing hundreds of thousands of Jewish community members across Los Angeles, we are deeply concerned about the safety and security of the Jewish community and urge you to support this motion. In addition to protecting places of worship for all faiths, it will also apply to hospitals, medical clinics, healthcare facilities, and public facilities, such as schools and libraries.



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		<p>We are looking to our Los Angeles County leadership to take concrete steps that will ensure the safety and security of all communities. Angelenos, regardless of race, religion, ethnicity, nationality, or gender identification, should be protected from hate crimes, harassment, violence, and acts of vandalism, especially at sensitive sites where they worship, receive care, and exercise their personal rights.</p>
	Roz Rothstein	
	Sarah hronsky	
	Sarah R Hronsky	See attached letter
	Yaakov Subar	Please vote in favor of this crucial item!
<b>Oppose</b>	Angus J McPherson	I completely understand blocking an entrance to a private business doesn't matter what that business represents but peacefully protesting or just silently standing on a PUBLIC sidewalk expressing your views no matter what they are is a complete violation of the First Amendment of the United States of America constitution your feelings and personal sensitivity doesn't matter when it comes to the Law that is protected by the First Amendment this is an unlawful ordinance that any court in this country would uphold the law doesn't matter what side they are on this is clear as day that it is meant to curve the First Amendment protected activities.
	Elizabeth Chelling	I think this ordinance has the power to infringe on the legal and peaceful right for individuals to stand on sidewalks outside of abortion clinics and offer alternative options.
	JAMES G Hanink	WE NEED TO WITNESS TO LIFE. THE GREAT VIOLENCE IS WITHIN THE ABORTION CENTERS. ABORTION IS THE DELIBERATE KILLING OF AN INNOCENT HUMAN BEING. CALL THINGS BY THEIR NAMES!
	Lisa Ebiner Gavitt	I have spent many hours praying outside of abortion clinics; never have I or my companions blocked entrances. We are peaceful and prayerful. Women and men regularly come talk to us of their own accord, and our conversations are always fruitful, whether they accept our resources or not. The bubble zone ordinance would prevent such fruitful conversations from happening. Standing further away from the clinic, we would not be able to reach out to as many people. Believe it or not, abortion clinics are actually the ones who don't give women accurate information about all of their choices, and don't support them with resources if they would rather parent their child. A 2023 peer-reviewed study (attached) found that 60% of women who had had abortions would have carried their baby to term if they had greater emotional or financial support. A full 24% reported their abortion as unwanted or coerced. If a woman is choosing out of a deficit and out of fear, is it really a free choice at all? Is that empowering women? Is that a sign of a healthy community and society, that 60% of women didn't have enough support to make a choice they really desired? People who pray outside of clinics are there to be the connection to greater emotional and financial support for these women. We connect them to resource centers which provide emotional companionship, support, and resources for years after the baby is born. Many of us have



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	<p>personally stayed in touch for years with those we helped connect to resources, and they are full of nothing but gratitude that we were there outside the clinic that day, and that we reached out a helping hand. We have thrown baby showers for them, babysat their children for free, tutored their children for free, and so much more. It may seem unbelievable but lifelong connections are forged there on the sidewalk. The work which is done outside of abortion clinics should be viewed as a valuable service to the community and should not be restricted. I agree that no one should be yelled at or shamed or made to feel unsafe when going into a sensitive place like this or like a synagogue or library. However, this ordinance seems to be casting too broad of a net and may fail to take into account those of us who are always peaceful and who are actually helping women get connected to resources. Thank you for your consideration.</p>
Marie Ebiner Gavitt	<p>Good Morning,</p> <p>Regarding a 'bubble' zone, my thoughts are as follows.</p> <ul style="list-style-type: none"> <li>- Blocking entrances should be prohibited.</li> <li>- A 'bubble zone' may not help prevent vandalism, as referred to in the article. People set on vandalizing property will do it anyway, rendering a bubble zone ineffective. They will most likely do it during those hours when they think they are less detectible.</li> <li>- Another goal mentioned is preventing assaults. This is debatable, as assaults can happen because people cross physical or invisible barriers anyway.</li> <li>- Most participants in protests or rallies are peaceful. They should be able to hand out literature or invite another person to engage in a conversation.</li> </ul> <p>In summary, maintaining open entrances and keeping protesters and rally goers on the sidewalk and/or other public areas is sufficient. Please do not add 'bubble zones.'</p> <p>Thank you. Marie Ebiner Gavitt</p>
Mary Short	<p>This measure will of course be discussed with many attestations of each supervisor's deep belief in free speech and with many denials that the measure is designed to suppress free speech, despite the fact that that is exactly what it would do. There are already laws against blocking sidewalks and entrances, laws against harassment and assault, and laws against threats. This measure would restrict harmless and otherwise lawful speech. This measure would replace a basic human interaction, in which one person approaches another person to start a conversation in normal tone of voice, with a loud and intimidating situation, in which the person exercising her right to free speech must raise her voice, use a bullhorn, or display a large sign in order to communicate. Before voting on this measure, each supervisor should go to a busy sidewalk and attempt to distribute flyers for his own reelection by first getting permission to approach within 8 feet. This suppression of peaceful free speech will leave loud, aggressive speech</p>



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	as the only option for counselors and activists.
Ryan L Morelli	You have got to be kidding me? Is this a communist city now? The 1st amendment doesn't exist? Approve this and you'll look like a fool, this is America, we have a Constitution and a Bill of Rights. How dare you for considering this. The issue notwithstanding. I may not even agree. It doesn't matter.
Salam Almarayati	<p>Supervisor Horvath Los Angeles County Board of Supervisors</p> <p>Dear Supervisor Horvath,</p> <p>I am writing to express my strong opposition to the proposed ordinance to create "bubble zones" around sensitive sites, including healthcare facilities, educational institutions, and places of worship, as outlined in your recent recommendation. While I recognize the intent to protect individuals entering or exiting these sites, I am deeply concerned about the potential infringement on First Amendment rights and the lack of adequate protection for protesters, particularly students, who voice their concerns about pressing global issues.</p> <p>First Amendment Concerns</p> <p>The proposed ordinance would criminalize activities fundamental to free expression, such as approaching individuals within eight feet for the purpose of distributing literature or engaging in oral protest. Such restrictions could stifle legitimate political and social discourse, particularly concerning critical issues like the ongoing genocide in Gaza. This legislation risks infringing upon constitutionally protected rights to free speech and assembly by limiting the ability of individuals and groups to express dissent and advocate for justice.</p> <p>Selective Enforcement and Protection Gaps</p> <p>Moreover, the history of selective enforcement of laws against the Muslim community raises concerns about the equitable application of this proposed ordinance. There have been numerous instances where assaults against Muslim protesters have been inadequately addressed or ignored by law enforcement, while similar offenses against other communities receive more attention. Enacting bubble zones could exacerbate these disparities, potentially enabling further selective enforcement that fails to protect Muslim protesters effectively.</p> <p>Impact on Student Protesters</p> <p>Student protesters, who are often at the forefront of advocacy for humanitarian issues, might find their voices further suppressed under this</p>

			<p>ordinance. The ordinance could impede students from engaging in peaceful protests or distributing information about critical issues, undermining their role as advocates for change. Given that many students are already marginalized in their efforts to address injustices, additional restrictions could significantly hinder their ability to participate in civic discourse.</p> <p>Recommendation</p> <p>I urge you to reconsider this proposal and instead explore measures that protect both individuals' rights and public safety without impinging upon First Amendment freedoms. Ensuring that law enforcement is trained to uphold and respect these rights while addressing genuine concerns of obstruction or harassment is crucial. Additionally, it is essential to implement safeguards to prevent selective enforcement and protect the rights of all protesters equally.</p> <p>Thank you for your attention to this matter. I look forward to your consideration of these important concerns.</p> <p>Sincerely,</p> <p>Salam Al-Marayati President, Muslim Public Affairs Council</p>
		Shawn Smith	<p>This Bubble Zone is far too broad in its language and does not specify the area or limits. It would be understandable if blocking 100 ft from entrances / exits was apart of the proposal. However, as it is written now, it would make it illegal for the public to express their constitutional rights of free speech and expression of religion. Peacefully, and in most cases, quietly protesting something that is against our beliefs should not be allowed to be stripped from the public.</p>
		Susan Honnold	<p>Are you as concerned with protecting those clinics that offer LIFE-AFFIRMING care for the mother and fetus? There's no mention in the report about the over 100 vandalism cases for those clinics? There is certainly a question here, probably will be decided by the SCOTUS about what is a reasonable distance. In the meantime, what exactly is constitutional and legal within our governing laws? It needs to be further discussed.</p>
		Y Serna	
		<b>Item Total</b>	<b>21</b>
<b>Grand Total</b>			<b>21</b>

August 2, 2024

Sarah Hronsky  
Rabbi  
Rabbi Keara Stein  
Dir. of Congregational Learning  
Maureen Goldstein  
Executive Director  
Claudine Douglas  
Dir. of Early Childhood  
Education

Los Angeles County Board of Supervisors  
Kenneth Hahn Hall of Administration  
500 West Temple Street, Room 381B  
Los Angeles, CA 90012

Memo: RE: Item 30 – Enacting Bubble Zones for Sensitive Sites in Unincorporated Los Angeles County

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Alan Weiner

Cantor Emeritus

To the Honorable Board of Supervisors:

I write in support of item 30: Enacting Bubble Zones for Sensitive Sites in Unincorporated Los Angeles County by Supervisor Lindsey P. Horvath. I wear a few different hats in the Los Angeles Community. I have the honor of serving as the President of both the Los Angeles Council of Religious Leaders (LACRL) and the Board of Rabbis of Southern California. The LACRL is composed of over 30 members from all faith backgrounds and leadership positions such as Bishops and Archbishop. The Board of Rabbis consists of approximately 200 rabbinic partners from Southern California. All of the faith partners I have spoken with stand in support of enacting safe bubble zones around houses of worship. In addition, I have served the Temple Beth Hillel community for 21 years and currently am the Senior Rabbi of our congregation. My synagogue has been on the receiving end of threatening calls, letters, "swatting" incidents, and hateful graffiti. We have endeavored to add more security measures, and yet our families still worry constantly. They fear in the marketplaces, in the schools, and at their house of prayer. Like many synagogues, ours has schools on our campus both weekdays and weekends; we receive concerns from parents daily. Even with armed guards, parents fear sending their students to campus and congregants worry about attending prayer services.

Enacting bubble zones will help ensure the safety of those attempting to access our places of worship—faith leaders, staff, congregants, and visitors. Houses of worship have increasingly become targets for various forms of extremism and harassment, reflecting the heightened tensions we have seen nationwide.

comprised 16% of all hate crimes. This significant increase compromises the safety and well-being of both faith leaders and community members. As protests and violent actions organized by extremists become more frequent, this ordinance will be an invaluable tool to ensure our congregation members can safely enter and exit our worship spaces.

I thank Supervisor Horvath for introducing a motion that will aid religious leaders in providing a safe and nurturing environment for our communities to thrive. I respectfully request your support for item 30.

Sincerely,



Rabbi Sarah Hronsky  
Senior Rabbi



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Los Angeles County Board of Supervisors  
Kenneth Hahn Hall of Administration  
500 West Temple Street, Room 381B  
Los Angeles, CA 90012

August 2, 2024

Memo: RE: Item 30 – Enacting Bubble Zones for Sensitive Sites in  
Unincorporated Los Angeles County

To the Honorable Board of Supervisors:

I write in support of item 30: Enacting Bubble Zones for Sensitive Sites in Unincorporated Los Angeles County by Supervisor Lindsey P. Horvath. As the Senior Rabbi of Temple Beth Hillel, the President of the Board of Rabbis of Southern California, and the President of the Los Angeles Council of Religious Leaders, a personal mission is to provide a safe and welcoming space for all religious communities to gather. Many of their synagogues around the county have been threatened, graffitied, and “swatted” including my own. Like many synagogues, ours has schools on our campus both weekdays and weekends; we receive concerns from our congregants almost daily. Parents fear sending their students to campus or coming to prayer services.

Enacting bubble zones will help ensure the safety of those attempting to access our places of worship—faith leaders, staff, congregants, and visitors. Houses of worship have increasingly become targets for various forms of extremism and harassment, reflecting the heightened tensions we have seen nationwide.

According to this past year’s Los Angeles County Hate Crimes report, crimes targeting religion spiked 41% and comprised 16% of all hate crimes. This significant increase compromises the safety and well-being of both faith leaders and community members. As protests and violent actions organized by extremists become more frequent, this ordinance will be an invaluable tool to ensure our congregation members can safely enter and exit our worship spaces.

I thank Supervisor Horvath for introducing a motion that will aid religious leaders in providing a safe and nurturing environment for our communities to thrive. I respectfully request your support for item 30.

Sincerely,

Rabbi Sarah Hronsky  
President of the Board of Rabbis of Southern California a part of the Jewish  
Federation of Los Angeles



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August 6, 2024

Los Angeles County Board of Supervisors  
Kenneth Hahn Hall of Administration  
500 West Temple Street, Room 381B  
Los Angeles, CA 90012

**RE: Item 30 – Enacting Bubble Zones for Sensitive Sites in Unincorporated Los Angeles County**

To the Honorable Board of Supervisors:

We write in support of item 30: *Enacting Bubble Zones for Sensitive Sites in Unincorporated Los Angeles County* by Supervisor Lindsey P. Horvath. As the Director of American Jewish Committee, our mission is to provide a safe and welcoming space for our community.

Enacting bubble zones will help ensure the safety of those attempting to access our city's places of worship—faith leaders, staff, congregants, and visitors. Houses of worship have increasingly become targets for various forms of extremism and harassment, reflecting the heightened tensions we have seen nationwide. According to this past year's Los Angeles County Hate Crimes report, crimes targeting religion spiked 41% and comprised 16% of all hate crimes. This significant increase compromises the safety and well-being of both faith leaders and community members. As protests and violent actions organized by extremists become more frequent, this ordinance will be an invaluable tool to ensure our congregation members can safely enter and exit our worship spaces.

We thank Supervisor Horvath for introducing a motion that will aid religious leaders in providing a safe and nurturing environment for our communities to thrive. We respectfully request your support for item 30.

Sincerely,

Richard S. Hirschhaut  
Director, AJC Los Angeles

# The Effects of Abortion Decision Rightness and Decision Type on Women's Satisfaction and Mental Health

Review began 03/28/2023  
Review ended 04/19/2023  
Published 05/11/2023

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David C. Reardon<sup>1, 2</sup>, Katherine A. Rafferty<sup>3</sup>, Tessa Longbons<sup>2</sup>

1. Research, Elliot Institute, St. Peters, USA 2. Research, Charlotte Lozier Institute, Arlington, USA 3. Psychology, Iowa State University, Ames, USA

Corresponding author: David C. Reardon, [elliottinstitute@gmail.com](mailto:elliottinstitute@gmail.com)

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## Abstract

### Background

A case series report based on the Turnaway Study has previously concluded that 99% of women with a history of abortion will continue to affirm satisfaction with their decisions to abort. Those findings have been called into question due to a low participation rate (31%) and reliance on a single yes/no assessment of decision satisfaction.

### Aim

To utilize more sensitive scales in assessing decision satisfaction and the associated mental health outcomes women attribute to their abortions.

### Method

A retrospective survey was completed by 1,000 females, aged 41-45, living in the United States. The survey instrument included 11 visual analog scales for respondents to rate their personal preferences and outcomes they attributed to their abortion decisions. A categorical question allowed women to identify if their abortions were wanted and consistent with their own values and preferences, inconsistent with their values and preferences, unwanted, or coerced. Linear regression models were tested to identify which of three decision scales best predicted positive or negative emotions, effects on mental health, emotional attachment, personal preferences, moral conflict, and other factors relevant to an assessment of satisfaction with a decision to abort.

### Results

Of 226 women reporting a history of abortion, 33% identified it as wanted, 43% as accepted but inconsistent with their values and preferences, and 24% as unwanted or coerced. Only wanted abortions were associated with positive emotions or mental health gains. All other groups attributed more negative emotions and mental health outcomes to their abortions. Sixty percent reported they would have preferred to give birth if they had received more support from others or had more financial security.

### Conclusions

Perceived pressure to abort is strongly associated with women attributing more negative mental health outcomes to their abortions. The one-third of women for whom abortion is wanted and consistent with their values and preferences are most likely over-represented in studies initiated at abortion clinics. More research is needed to understand better the experience of the two-thirds of women for whom abortion is unwanted, coerced, or otherwise inconsistent with their own values and preferences.

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**Categories:** Obstetrics/Gynecology, Psychology, Public Health

**Keywords:** coerced abortion, unwanted abortion, abortion, mental health, reproductive rights, unsafe abortions, pregnancy loss, health policy, post-abortion adjustments, post-abortion mental health

## Introduction

A 2015 study undertaken by an abortion advocacy group, Advancing New Standards in Reproductive Health (ANSIRH), reported that 99% of women who had undergone abortion three years earlier answered yes to the question: "Given your situation, was the decision to have an abortion the right decision for you?" [1,2]. These findings were interpreted by ANSIRH as evidence of nearly universal "satisfaction with the abortion decision" and widely reported by mass media outlets as evidence that women seldom experience regrets or mental health issues following abortion [3]. But in a separate analysis of the same sample of women, ANSIRH elsewhere reported high levels of regret (41-66%), sadness (64-74%), guilt (53-63%) and anger (31-43%) [4]. This incongruity between high rates of negative feelings and the reported 99% "decision

### How to cite this article

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satisfaction,” as the findings were described by the authors, invited considerable criticism of both ANSIRH’s methodology and their sample’s representativeness [1,3,5,6]. Concerns over the accuracy and interpretation of these results were further heightened by ANSIRH’s refusal to share their research instruments for review or their data for reanalysis [5].

A chief methodological criticism was that ANSIRH’s binary yes/no question lacked a scale for identifying the degree of “decision satisfaction” [3]. In addition, the question preface (“Given your situation”) may have fixated responses on beliefs and feelings at the time of the abortion. Aside from the risk of inviting reaction formation, a response of “yes” to the ANSIRH question may have meant nothing more than an affirmation that respondents tried to make the “right decision” given their situation at that time. In such cases, it would not actually inform us if women believed their abortions improved their lives, much less if their experience was free of any regrets, guilt, nightmares, depression, suicidal thoughts, substance use, rapid repeat pregnancy, or any other negative effects which research has shown to be associated with abortion [5,7-10].

Another major criticism of ANSIRH’s decision rightness analyses relied on their use of a non-representative sample of women in their longitudinal case series branded as the Turnaway Study [3]. The invitations to participate were non-random. Moreover, only 31% of the women invited to participate in the ANSIRH survey completed at least one interview and half of that fraction dropped out prior to the last interview [3,11]. The poor participation rate is further highlighted in contrast to another ANSIRH study for which 72% of women seeking an abortion participated, though notably this latter study only requested women to complete a pre-abortion questionnaire; therefore, invitees did not face any anticipation of anxieties regarding an interview to discuss their post-abortion feelings [12]. It seems likely that the low 31% participation rate in ANSIRH’s decision rightness sample reflects a high degree of selection bias. This conclusion is consistent with the findings of studies that have found that women who anticipate the most negative reactions to their abortions are least likely to agree to participate in follow-up interviews when invited to do so at an abortion clinic [5,13,14]. Moreover, in a previous analysis of the present retrospective survey, we reported a 91% completion rate among women who had abortions after the topic of abortion was revealed [15]. This closely matches the 92% participation rate of a study regarding emotional adjustments following prophylactic mastectomies [16]. This suggests that retrospective studies initiated after an abortion has been completed, and not in association with the abortion clinic itself, may provoke less stress and therefore higher participation rates.

While ANSIRH’s effort to invite women to offer a post hoc evaluation of the “rightness” of their abortion decision is not without merit, answers to this question should have been evaluated in the context of other measures of benefits or harm women attribute to their abortion experience. This is important because many studies have revealed that negative and positive reactions frequently co-exist [5]. While that fact was recognized in ANSIRH’s own analyses, they concluded that decision rightness and emotional adjustment are not significantly correlated, writing “Believing abortion was the wrong decision and experiencing negative emotions are distinct...”, a conclusion that is at odds with our own research and the self-reports of women [1,5].

In addition, ANSIRH’s researchers and other proponents of unrestricted abortion generally analyze and interpret their findings from the perspective that women only seek abortion for “unwanted pregnancies” despite consistent evidence that a substantial percentage of women are aborting pregnancies that were planned or welcomed, often due to pressure to abort from others or circumstances [5,15,17-19]. For example, analyses of the National Longitudinal Survey of Adolescent to Adult Health revealed that approximately 20% of women admitting a history of abortion reported that one or more of their aborted pregnancies had been wanted [20]. In addition, the same study found that abortion of wanted pregnancies was significantly associated with higher rates of subsequent psychological disorders. Those findings are consistent with the American Psychological Association’s 2008 task force report which found that negative reactions to abortion were more common for women “terminating a pregnancy that is wanted or meaningful” or when there is “perceived pressure from others” [5,21].

In light of the above issues, the goal of the present study is to improve on the assessment and understanding of decision rightness, decision types, and decision satisfaction utilizing more nuanced scales and a more random and representative sample of women than was utilized in ANSIRH’s Turnaway Study. An additional goal is to understand how assessments of decision rightness correlate to other measures applicable to assessing decision satisfaction and the mental health adjustments associated with abortion. Regarding these other measures, we hypothesized that differences in the abortion decision scale and a related decision type scale would be strongly correlated with the degree of self-reported moral and/or maternal conflicts, positive and/or negative emotional reactions, and the direction of mental health effects that women self-attribute to their abortions.

## Materials And Methods

Experts in abortion and mental health research were consulted in preparing a questionnaire for our Unwanted Abortion Studies, a series of investigations into the prevalence and effects of abortions that conflict with women’s own maternal preferences and moral beliefs. Employing the survey panel services of Cint.com, we collected 1,000 completed surveys from females who are residents of the US and 41 to 45 years

of age, both inclusive. Cint panelists are persons who voluntarily complete surveys using their own electronic devices in exchange for small rewards with a value under \$3. The Cint survey panels include over 28 million US residents. A narrow age range was chosen to eliminate the confounding effects of age while capturing the experience of women who have completed the majority of their reproductive lives. Additional details about the sample were previously published in an analysis of pressures to choose abortion [15]. Notably, in that previous study, we found that the demographic characteristics of the subgroup of women who reported abortions may somewhat underrepresent women who are less educated, less affluent, and Black, compared to the distribution rates reported elsewhere for women in these subgroups [15,22,23].

The questionnaire included 11 visual analog scales shown in Table 1. For each scale respondents were shown a horizontal line with a slider they moved to show the range of their agreement or disagreement relative to the two labels at either end. Responses were electronically coded from zero to 100, resulting in a scale range of 101 points. Among these items, ANSIRH’s central research question was reframed as the statement, “Given my situation, the decision to have an abortion was the right decision for me.” This allowed respondents to provide a range of agreement from “Not at all” to “Very much so,” rather than simply yes or no.

Abbreviation	Complete statement or question	Scale of Agreement
RightDecision	Given my situation, the decision to have an abortion was the right decision for me.	Not at all true   Very true
PersonalPref	Excluding the pressures I faced to have an abortion, in terms of satisfying my own personal preferences the abortion was . . .	Very unwanted   Very wanted
MoreSupport	If I had received more support from others, I would have continued the pregnancy.	Not at all true   Very true
MoreFinSecurity	If I had more financial security, I would have continued the pregnancy.	Not at all true   Very true
MoralConflict	The idea of abortion conflicted with my maternal desires.	Not at all   Very much so
MaternalConflict	The idea of abortion conflicted with my moral beliefs.	Not at all   Very much so
EmotionalAttachment	My emotional attachment to the pregnancy was...	None at all   Very high
HumanLife	I perceive the pregnancy as being . . .	A clump of cells   A human life
PositiveEmotions	My positive emotions regarding the abortion are . . .	None at all   Very high
NegativeEmotions	My negative emotions regarding the abortion are . . .	None at all   Very high
BetterMentalHlth	Abortion made my mental health . . .	Very much worse   Very much better

**TABLE 1: Survey Scales, abbreviations and range labels (0 to 100)**

An additional categorical question was asked: “Which best describes your abortion decision?” Respondents were presented with four possible answers: “Wanted and consistent with my values and preferences,” (Wanted), “Accepted but inconsistent with my values or preferences” (Inconsistent), “Unwanted and contrary to my values and preferences” (Unwanted) or “Coerced and contrary to my values and preferences” (Coerced). For parametric analyses, these categorical responses were recoded from 1 through 4 from Wanted, Inconsistent, Unwanted, and Coerced, respectively.

Three additional variables were calculated for this analysis. The first was an assessment of the more dominant trend in their emotional response to their abortions (NetEmotions), calculated by subtracting the score for NegativeEmotions from PositiveEmotions, yielding a possible range from -100 to +100. BetterMentalHlth was recoded using the formula  $2 * (\text{BetterMentalHlth} - 50)$ , yielding a range from -100 to +100, and assigned to a variable for mental health effects (MHeffects) with the sign and value representing both the direction (negative or positive) and degree of the effect women attributed to their abortions. Third, we recoded RightDecision scores below and above 50 to RightD2 as a zero or one, respectively, in order to approximate the equivalent of a no or yes answer to ANSIRH’s original question.

Finally, three univariate linear regression models, separately utilizing RightDecision, RightD2, and DecisionType as independent variables, were run for each of the dependent variables and were tested for best fit using Akaike information criterion (AIC).

The authors assert that all procedures contributing to this work comply with the ethical standards of the relevant national and institutional committees on human experimentation and with the Helsinki Declaration of 1975, as revised in 2008. All procedures involving human subjects/patients were approved by Sterling Institutional Review Board issued (ID:10225). Consent for survey participation, without prior notice

of the topic, was digitally obtained from all respondents by Cint.com. No information was collected that would allow the authors to identify individual participants. Analyses were conducted using RStudio (Build 576; Posit, Boston, MA).

## Results

To obtain a total of 1,000 completed surveys, a total of 1,161 persons identified by Cint to be females in our age range responded to a survey invitation that did not reveal the topic. The first two pages contained only demographic questions which were used to disqualify 122 respondents based on their self-reported age or gender. Of the remaining 1,039 respondents, 248 (23.7%) reported a history of abortion, which closely matches the Guttmacher Institute’s estimate that by the age of 45, 23.7% of American women will experience an induced abortion [22]. Of the 248 reporting a history of abortion, 226 (91%) completed the survey. Only the latter were included in the analyses.

Regarding DecisionType, 33% described their abortions as Wanted, 43% as Inconsistent, 14% as Unwanted and 10% as Coerced. In addition, 54% answered mostly affirmative ( $\geq 50$ ) to the statement that they would have continued their pregnancy if they had more financial security, 42% would have given birth if they had more support from others, and 60% reported they would have preferred to give birth if they had received either more emotional support or had more financial security.

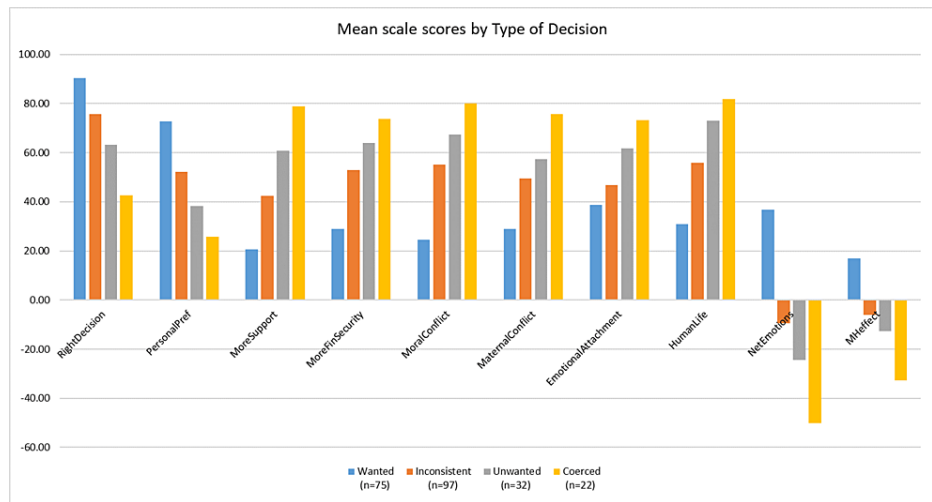
General descriptive statistics for scales, including the mean (M), standard deviation (SD), quartiles and the minimum and maximum responses are shown in Table 2. This table reveals that even while the mean of the RightDecision scale (75.55) was well above the centerpoint (50) the mean of all the other variables were either near the center or were negative.

Label	M	SD	min	25%	median	75%	max
RightDecision	75.55	27.79	0	59	84	100	100
PersonalPref	54.46	31.97	0	33	52	80	100
MoreSupport	41.30	35.69	0	3	37	74	100
MoreFinSecurity	48.52	37.45	0	4	54	83	100
MoralConflict	49.11	34.79	0	19	51	76	100
MaternalConflict	46.32	35.08	0	9	50	76	100
EmotionalAttachment	48.81	31.63	0	21	49	76	100
HumanLife	52.55	34.55	0	20	51	83	100
PositiveEmotions	50.37	30.54	0	29	49	73	100
NegativeEmotions	50.65	32.97	0	23	51	78	100
NetEmotions	-0.28	55.65	-100	-39	0	36	100
BetterMentalHlth	49.03	23.37	0	35	50	61	100
MHeffect	-1.94	46.74	-100	-30	0	22	100

**TABLE 2: Descriptive statistics of variables**

Descriptive statistics of variables, including mean (M), standard deviation (SD), and quartiles

Figure 1 shows the mean score for each scale segregated by the self-identified decision type groups: Wanted, Inconsistent, Unwanted, Coerced. In each case, the results revealed a consistent trend. Women whose abortions were wanted and consistent with their values and preferences reported the highest average score for RightDecision, PersonalPref, NetEmotions, and MHeffect. The three other groups were all more likely to attribute an overall negative effect on their mental health to their abortions, more negative than positive feelings, more moral and maternal conflicts over their abortion decision, less confidence in the rightness of their decision, less satisfaction with their decision as aligning with their own personal preferences, and were more likely to report that they would have given birth if they had received more support from others and/or had more financial security.



**FIGURE 1: Mean scale scores disaggregated by DecisionType**

The image was created by the authors using Microsoft Excel.

Table 3 shows the exact values for each data point shown in Figure 1, plus the additional variable, RightD2 which approximates the distribution of “yes” or “no” to the ANSIRH decision rightness question. RightD2 indicates that 94.7%, 89.7%, 62.5%, and 40.9% for the Wanted, Inconsistent, Unwanted, and Coerced groups, respectively, would most have answered “yes” if asked ANSIRH’s form of the question.

	Wanted (n=75)	Inconsistent (n=97)	Unwanted (n=32)	Coerced (n=22)	Total (n=226)
RightD2	0.9466	0.8969	0.6250	0.4090	0.8274
RightDecision	90.25	75.70	63.22	42.68	75.55
PersonalPref	72.72	52.23	38.16	25.82	54.46
MoreSupport	20.57	42.35	60.88	78.82	41.30
MoreFinSecurity	28.88	52.91	64.00	73.64	48.52
MoralConflict	24.63	55.03	67.28	80.00	49.11
MaternalConflict	28.88	49.52	57.28	75.73	46.32
EmotionalAttachment	38.64	46.88	61.72	73.23	48.81
HumanLife	30.93	55.90	72.91	81.91	52.55
NetEmotions	36.69	-9.60	-24.38	-50.23	-0.28
MHeffect	16.91	-5.98	-12.63	-32.82	-1.94

**TABLE 3: Mean scale scores by DecisionType groups**

Table 4 shows the correlation coefficients for every combination of the variables and reveals that all of these variables were significantly correlated to each other with  $p < .01$  for all cases. The strongest correlation (.70) was between MaternalConflict and MoralConflict. There was also a strong correlation (.68) between MoreFinSecurity and MoreSupport, which suggests that in many cases the lack of support from others was linked to a perception that the other persons argued for the abortion due to financial considerations. The next strongest correlation (.65) was between EmotionalAttachment to the unborn child and MaternalConflict, which was also mirrored in a high correlation (.57) between the perception that the pregnancy involved a HumanLife and EmotionalAttachment.

Variable	1	2	3	4	5	6	7	8	9	10
1. TypeDecision										
2. RightDecision	-.51**									
	[-.60, -.40]									
3. PersonalPref	-.47**	.44**								
	[-.57, -.36]	[.32, .54]								
4. MoreSupport	.51**	-.47**	-.36**							
	[.41, .60]	[-.57, -.36]	[-.47, -.24]							
5. MoreFinSecurity	.39**	-.34**	-.30**	.68**						
	[.28, .50]	[-.45, -.22]	[-.41, -.17]	[.60, .74]						
6. MoralConflict	.52**	-.39**	-.30**	.58**	.45**					
	[.42, .61]	[-.49, -.27]	[-.42, -.18]	[.49, .66]	[.34, .55]					
7. MaternalConflict	.40**	-.36**	-.39**	.54**	.44**	.70**				
	[.29, .51]	[-.47, -.25]	[-.50, -.28]	[.44, .63]	[.33, .54]	[.62, .76]				
8. EmotionalAttachment	.34**	-.39**	-.40**	.49**	.35**	.50**	.65**			
	[.22, .45]	[-.50, -.28]	[-.50, -.28]	[.39, .58]	[.23, .46]	[.39, .59]	[.57, .72]			
9. HumanLife	.49**	-.39**	-.41**	.55**	.37**	.54**	.52**	.57**		
	[.39, .59]	[-.49, -.27]	[-.51, -.29]	[.45, .64]	[.25, .48]	[.44, .63]	[.42, .61]	[.48, .65]		
10. NetEmotions	-.49**	.50**	.53**	-.48**	-.55**	-.57**	-.54**	-.42**	-.47**	
	[-.59, -.39]	[.40, .59]	[.43, .62]	[-.58, -.37]	[-.63, -.45]	[-.65, -.48]	[-.62, -.44]	[-.52, -.31]	[-.57, -.36]	
11. MHeffect	-.32**	.43**	.40**	-.27**	-.28**	-.30**	-.33**	-.36**	-.38**	.59**
	[-.43, -.20]	[.32, .53]	[.28, .50]	[-.38, -.14]	[-.40, -.16]	[-.41, -.17]	[-.44, -.20]	[-.46, -.24]	[-.49, -.27]	[.50, .67]

**TABLE 4: Correlation matrix of all variables with confidence intervals**

Values in square brackets indicate the 95% confidence interval for each correlation. The confidence interval is a plausible range of population correlations that could have caused the sample correlation.

\* indicates  $p < .05$ ; \*\* indicates  $p < .01$

For each outcome variable, three univariate linear regression models were constructed using DecisionType, RightDecision, and RightD2 as separate independent variables. AIC model selection was then used to identify which independent variable was the best-fit model for each outcome variable. RightD2, emulating ANSIRH’s binary variable, had the worst fit for every model tested. RightDecision had the best fit for three outcome variables: EmotionalAttachment, NetEmotions, and MHeffect. DecisionType was the best fit for all other outcome variables.

### Discussion

Our findings revealed that only one in three women described their abortions as both wanted and consistent with their own values and preferences. Two-thirds experienced their abortion decision as a violation of their own values and preferences, with 24% describing their abortions as unwanted or coerced. A majority of women who had abortions (60%) reported they would have carried to term if they had received more support from others and/or had more financial security. Both factors indicate that abortion is a marginal, or even unwanted, choice for most women. These findings are consistent with the results of other investigations reporting high rates of perceived pressure to abort and ambivalence regarding abortion decisions [24-28].

Overall, only women who describe their abortion choice as wanted and consistent with their own values and preferences attributed any mental health benefits or a net gain in positive emotions to their abortions. All other groups attributed more negative emotions and a decline in mental health to their abortions. For these



other groups, more social support, both from individuals and society, especially in terms of financial assistance, might empower those women who are at greatest risk of unwanted abortions to make choices more in line with their own personal values and preferences.

ANSIRH's studies predicted that 99% of women with a history of abortion would affirm that, given their individual situations, abortion was the right choice [1]. In our sample, however, when the RightDecision scale was converted to a binary RightD2 (simulating ANSIRH's binary yes or no decision assessment) only 82.7% mostly agreed with the statement that abortion was the right decision.

Greater insight is obtained, however, when RightDecision is segregated by our DecisionType variable. That segregation reveals that the Wanted group, for whom the abortion choice was consistent with their own values and preferences, was most similar to ANSIRH's sample, with 94.7% agreeing (RightDecision $\geq$ 50) that their decision was the right decision.

The observed disparity between ANSIRH's sample and our own are most likely due to ANSIRH's methodology. Previous studies have shown that women who anticipate negative feelings about their abortions are least likely to accept requests at abortion clinics for follow-up interviews [5,13,29]. This results in self-censure, with the women who are most prone to negative outcomes declining to participate. ANSIRH's selection bias was further exacerbated by a non-random invitation process, which included total exclusion of women seeking abortions due to suspected fetal anomaly, a subgroup known to be at higher risk of more negative reactions [2,5]. Even with the incentive of a \$50 gift card for each interview, only 31% of the women invited to participate in ANSIRH's post-abortion survey completed at least one interview.

By comparison, our retrospective survey through Cint.com panels had a 91% completion rate with a cost of only \$3 per completed interview [15]. Notably, in a pre-abortion survey conducted by ANSIRH, 70% of women asked to participate completed the in-clinic survey [12]. This is over double the participation rate of their post-abortion survey, the Turnaway Study. This higher participation rate was most likely possible because abortion patients were not asked to participate in a post-abortion study, which many likely perceived as a more stressful experience. This difference suggests that abortion clinic-initiated studies might obtain more representative samples of patients when post-abortion interviews are not required. It is likely that retrospective studies that are not connected with the abortion provider, such as ours, are associated with less stress and avoidance behaviors, especially for women who are being anonymously queried many years after their abortion experiences.

In short, our findings suggest that clinic-initiated surveys are likely to oversample women for whom the abortion decision is wanted and consistent with their own values and preferences and are likely to underrepresent, or even miss altogether, women for whom the abortion is unwanted or coerced, since the latter may be least likely to agree to follow-up interviews. Notably, the 31% participation rate in ANSIRH's Turnaway Study closely parallels the 33% of women in our sample who described their abortions as wanted and consistent with their values and preferences. In addition, our findings contradict ANSIRH's hypothesis that decision satisfaction and emotional responses are not linked [1].

Another key finding of our study is that ANSIRH's binary "decision rightness" question is clearly not representative of decision satisfaction. The majority of women in our sample who reported agreement ( $\geq$ 50) with the statement "Given my situation, the decision to have an abortion was the right decision for me," elsewhere indicated a preference for having given birth rather than having an abortion. This is especially clear in the responses related to DecisionType, MoreSupport, and MoreFinSecurity. At least in part, the predicate phrase, "given my situation" in the ANSIRH question may have led many women to interpret the statement as equivalent to "I made the best decision I could at that time." An affirmation of having made the best decision available to oneself does not imply, much less promise, satisfaction with that decision. In addition, even the phrase "right decision" invites ambiguity, both for respondents and the interpreters of these results. Was the decision "right" because it was the preferred choice, their most beneficial choice, the only available or even allowed choice (in cases of coercion and abuse), the right moral choice, a civil right, or merely "right" because the question triggers a reaction formation response leaning toward an affirmation of a past choice that cannot be changed? Future research should investigate each of these options, all of which reveal important nuances in women's abortion choices and their retrospective evaluation of those choices.

In general, our findings reveal that DecisionType provides a better metric for gauging issues related to satisfaction or dissatisfaction with an abortion decision than RightD2, which was most similar to ANSIRH's dichotomous measure. But our RightDecision scale provided a better linear regression fit than DecisionType for the variables EmotionalAttachment, NetEmotions, and MHeffect. This may be true because the 101-point RightDecision scale allowed for more sensitivity than our four categories for DecisionType. The latter might be improved by implementation on an analog sliding scale. Further study is necessary to determine if any single question regarding the abortion decision can provide the best model fit for predicting the relative benefits and risks that specific women are most likely to experience, given their own unique situations. Enough is already known to inform pre-abortion screening and counseling services in order to better counsel women who are at greatest risk of unwanted and unsafe abortions [30], but a greater focus on these issues is warranted both in research and clinical settings.

One strength of our study is that the total percentage of respondents reporting a history of abortion closely matches the expected rate for this age group [22]. In addition, compared to ANSIRH's 31% completion rate of their first interview, our 91% completion rate for women reporting a history of abortion was very high. However, that 9% drop-out rate was still four times higher than that of women without a history of abortion, suggesting that self-censure is likely to continue to bias results toward underreporting of negative effects even in prospective studies many years after exposure to an abortion [15]. Another limitation of our study is that Black women, low-income women, and lower educated women (groups who are likely at greater risk of feeling pressured to have an unwanted abortion) are also somewhat unrepresented when our sample is compared to the abortion rates of these groups reported elsewhere [15]. This factor, too, suggests that our results may underestimate both the true rate of unwanted and coerced abortions and their associated negative outcomes. Therefore, any projection of the rates of negative reactions and unwanted abortions on the national population are more likely to be underestimates than overestimates. In spite of these limitations, however, the correlations between the type of abortion decision and negative effects are likely to be accurate.

Another limitation is that our data is both retrospective and limited to one point in time. Various perceptions may change, or conversely, harden over time. For example, just as victims of sexual abuse may only later recognize how they had been manipulated and abused, it is possible that some portion of the women in our sample who report that they were coerced into their abortions may have perceived their choice as freely made at that time. Similarly, there is conflicting evidence regarding the course of negative emotions over time. One case-series study based on patients recruited at three abortion clinics reported a trend towards increased negative emotions over two years [31], while ANSIRH's case series of similarly recruited patients reported a trend toward declining negative emotions [1]. But efforts to identify the differences in these findings have been blocked by both sets of authors through their refusal to provide any further details or findings beyond what they have chosen to publish or to share their data for reanalysis [5].

However, even if the trend in negative emotions could be reliably measured over the first one to five years after an abortion, case reports and other retrospective surveys have revealed that many women successfully repress negative emotions for many years, even decades [32-34]. For example, one survey of women who sought post-abortion counseling revealed that 63% reported a period of time (averaging over five years) during which they successfully denied or repressed negative feelings and doubts about their abortions [33]. Notably, for many, the successful repression of negative thoughts is often broken by some specific triggering event such as the death of a loved one, a miscarriage, or the birth of a later child [32-34]. This underscores the difficulty in attempts to measure the frequency of negative reactions facing every study design. Some women experience the bulk of their negative reactions immediately, while many (perhaps most), begin to experience negative reactions years or even decades later. Moreover, it is clear that many women who do experience negative outcomes that they attribute to their abortions often receive counseling, medication, or natural healing over time [5]. Any of these mitigating factors would dramatically reduce the degree of negative emotions that would be reported in survey responses at any specific time. This point is especially important in regard to interpreting the results of studies that employ standardized scales. For example, the ANSIRH studies employed the Brief Symptom Inventory, which asks respondents to indicate the degree, if any, of symptoms of depression or anxiety that they experienced in the seven days prior to their interview [35]. But clearly, the rate of women reporting abortion associated depression in the last seven days prior to an interview will always be far lower than the rate reported by women who were asked if they had ever experienced depression, which they attributed to their abortions. In short, while the retrospective nature of our study design introduces important limitations on the interpretation of our results, it also introduces the advantage of allowing the participants to report on their emotional and mental health experiences overall rather than just in the last seven days.

Still, we recommend that future studies should include both long-term self-assessments of symptoms women attribute to their abortion experiences alongside standardized mental health scales. The latter were not employed for this study in order to simplify the survey, reduce its length, and to reduce obstacles in the way of completing the survey. Also, while the present study was focused on how the decision rightness scales and decision type variable correlate to decision satisfaction and well-being, additional research must be done to understand better how a variety of these factors, such as moral conflict and lack of sufficient financial resources, impact mental health and decision satisfaction. Similarly, previous research has indicated that socially-based and internally-based conflicts may provide separate paths to negative emotions following an abortion [36]. The survey tools used in the present investigation may be successfully deployed to deepen our understanding of those differences.

Ideally, more prospective longitudinal studies should be undertaken which include data on prior mental health, pregnancy intention, and other confounding factors years prior to the participants' first pregnancies. Unfortunately, while a few high quality prospective studies have been done, the underlying data gathered for these studies was general in nature: The questionnaires were not designed to focus on research questions specific to the abortion experience [8,20,37]. Therefore, we recommend that new and existing national prospective survey designs should include input from experts on both sides of the abortion and mental health controversy to ensure better that the most useful questions are included. Ideally, the full range of interactions between reproductive health experiences including abortion, natural losses, infertility, postpartum adjustments, newborn disabilities, and other interactions between these reproductive

experiences, mental health, and socioeconomic well-being would be addressed in a dedicated longitudinal study, like that which was recommended by Surgeon General C. Everett Koop fully 34 years ago [33]. Better research tools will lead to greater clarity about the post-abortion experience and the needs of women exposed to unwanted abortions.

## Conclusions

ANSIRH's dichotomous, yes-or-no assessment of decision rightness was too blunt of an instrument to properly assess women's satisfaction with their abortions. Both our 101-point scale for rating decision rightness and our categorical scale for identifying the type of decision (Wanted, Inconsistent, Unwanted, or Coerced) provided strong correlations to measures related to women's satisfaction with their abortion experiences. In addition, our findings suggest that ANSIRH's non-random sampling method, further compromised by a 69% refusal to participate rate, most likely lacks sufficient representation of the majority of women for whom the abortion choice is inconsistent with or violates their own values and preferences.

Our findings indicate, as a conservative estimate, that two-thirds of women experienced their abortions as a violation of their own values and preferences. A majority of women who had abortions (60%) reported they would have carried to term if they had received more support from others or had felt more financial security, and one-fourth described their abortions as either unwanted or coerced. On average, only women who described their abortions as wanted and consistent with their values and preferences (33%) attributed any benefits to their abortions. All other groups were more likely to attribute an increase in negative emotions and a decline in mental health to their abortions, report more stress when questioned about their abortion experiences, and appear less likely to participate in surveys initiated at abortion clinics as compared to women for whom the abortion is wanted and consistent with their values and preferences.

More research is needed to investigate the factors involved in abortion decisions and how these interact with both positive and negative outcomes. The finding that our simple four-point categorical scale for distinguishing between abortions that are freely wanted, accepted, unwanted, or coerced is strongly correlated with more positive or negative outcomes should be of special interest to mental health professionals and could be used as a starting point when called upon to advise pregnant patients on their abortion decisions. This scale could also be used as a guide to identifying issues that may need to be discussed when treating patients who are experiencing grief, guilt or other issues they attribute to their abortions.

## Appendices

**Data availability statement:** The data that support the findings of this study are available from the Mendeley depository at <http://dx.doi.org/10.17632/5hgj345svc.1> but are embargoed until October 1, 2023 in order to provide the authors with additional time to complete and publish additional analyses.

## Additional Information

### Disclosures

**Human subjects:** Consent was obtained or waived by all participants in this study. Sterling Institutional Review Board issued approval ID 10225. Consent was obtained or waived by all participants in this study. All procedures involving human subjects/patients were approved by Sterling Institutional Review Board issued (ID:10225). Sterling Institutional Review Board determined that this survey-based study is exempt from IRB review pursuant to the terms of the U.S. Department of Health and Human Service's Policy for Protection of Human Research Subjects at 45 C.F.R. §46.104(d). **Animal subjects:** All authors have confirmed that this study did not involve animal subjects or tissue. **Conflicts of interest:** In compliance with the ICMJE uniform disclosure form, all authors declare the following: **Payment/services info:** All authors have declared that no financial support was received from any organization for the submitted work. **Financial relationships:** David C. Reardon declare(s) employment from Elliot Institute. David C. Reardon declare(s) personal fees from Charlotte Lozier Institute. Tessa Longbons declare(s) employment from Charlotte Lozier Institute. Katherine A. Rafferty declare(s) employment from Iowa State University. **Other relationships:** All authors have declared that there are no other relationships or activities that could appear to have influenced the submitted work.

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August 6, 2024

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Los Angeles County Board of Supervisors  
Kenneth Hahn Hall of Administration  
500 West Temple Street, Room 381B  
Los Angeles, CA 90012

## RE: Item 30 – Enacting Bubble Zones for Sensitive Sites in Unincorporated Los Angeles County

To the Honorable Board of Supervisors:

## Los Angeles Region

**LEADERSHIP**  
**Michael Garfinkel**  
*Regional Board Chair*

**Debbie Feinerman**  
*Regional Board Vice Chair*

**Jeffrey I. Abrams**  
*Regional Director*

Earlier this year, I wrote on behalf of the Anti-Defamation League (ADL) Los Angeles region in support of the January 23rd motion by the Board of Supervisors requesting that County Counsel study the feasibility of enacting a “bubble zone” ordinance to protect individuals entering or exiting a hospital, medical clinic, or healthcare facility, and the feasibility of expanding the application of a “bubble zone” ordinance to include sensitive sites such as places of worship.

Today, over six months later, I write in support of item 30: Enacting Bubble Zones for Sensitive Sites in Unincorporated Los Angeles County by Supervisor Lindsey P. Horvath, which will instruct the County Counsel to draft such an ordinance. ADL supports the crafting of an ordinance that will safeguard both the right to free speech and the right to free exercise, and we look forward to opportunities to help review and refine the language of the ordinance to accomplish this objective most effectively.

**REGIONAL OPERATIONS**  
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*Office Manager*

Founded in 1913 in response to an escalating climate of antisemitism and bigotry, ADL has now become a leading national anti-hate organization. As we strive to fulfill our founding mission “to secure justice and fair treatment to all,” our goal is a world in which no group or individual suffers from bias, discrimination, or hate.

## Western Division

**Robert Trestan**  
*Vice President, Western Division*

**Kendall Kosai**  
*Director of Policy, Western Division*

**Laura Fennell**  
*Director of Communications Strategy, Western Division*

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*Director of Philanthropic Outreach, Western Division*

**Ann M. Ortega-Long**  
*Director, Education Programming, Western Division*

Enacting a carefully crafted bubble zone ordinance will help protect the safety and Free Exercise rights of those attempting to access synagogues and places of worship—faith leaders, staff, congregants, and visitors. Houses of worship have unfortunately increasingly become targets for various forms of extremism and harassment, reflecting the heightened tensions we have seen nationwide. Most recently, this included violence, preventing access to the Adas Torah synagogue in the Pico Robertson neighborhood of West Los Angeles.

According to the most recent Los Angeles County Hate Crimes report, religion-based hate crimes spiked 41% and comprised 16% of all hate crimes. Moreover, reported crimes against Jews in Los Angeles County soared by 59% (from 81 to 129 crimes) from the previous year and made up 83% of all religion-motivated hate crimes. This significant increase compromises the safety and well-being of both faith leaders and community members. As protests and violent actions organized by extremists become more frequent, this ordinance will be an invaluable tool to ensure our congregation members can safely enter and exit our worship spaces.

I thank Supervisor Horvath for introducing a motion that will help protect the rights, safety and wellbeing of our communities and respectfully request your support for item 30.

Warmly,

Jeffrey I. Abrams, Regional Director  
ADL Los Angeles



JEWISH FEDERATION LOS ANGELES

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Alex M. Weingarten

Observers:  
Rabbi Sarah Hronsky  
Rabbi Aaron Lerner  
Evan Schlessinger

August 5, 2024

To The Honorable Board of Supervisors,

Jewish Federation Los Angeles strongly endorses Item 30 – Enacting Bubble Zones for Sensitive Sites in Unincorporated Los Angeles County. As the leading organization supporting and representing hundreds of thousands of Jewish community members across Los Angeles, we are deeply concerned about the safety and security of the Jewish community and urge you to support this motion. In addition to protecting places of worship for all faiths, it will also apply to hospitals, medical clinics, healthcare facilities, and public facilities, such as schools and libraries.

This motion has great significance to protect many diverse and vulnerable groups across Los Angeles. It is of particular importance to LA’s Jewish community, which is currently experiencing record levels of antisemitism. According to the ADL, in 2023, the LA Jewish community experienced 503 recorded incidents (up 112% from 237 incidents in 2022), including 326 incidents of harassment, and 159 incidents of vandalism of businesses, places of worship and schools. The recent large-scale violence targeting Adas Torah, a synagogue located in the densely Jewish neighborhood of Pico-Robertson, has only reinforced this unfortunate reality and has heightened community fears and concerns. Given this climate, this motion to create “Bubble Zones” is particularly vital to ensure the security of Los Angeles’ Jewish community.

We urge the county to move forward to establishing these critical Bubble Zones prior to the Jewish High Holy Days, which begin on October 2, 2024, with the Jewish New Year, Rosh Hashanah. High Holy Days are some of the largest gatherings of Jews in one central place, many of whom will be walking by foot, and easily identifiable with traditional garments.

We are looking to our Los Angeles County leadership to take concrete steps that will ensure the safety and security of all communities. Angelenos, regardless of race, religion, ethnicity, nationality, or gender identification, should be protected from hate crimes, harassment, violence, and acts of vandalism, especially at sensitive sites where they worship, receive care, and exercise their personal rights.

We thank you for your prompt attention to this matter, for your kind consideration, and for your commitment to the safety of all Los Angeles County communities, including the Jewish community.

Sincerely,

**Rabbi Noah Farkas**  
President and CEO Jewish Federation Los Angeles



Planned Parenthood Advocacy Project Los Angeles County

August 5, 2024

The Honorable Board of Supervisors  
County of Los Angeles  
Kenneth Hahn Hall of Administration  
500 West Temple Street  
Los Angeles, CA 90012

**RE: Item 30 – Enacting Bubble Zones for Sensitive Sites in Unincorporated Los Angeles County**

Dear Chair Horvath and Supervisors,

Planned Parenthood Advocacy Project Los Angeles County (PPAP) is proud to support Item 30 - a motion to establish 'bubble zones' throughout unincorporated Los Angeles County which will aim to safeguard individuals' rights to access places of worship, education, and health care. We commend the County's dedication to ensuring that all residents feel secure when entering or leaving these spaces and to protecting them from anyone who might attempt to obstruct their access to these vital sites.

Even in a County like Los Angeles, individuals are often approached and harassed while trying to access facilities such as Planned Parenthood Los Angeles. It is crucial that people can worship, learn, and receive healthcare according to their personal needs and choices. We are committed to this mission and hope that municipalities, including the County of Los Angeles, will employ every available resource to support and protect residents in achieving these goals.

PPAP is committed to ensuring that everyone can access the healthcare of their choice without fear or intimidation and dedicated to collaborating with the County of Los Angeles to make this vision a reality.

Respectfully,

Celinda M. Vázquez

Executive Director

Planned Parenthood Advocacy Project Los Angeles County

August 5, 2024

Mark H. Shpall, M.A. Ed, J.D.  
Head of School

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Los Angeles County Board of Supervisors  
Kenneth Hahn Hall of Administration  
500 West Temple Street, Room 381B  
Los Angeles, CA 90012

Re: Item 30 – Enacting Bubble Zones for Sensitive Sites in  
Unincorporated Los Angeles County

To the Honorable Board of Supervisors:

As the Head of School of de Toledo High School in West Hills – the second-largest Jewish college preparatory, independent high school in the United States – I would like to convey my support for Item 30 (“Enacting Bubble Zones for Sensitive Sites in Unincorporated Los Angeles County”) proposed by Supervisor Lindsey P. Horvath.

For the past two decades, de Toledo High School has been at the forefront of an abiding mission to educate and empower students to become ethical, conscientious leaders who make a positive impact on our local community and on the world.

Enacting bubble zones will help ensure the safety of our students, faculty, and entire campus community – and at the same time – facilitate safe access to other community institutions which have increasingly become targets for various forms of extremism and harassment.

I thank Supervisor Horvath for introducing this motion and respectfully request your support for Item 30.

Sincerely,



Mark H. Shpall, M.A. Ed, J.D.  
Head of School



# StandWithUs

Supporting Israel & Fighting Antisemitism

August 6, 2024

Los Angeles County Board of Supervisors  
Kenneth Hahn Hall of Administration  
500 West Temple Street, Room 381B  
Los Angeles, CA 90012

**RE: Item 30 – Enacting Bubble Zones for Sensitive Sites in Unincorporated Los Angeles County**

To the Honorable Board of Supervisors:

I write on behalf of StandWithUs, an international non-partisan, non-profit organization based in Los Angeles, that is dedicated to educating the public about Israel and fighting antisemitism. We support item 30: *Enacting Bubble Zones for Sensitive Sites in Unincorporated Los Angeles County* by Supervisor Lindsey P. Horvath.

Enacting bubble zones will help ensure the safety of those attempting to access our places of worship—faith leaders, staff, congregants, and visitors. Houses of worship have increasingly become targets for various forms of extremism and harassment, reflecting the heightened tensions we have seen nationwide. According to this past year's Los Angeles County Hate Crimes report, crimes targeting religion spiked 41% and comprised 16% of all hate crimes. This significant increase compromises the safety and well-being of both faith leaders and community members. As protests and violent actions organized by extremists become more frequent, this ordinance will be an invaluable tool to ensure that Jews and members of all other religious groups can safely enter and exit their worship spaces.

I thank Supervisor Horvath for introducing a motion that will aid religious leaders in providing a safe and nurturing environment for our communities to thrive. I respectfully request your support for item 30.

Sincerely,



Roz Rothstein,  
CEO and Co-Founder  
StandWithUs