



**PUBLIC REQUEST TO ADDRESS
THE BOARD OF SUPERVISORS
COUNTY OF LOS ANGELES, CALIFORNIA**

MEMBERS OF THE BOARD

HILDA L. SOLIS
HOLLY J. MITCHELL
LINDSEY P. HORVATH
JANICE HAHN
KATHRYN BARGER

Correspondence Received

			The following individuals submitted comments on agenda item:	
Agenda #	Relate To	Position	Name	Comments
47.		Favor	Jennifer L Wazana	
			Shante K Vutheikun	
			Vv Citizen	
		Oppose	Monisha Parker	<p>Dear Board of Supervisors,</p> <p>Recommendations for Reducing Outpatient Specialty Mental Health Services Contracts</p> <p>I am writing to present a set of recommendations aimed at reducing the escalating costs associated with outpatient specialty mental health services contracts. As you are aware, these contracts represent a significant expenditure for the county, and it is imperative that we explore measures to optimize their utilization and control costs.</p> <p>Current Challenges</p> <p>High Volume of Referrals: The county is experiencing a surge in referrals for outpatient specialty mental health services, leading to a strain on resources and increased contract costs.</p> <p>Limited Availability of Providers: The number of qualified providers offering these services is insufficient to meet the growing demand, resulting in higher rates and reduced competition.</p> <p>Fragmented Care: Referrals are often made without proper coordination, leading to duplication of services and inefficient use of resources.</p> <p>Recommendations</p> <p>To address these challenges and reduce contract costs, I propose the following recommendations:</p> <p>Implement a Centralized Referral System: Establish a centralized intake and referral system to streamline the referral process and ensure appropriate service matching. This would reduce unnecessary referrals and improve coordination of care.</p> <p>Expand Provider Network: Work with local providers to increase the number of qualified professionals available to offer outpatient specialty mental health services. This could include financial incentives or partnerships with academic institutions.</p>

			<p>Utilize Telehealth Services: Explore the use of telehealth platforms to provide services to patients in remote or underserved areas. This can reduce transportation costs and increase access to care.</p> <p>Develop Tiered Service Levels: Create tiered service levels to match the severity of patient needs with appropriate levels of care. This would ensure that patients receive the most cost-effective intervention.</p> <p>Monitor and Evaluate Outcomes: Regularly track and evaluate the outcomes of outpatient specialty mental health services to identify areas for improvement and cost reduction. This data can be used to inform future contracting decisions.</p> <p>Benefits</p> <p>Implementing these recommendations would provide several benefits, including:</p> <p>Reduced Contract Costs: By optimizing referrals, expanding provider networks, and utilizing telehealth services, the county can reduce the overall cost of outpatient specialty mental health services.</p> <p>*Improved Patient Care: A centralized referral system and tiered service levels would ensure that patients receive the most appropriate care, leading to better outcomes.</p> <p>Increased Efficiency: A streamlined referral process and coordination of services would reduce duplication and improve the efficient use of resources.</p> <p>I urge you to consider these recommendations and take action to address the escalating costs of outpatient specialty mental health services contracts. By working together, we can ensure that our residents have access to affordable, quality mental health care while safeguarding the county's financial resources.</p> <p>Thank you for your attention to this matter.</p> <p>Sincerely, Monisha Parker</p>
		Natali Shabani	
		Item Total	5
Grand Total			5