NATIONAL SUICIDE PREVENTION AWARENESS MONTH

Suicide is a complex problem that requires collaborative solutions at multiple levels, including individuals, families and communities. We believe that everyone in LA County plays a role in suicide prevention. Suicide attempts and deaths impact the health of others, including family, friends, colleagues, and the community. When people die by suicide, those close to them and the community, can experience the effects of sudden loss, such as sadness, anger, guilt, and depression.

With September being Suicide Prevention Awareness Month, it helps raise awareness and promotes education, training and engagement for suicide prevention and intervention in Los Angeles County (LAC). The LAC Department of Mental Health (DMH) continues to raise awareness about suicide prevention by providing education and trainings to the community through various programs such as the Partners in Suicide Prevention (PSP) and workshops led by Promotoras/es who have together reached more than 5400 participants and the Didi Hirsch Suicide Prevention Center, funded by DMH, which provides Suicide Prevention trainings and crisis services to thousands of people each year. Additionally, DMH provides emotional support services to the residents of Los Angeles County via the DMH Help Line (800-854-7771) where caring listeners provide support, referrals and resources to the community.

I, THEREFORE, MOVE that the Board of Supervisors proclaim September 2022 as National Suicide Prevention Awareness Month in Los Angeles County to increase awareness of suicide prevention in order to help reduce the number of suicide deaths in Los Angeles County.

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	<u>MOTION</u>
SOLIS	
KUEHL	
HAHN	
BARGER	
MITCHELL	