

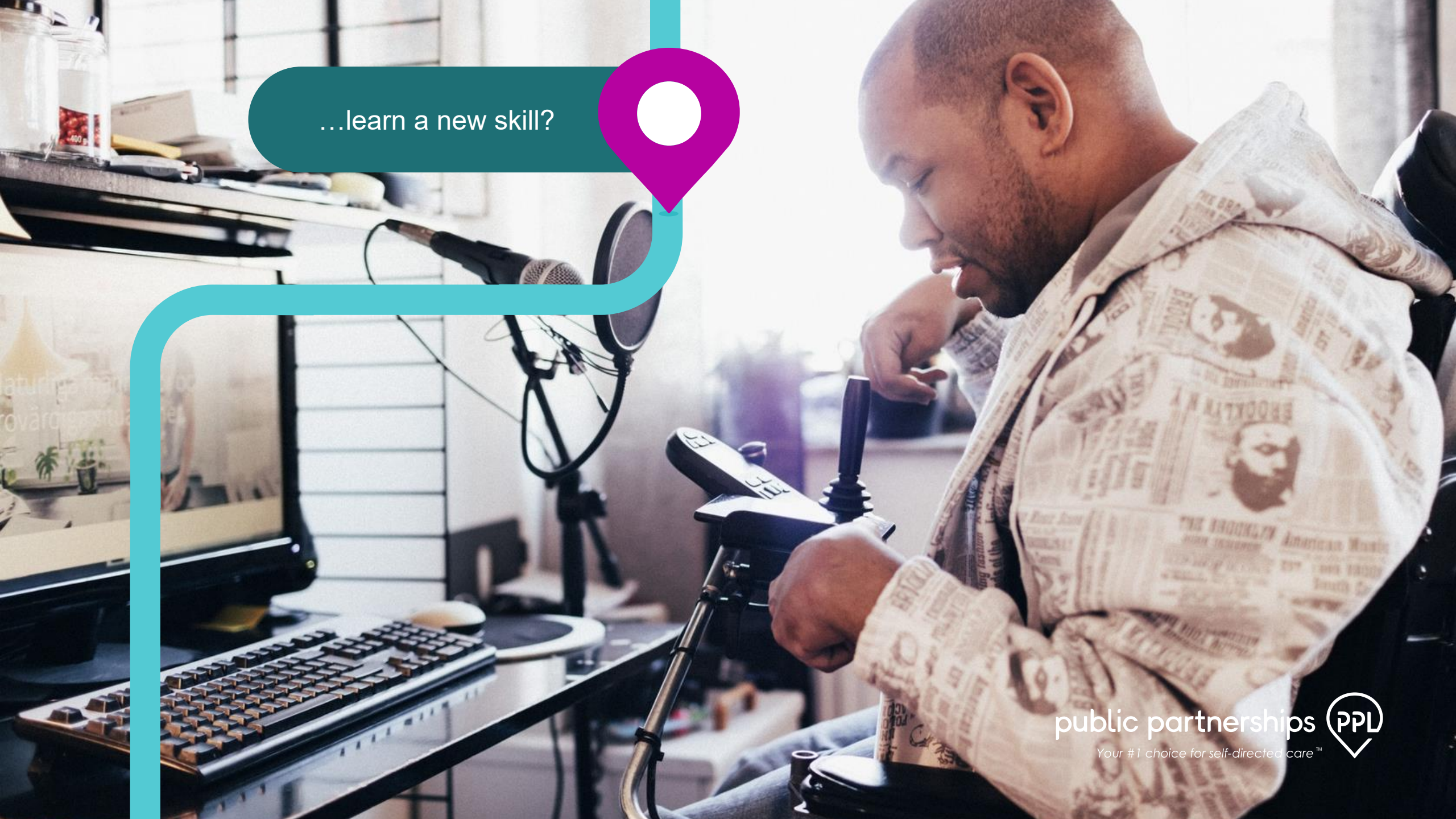
public partnerships  PPL  
*Your #1 choice for self-directed care™*

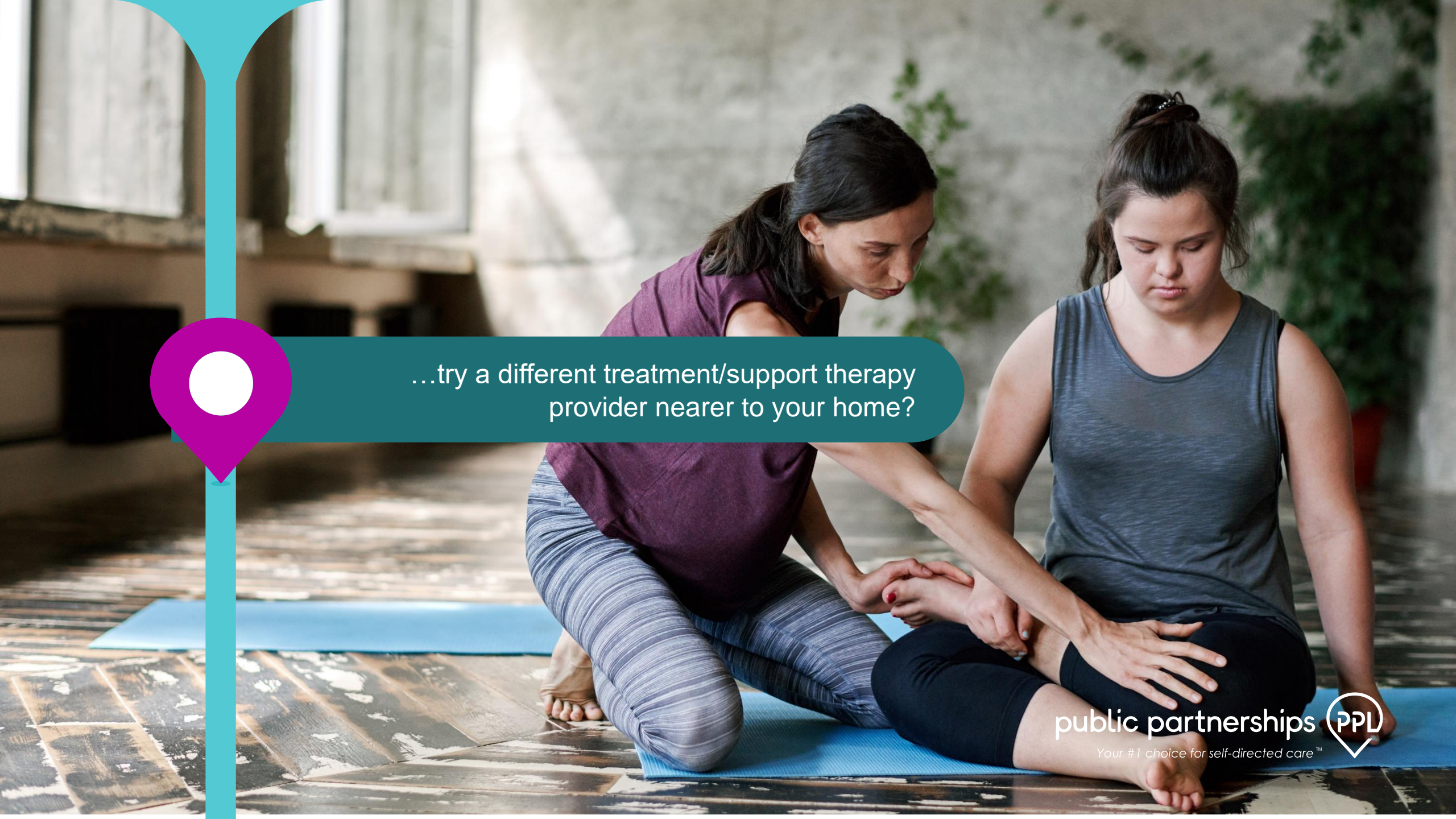
# THE SELF- DETERMINATION PROGRAM



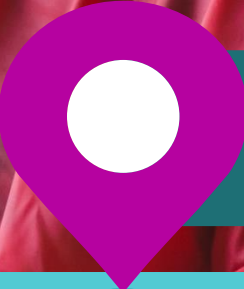
What if you wanted to...

...learn a new skill?





...try a different treatment/support therapy provider nearer to your home?



...or take up a new hobby  
with friends in your community?



We all want as much **choice,**  
**independence, freedom,** and  
**control** as we can in our lives.



**The California  
Self-Determination Program (SDP)**  
is a new way for the neurodiverse  
community to receive services that  
help them live their very best lives.

# What exactly is the SDP?

## Traditional Service Delivery

1. Still a great option for many individuals and their families.
2. The individual's service needs are identified, and available providers are those that are vendored with one of the 21 Regional Centers.
3. Individuals are therefore limited in who they can select and if one is not working out, options to change can be limited.

## Self-Determined Service Delivery

1. SDP is known nationally as a self-directed service option.
2. These options have been available in all 50 states for over 20 years.
3. The model is not unlike many others, but it is a dramatic shift from traditional service delivery.
4. Individuals and families are no longer limited to vendored service providers and have what is termed ***budget authority*** in SDP.



## *Budget Authority Means*



The individuals gets to choose, ***even employ***, who provides supports to them, including family and friends.



Individuals are no longer tied to those organizations vendored through a Regional Center.



Non-traditional and new types of services can now be included in the individual's SDP Spending Plan.

# *How does SDP work?*



# The Individual Budget

1.

- ✓ Each individual choosing SDP will have an annual **budget** and **spending plan** to fund the **support** and **services** they need to achieve their goals.
- ✓ In SDP, the individual and their family are truly given **choice and control** of the individual budget but need to manage the spending over the plan year.



# The SDP Spending Plan

## 2.

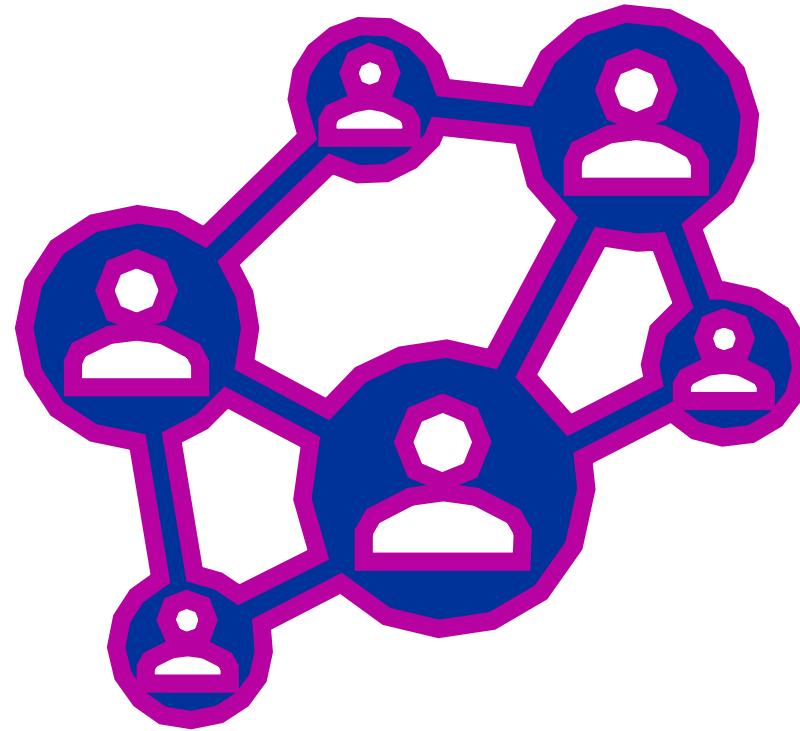
- ✓ This plan includes the type of services, the organizations that will provide them and for how much.
- ✓ A new role called the Independent Facilitator is available to help individuals and families develop the spending plan
- ✓ A Financial Management Service provider is required to make payments and bill the Regional Centers.



# How SDP Comes Together

**Traditional and  
Non-Traditional  
service  
providers**

**Access to  
goods and  
services like  
community  
activities.**



**Regional Center  
Service Coordinator**

**Financial  
Management  
Service  
Provider**

**Independent  
Facilitators**

**Regional Center Service Coordinators are the first point of contact for those interested in SDP.**

**Look out for and attend a Regional Center Self-Determination Program Orientation starting in June 2021.**





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